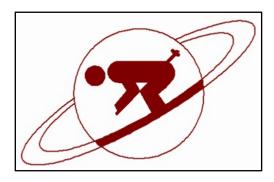
## November 2013



# Warming up by the fire

NASA Lewis

Ski Club



At the Boston Mills Open House, members spent the weekend manning the club's booth in front of the fireplace. As it got wet and chilly outside at times, many came by to say hi and warm up.

#### **Next meeting**

Tuesday, Nov. 5, Donauschwaben German American Club, 7370 Columbia Road, Olmsted Twp., 6 p.m., with happy hour at 5.

The speaker will be Coach Hartzel, who will talk about stretching different body joints and will show people how to strengthen those body areas.

There will be a trip planning meeting to follow. If you are interested in running a trip, you are required to attend.

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### President's message...

It's that time of the year again: Fall! Yes, it's time to fall! Snow that is.

Yes, snow has been falling in many parts of the US. Hopefully the weather patterns will continue for a productive winter ski season. I know everyone is eager to get back onto the snow. As you already know, the club has already released the schedule for our alpine day trips this season. We are still looking for a few trip leaders, so please consider volunteering to lead a day trip this season.

Keep a watch on the activities and topics for this season's club meetings. Special thanks to Dr. Magliola who spoke at the club's Oct. meeting about general nutrition, how to move from summer lazy mode to active winter and issues regarding adapting to altitude. In Nov. look for Coach Hartzel, who will talk about stretching different body joints and will show people how to strengthen those body areas. December brings our annual white elephant exchange and then in January we'll have a social activity combined with a chili cookoff!

During the Oct. Boston Mills Open House, a number of club members volunteered time to talk to visitors and prospective new members. Special thanks to everyone who helped behind the scenes. All of the club members benefit from your hard work, and without you these activities would not happen. Thanks to Allison W., Barb K., Bernice P., David R., Gloria O., Janet D., Jim S., Kim H., Mary D., Mike K., Victoria W., and Warren K. for helping to represent the club! I especially want to thank Victoria for her efforts in setting up a stunning looking display for the club at the open house. If somehow I missed your name and you helped out at the Open House, please let me know so that I can be sure you are properly recognized.

Finally, don't forget it's time to renew your club membership.

If you are an existing member renewing, be sure to submit your application before the membership rates increase. All of the information and forms are available online at http://www.lewisskiclub.org/membership.

#### Aaron



## Happy November birthday to:

Gene Addy, Emil Bagi, John Caputo, Eric Carlberg, Erica Carlberg, Robert Czarnecki, Linda Elonen-Wright, Guenter Gruenfelder, Tom Jones, Linda Kainec, Patty Lafonatine, Chris Marks, Donna Oros, Matthew Page, Allen Porter, Alexa Prexta, Roger Roenn, Jim Slifka, Kenneth Sloane

# **Club officers**

Position President Alpine V.P. Nordic V.P. Activity V.P. Recorder Publicity Director Treasurer

Name
Aaron J. Swank
Dave Root
Allen Porter
James Winkel
Sue Rojeck
Allison Wood
<b>Bernice Poduch</b>

Email @lewisskiclub.org president alpinevp nordicvp activity recorder publicity treasurer

## **Committee Chairs & Trustees**

CMSC Representative Racing Membership Web curator Alternate web curator Trip Trustee Trustee Trustee Jan Jurgensen Lisa Lambert Lisa Ferenc Dan Zeleznikar Aaron J. Swank Tom Vannuyen Janet Dubas Linda Elonen-Wright Bruce Frankenfield cmsc race membership webcurator webcurator tripchair trustees trustees trustees

## **NASA Lewis Ski Club Activities**

If you would like to volunteer to have a get together after work or an event to share with fellow club members, contact James Winkel, Activity V.P.

### **Ohio City Pub Crawl**

Join us at The Nano Brewery at 1859 W. 25<sup>th</sup>, 44113 Nov. 15 for drinks and appetizers starting at 5:30 pm. They feature small batch brews plus they offer a wide selection of other beers and drinks.

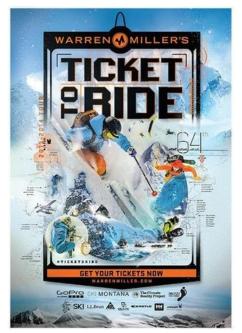
Then we will crawl to Town Hall at 1909 W. 25<sup>th</sup> for dinner and more libations. They feature vegetarian and gluten free options along with more traditional menu selections. If anyone is game we will venture on to one of many other pubs in the area. Contact Jan or Ray Neumann for more information.

### Warren Miller movie

Saturday, November 23, 2013 6:30 PM Akron Civic Theatre

Advance Ticket - \$11 Day of Show Ticket - \$15 Groups of 12 or more - \$9.90

The world's leading winter sports film producer, Warren Miller Entertainment has announced its highlyanticipated 64th annual film will be titled Ticket to Ride. Staying true to its title, the newest installment of the legendary film series takes ski fans on an action-packed ride to the world's most exotic destinations including The Alaskan Tordrillos, Switzerland's Jungfrau, Iceland's Troll Peninsula and beyond.



The skiers starring in Ticket to Ride are as diverse as the terrain and include World Cup champions, legendary ski mountaineers and veterans of the new school. The film showcases Chris Davenport skiing the West face of the Eiger, Julia Mancuso powder chasing in the Arctic Circle and JT Holmes soaring off massive cliffs deep in central Asia. Ticket to Ride reveals legendary stashes and lines with Ted Ligety, Seth Wescott, Jess McMillian, Sean Pettit and more, taking viewers on the ride of a lifetime.

## A few notes...

### 2014 Day Trips

It will be snowing before we know it! Here's a list of the one-day trips. More information will be available soon, but mark your calendars now!

Holiday Valley I Seven Springs Holiday Valley II HoliMont Holiday Valley III

Fri, Jan. 3 Fri, Jan. 17 Fri, Jan. 31 Fri, Feb. 14 Fri, Feb. 28



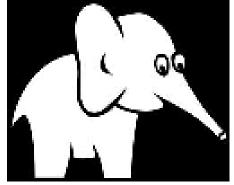
### **New West Side Pickup**

Those who pick up the bus for our day trips on the west side will be meeting at a new location this season. It will be at the Lakefront bus garage/lot on Brookpark Road, (across from Malley's chocolate), just west of W. 130th St. Directions and more information will be made available in next month's newsletter at at lewisskiclub.org.

## White Elephant Exchange

December Club Meeting: Tuesday, Dec. 3

All you have to do to participate is bring a very nicely wrapped "white elephant" to the club meeting. The "white elephant" can be anything you've had in your closet that someone else could use or just a regift that you don't really want. Please join in on the fun this year.





**\$75** per person (lift ticket and bus)\*

#### Includes:

Round-trip transportation from Cleveland, OH to Holiday Valley, adult lift ticket, and snacks on the bus.

#### **Itinerary:**

- 6:00 AM West Side Pickup NEW LOCATION (see below)
- 6:30 AM East Side Pickup
- 10:00 AM Arrive at Holiday Valley Ski Area
- 4:45 PM Bus Departs for Ellicottville for Dinner (cost of dinner is not included)
- 7:30 PM Bus Departs for Cleveland
- 10:30 PM East Side Drop-off
- 11:00 PM West Side Drop-off

#### **Trip Application Information:**

Send payment check and trip application form to:



Tom Vannuyen / Dave Root 21000 Brookpark Rd. MS 86-12 Cleveland, OH 44135

#### Contact: holidayvalley-jan2014@lewisskiclub.org

Tom: Work 216-433-3851 Cell 440-376-1503 Dave: Work 216-416-5596 Cell 440-454-2239

Make Checks payable to: Lewis Ski Club, Inc.

#### \*Lewis Ski Club membership is required. New Members: \$10 Individual / \$15 Family (separate check)

Membership information at http://www.lewisskiclub.org/membership

 $\sim$  If not currently a Lewis Ski Club Member, please include Membership Fee and Membership Application Form.  $\sim$  Reservations are 1st come 1st served with payment in full.

- ~ No refunds made for your bus seat, unless your spot is filled.
- ~ Every participant must sign a **Trip Application Form**.
- ~ Minors (under 18) not accompanied by parent or legal guardian must have a Minor Release Form. ~
- Forms available at http://www.lewisskiclub.org/forms
- $\sim$  No smoking on the bus.

#### **Bus Pickup / Drop-off Information:**

More information at http://www.lewisskiclub.org/bus-pickup-locations

#### WEST: Lakefront Bus Lines parking lot. 13315 Brookpark Rd. (across from Malley's chocolates)

EAST: Home Depot Parking Lot on Wilson Mills Rd§ Highland Heights, 1/2 Mile West of I-271. DO NOT PARK AT DENNY'S





**NASA Lewis Ski Club** 

## Ski Utah: Park City & Canyons & Deer Valley\*\*\* Sat March 8 through Sat March 15, 2014 Cost: \$1257

- Lodging The Yarrow Resort in Park City, Utah 7 nights (Sat. to Sat.), double occupancy per room.
- Lift tickets 5 days (2 days Park City, 2 day Canyons, 1 day Deer Valley\*\*\*)
- Option for 1 more additional day of skiing at Park City is available.
- RT Airfare from Cleveland to Salt Lake City. \*\*
- RT Ground transportation from Salt Lake City to Yarrow Resort.
- Complimentary welcome party upon arrival.
- Complimentary full breakfast buffet (daily).
- FREE shuttle stop in front of hotel.
- Outdoor **HEATED** pool and **LARGE** hot tub.
- Optional trip insurance available upon request.

#### To sign-up, contact trip leaders:

<u>Tom Vannuyen</u>

440 -846-1736 home 216-433-3851 work <u>Dave Root</u> 440-454-2239 cell 216-416-5596 work

parkcity2014@lewisskiclub.org

#### Payment schedule:

\$450 Due now, non-refundable\$450 Due by November 8, 2013\$357 Due by January 3, 2014

Send deposit check and trip agreement form: Tom Vannuyen 21000 Brookpark Rd. MS 86-12 Cleveland, OH 44135 Make Checks payable to: Lewis Ski Club, Inc.

Note: Must be a member of the NASA Lewis Ski Club - \$10 single/ \$15 family. \* \* For additional information, trip application, and membership forms, please visit our website at: http://www.lewisskiclub.org/

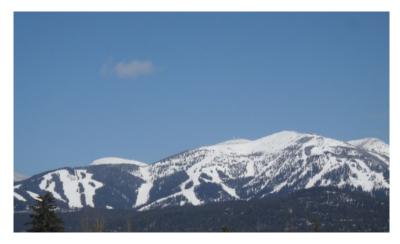
\*\*Does not include baggage fees, any additional fuel surcharges, or airport fees, which may be imposed by the airline prior to departure.

\*\*\*Deer Valley Resort policy does not permit snowboarders.

11-November-2013- Website: http://www.LewisSkiClub.org

# Whitefish 2014 Jan 25 - Feb 1 \$1285\* per person

Visit beautiful Montana with the Lewis Ski Club!



## Trip package includes:

7 7 nights accommodation at Kintla Lodge – a ski in/ski out condo right at the base of chair 3!

Round trip airfare from Cleveland to Kalispell, Montana

Round trip ground transportation from Kalispell to Kintla

Lodge Welcome party and mid-week happy hour

5 day lift ticket on Big Mountain

Complimentary shuttle bus from the lodging into town

Complimentary tour guide of Big Mountain available twice



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www.lewisskiclub.o
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#### **Payment schedule:**

\$430 due now non-

#### refundable

\$430 due by Sept. 3, 2013

\$425 due by Nov. 5, 2013

Optional trip insurance available



Spend a full day or a half day exploring beautiful, nearby Glacier National Park with a certified park guide.

All ability levels from novice cross country skiers through hardcore backcountry adventure seekers are welcome.

Price will be approximately \$120/person but is still under nego-

4444

For more information contact your trip leaders:

Amy Edwards or Aaron Swank at whitefish2014@lewisskiclub.org; 216-369-SKI2

To sign up send a trip application form and a check payable to Lewis Ski Club, Inc to:

Lewis Ski Club 21000 Brookpark Rd Cleveland, OH 44135 Attn:

\*Limited space available. Does not include baggage fees, any additional fuel sufcharges, or airport fees, which may be imposed by the airline prior to departure.

### A note on club dues

Once again, membership fees are due for the next winter season with the Lewis Ski Club. Please get your forms in on time. Please note that the form has changed slightly. You'll notice there is now a check box option to include CMSC dues. What's this you ask and why is it on the membership form?

The Lewis Ski club is a member and long-time active supporter of The Cleveland Metro Ski Council (CMSC). For all the benefits that CMSC provides member, vou as а see our our club and web page http://www.lewisskiclub.org/cmsc. This year, CMSC has changed their dues structure to a per person rate instead of a per club flat rate. Our dues to be paid to CMSC, now based on a per person payment structure, are increasing this year. As a result, we have to pass this extra cost on to our members. In addition, due to the CMSC per person membership pricing structure, it is up to us to make sure the club is not paying CMSC twice for a person. (for instance a member who belongs to both our club and another club who has already paid their CMSC dues.) The new checkbox allows people to opt out if they are a member of another CMSC club. Please keep in mind that we do strongly suggest supporting CMSC and encourage you to pay your CMSC membership dues if you are not a member of another CMSC club. Your dues paid to CMSC supports the CMSC ski racing programs, CMSC activities, the Sitzmark newsletter and much more.

We feel the addition of a checkbox rather than just increasing club dues is more beneficial to our members, the club and CMSC. As a member you are more directly aware of our relationship with CMSC and the associated costs and benefits. As a club, we benefit by ensuring we are paying the proper amount to CMSC, by not paying CMSC for a member who has been paid for by another CMSC member club. Finally, CMSC also benefits. Our club will continue to require club membership for participation in all club ski trips as opposed to providing one-time, non-member activity prices, which would not require payment of CMSC membership dues.

For those of you who have already turned in your form for this season, don't worry, we'll go ahead and include your name on the list to CMSC as having your primary membership with the Lewis Ski Club. per- 013- Website: http://www.LewisSkiClub.org

NASA LEWIS SKI CLUB MEMBERSHIP (October 1<sup>st</sup> to September 30<sup>th</sup>)

2013-2014

Name: (First) (Last) Home Phone: Work Phone:	NASA Lewis Ski Club publishes a Member Directory containing names, addresses, email addresses, and phone numbers of the members. It is in hard copy only and made available at meetings and upon request of other club members only. Do you consent to having your contact information included? ☐ Yes ☐ No
	contact information included? Yes No
Address:	
NASA Mail Stop: (If applicable)	Birthday: Month / Day (optional)
Email Address:	
(Note: Club Newsletter is only sent	via email/web to reduce both labor and postage)
Do you also wish to be added to an	email list for impromptu, last-minute outings. 🗌 Ye s 🗌 No
Type of Membership: (Check TWO)	List Eligible Family Members:
$\Box$ Single (\$10) $\Box$ New Member	Name     Age     Birthday       (Kids Only)     (M/D)
☐ Family*(\$15)  ☐ Renewal**	
* A FAMILY MEMBERSHIP is defined as: "a member and spouse and/or DEPENDENT children".	
<b>** Renewal rates for current members</b> <b>increase after November 15<sup>th</sup> to \$15 for single</b> <b>and \$20 for family.</b> New members pay the lower rate no matter when they join.	
$\square$ CMSC Dues (\$1) My Cleveland Metro Ski Co	uncil Membership (CMSC) dues are included. (add 1\$).

MSC Du es (\$1) My Cleveland Metro Ski Council Membership (CMSC) dues are included. (add in Optional. Required for CMSC Racing, Sitzmark Publication, CMSC Trips.

Release: I/We, single/family membership, acknowledge that many of the activities and events organized and sponsored by the Lewis Ski Club, Inc., in particular participation-type athletic activities, are dangerous and hazardous and can cause damage, injury and death. In consideration of becoming a member and/or renewing my membership I/we assume any and all risks of participating in such activities, including the risk of damage, injury and death, and I/we release Lewis Ski Club, Inc., its members and officers, from responsibility and liability therefore. This Release shall remain in effect while I/we am/are a member(s) and when and while I/we participate in any such activity, and even if Lewis Ski Club, Inc. is negligent.

Signed in Agreement: X\_\_\_\_

Date:\_

(Complete and return with dues to Dan Zeleznikar, NASA Glenn Research Center, 21000 Brookpark Road, Cleveland, OH 44135 - Make checks payable to: Lewis Ski Club, Inc.)

#### **Trip Application and Agreement**

The undersigned participant applies to participate in the Lewis Ski Club trip described below, subject to the following terms and conditions:

- 1. **DEPOSIT:** The required initial deposit for this trip must be paid and submitted along with a signed Trip Application and Agreement. Balance shall be due and payable in accordance with payment schedules established by Lewis Ski Club.
- 2. WITHDRAWAL & CHANGE: Lewis Ski Club may withdraw any trip from its schedule at any time; may refuse to accept or retain any person as a participant at any time for any reason; and may change the itinerary at any time.
- 3. **RESPONSIBILITY:** Lewis Ski Club is acting gratuitously for the applicant and shall not be responsible or liable for any loss of damage to baggage, property, or for any loss, injury, death, accident, delay, inconvenience or any other loss occurring during or occasioned by applicant's participation or lack of participation in any trip. Trip participants ski and/or snowboard at their own risk. It is the injured skier's/snowboarder's responsibility to report to Ski Patrol for treatment or referral to hospital/doctor. If unable to accompany the club on return trip as planned, the injured party is responsible for arranging their own transportation for the return trip.
- 4. **IDENTIFICATION:** Each participant is responsible for having and taking with them a valid, current, government-issued, photo ID. For trips out of the USA, participants are responsible for having up-to-date and valid passport. When required, participants are also responsible for having up-to-date and valid visa(s).
- 5. **MINORS:** Any minor's participant Trip Application and Agreement must be co-signed by his/her parent or legal guardian. The minor must be accompanied on the trip by a parent or legal guardian or their designee who shall be wholly and fully responsible for said minor's conduct and well being.
- 6. PAYMENT: All payment checks shall be payable to "Lewis Ski Club, Inc.".
- 7. CANCELLATION: If the participant cancels out of the trip, then the participant forfeits their rights to any and all payments made to Lewis Ski Club for this trip. Cancellation by participant means and includes: (a) failure to abide by the terms of this agreement; (b) notice by participant of intent to cancel; (c) participant's failure to make timely payments; (d) participant's failure for any reason to meet departure or return of the trip.
- 8. ELIGIBILITY: Lewis Ski Club membership is required to participate.
- 9. **EXTRA FEES:** Price does NOT include any additional fuel surcharges, baggage fees, or airport fees which may be imposed prior to the date of travel.

Trip Name:		
Applicant Name:		
	(For Airline Ticketing MUST be as it appears on Drivers License/Passport)	
Address:		
Phone: (H)	(W) (Cell)	
Email Address:		
Required for Airline Ticketing: Required for Bus Trips: Pickup Location		
Date of Birth: (MM/I	DD/YYYY) West OR East	
Lewis Ski Club Men	nber? Yes No (If NO, Please Include Membership Application Form)	
Optional Trip Insura	nce? $\Box$ Yes $\Box$ No (For Extended Trips. If YES, Information will be sent to you.)	
Trip Specific Info:	Ability:	
Emergency Contact	Information:	
Name:		
Phone: (H)	(Cell)	
I have read and agree to all the terms of this Agreement, and waiver of liability, as of this date.		
Signed in Agreement: Date:		
Signed in Agreement: Date:		
(Signature of parent or legal guardian if participant is under 18) 11		