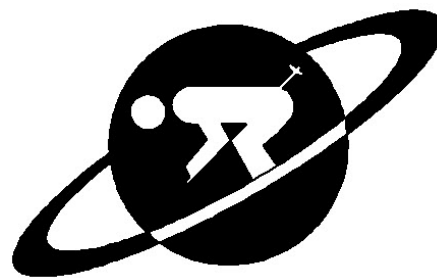


# NASA Lewis Ski Club

## Naski Tips

June 2009



Next Meeting:

### Meet & Greet

Tuesday, June 2, 2009

HH @ 5pm / Meeting @ 6pm

Rocky's River Pour House

Center Ridge Road

Next Board Meeting:

Tuesday, June 23rd @ 5:30pm

Panera Bread, Brooklyn

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**Keep those Ski & Boarding Muscles in Shape Do Something**

### Meeting Activity:

Discussion of  
Summer Activi-  
ties, Club Picnic,  
Ski Trips, etc



**NASA Lewis Ski Club**

**Summer Activities are Heating Up  
Activity Offerings Are Detailed Inside**



**P**resident's message... We are actively planning week long ski/snowboarding trips out West for next year, and we will be announcing them at the June Ski Club meeting. Come to the meeting and be the first to hear about the exciting trips we have planned! We will also be selling tickets to the ever-popular picnic on August 4 at the WJ Green Lodge in the Metroparks, and you can be assured of securing some of those valuable tickets by coming to the meeting.

Check out the long list of fun summer and fall activities planned for the off-skiing months ahead. The list can be found later in the newsletter. Some of the upcoming activities include a happy hour and dinner at Stone Mad Pub (1306 W. 65th Street) on Friday, May 29, a free concert--Rock the Lock on Friday, June 5 in downtown Akron, an art walk in Little Italy on June 6, and a brew/bike tour at the end of June. We have an active year-round club with a lot of great people who just like to have fun, and I hope you and your friends will participate in some or all of our activities.

See you at the meeting,

Lori

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### Officers of Lewis Ski Club

#### **SKI CLUB OFFICERS**

President: Lori Manthey ([Lori.A.Manthey@nasa.gov](mailto:Lori.A.Manthey@nasa.gov))  
Alpine V.P.: Stacey Bagg ([staceybagg@gmail.com](mailto:staceybagg@gmail.com))  
Nordic V.P.: Teresa Monaco ([teresa.l.monaco@nasa.gov](mailto:teresa.l.monaco@nasa.gov))  
Activity V.P.: Therese Telzrow (216-226-6013)  
Recorder: Janet Dubas (216-741-3161)  
Publicity Director: Eric. McFarland ([mcflnd@cox.net](mailto:mcflnd@cox.net))  
Treasurer: Jan Neumann ([janetteneumann@sbcglobal.net](mailto:janetteneumann@sbcglobal.net))

#### **COMMITTEE CHAIRS**

CMSC Rep: Frank DiMarco ([fpdimarco@yahoo.com](mailto:fpdimarco@yahoo.com))  
Refreshment: Tom Jones (216-433-3718)  
Sunshine: Colin Bidwell (216-433-3947)  
Social: Kathleen Moran ([grossman@cox.net](mailto:grossman@cox.net))  
Racing: Mark Hyatt (216-433-3248)  
Membership: Lisa Ferenc (216-433-6592)  
Web Curator: Linda Elonen-Wright (216-433-9370)  
Alternate Web Curator: Lisa Lambert ([Lisa.Lambert@nasa.gov](mailto:Lisa.Lambert@nasa.gov))  
Trip: Annie Easley (440-816-1215)

**TRUSTEES:** Mark Hyatt (216-433-3248), Annie Easley (440-816-1215) & Mike Kaltenstein (330-483-4841)

## NASA Lewis Ski Club Activities

May was National Bike Month but for our club, the rest of the summer is all about biking. On June 26<sup>th</sup> we have the brew bike tour. We've added a weekly bike ride on Wednesday's, and a Bike/Train ride in August. Join us for the weekly bike rides and get a head start on getting in shape for skiing because we have some great ski trips to look forward to this year! Contact: Therese Telzrow 216.226.6013.

### **Upcoming Activities:**

Happy Hour and Dinner at Stone Mad Pub Friday May 29<sup>th</sup>. 1306 W. 65<sup>th</sup> St. contact Jan or Ray Neumann at 440.237.2084 (home) or 440.225.4130 (cell).

Weekly Bike Rides in the Cleveland Metroparks: Every Wednesday starting June 3<sup>rd</sup>. Meet at 7 pm at the Eddy's Boat Dock Parking Lot (in the Rocky River Reservation by the Detroit Road, Lakewood entrance). This is a moderately paced ride on the path (we don't ride on the road). Contact Therese at 216.226.6013.

Rock the Lock Friday June 5<sup>th</sup> Lock 3 Park in downtown Akron. Activities sponsored by WONE radio station begin at 7pm with the Sunset Riot and then live music at 8:30 pm from the Tom Petty Tribute band, Full Moon Fever. Free Admission. Visit [www.lock3live.com/concerts.aspx](http://www.lock3live.com/concerts.aspx) for more information. Contact Ray or Jan Neumann.

Art Walk in Little Italy, June 6<sup>th</sup>, 2:00pm Meet at Linda's house (2256 South Overlook Road, Cleveland Heights, 44106) at 2pm on Saturday, June 6. We will park as close as we can or just easily walk from my house into Little Italy for the Art Walk. We'll wander through the galleries in small groups for a couple of hours and then have a prearranged meeting time and place for those interested in eating dinner together! Please let Linda know you're coming. (You can reach her at 216-433-9370 or [linda.c.elonen-wright@nasa.gov](mailto:linda.c.elonen-wright@nasa.gov))

Parade the Circle on June 13 (<http://www.clemusart.com/events/paradethecircle.aspx>). Contact Stacey Bagg ([staceybagg@gmail.com](mailto:staceybagg@gmail.com))

3<sup>rd</sup> Annual Brew/Bike Tour Friday June 26<sup>th</sup>. Meet at the South Mastick Picnic Area at 6pm. See the flyer in this newsletter for more details. RSVP to Ray or Jan Neumann at 440.237.2084.

Goodtime III Happy Hour Cruise Friday July 10<sup>th</sup>. Board at 5:30 boat sails at 6pm from 825 East 9<sup>th</sup> Street Pier. Join the party for the Goodtime III's public Rush Hour-Happy Hour cruise. See Flyer. Order tickets ahead of time online or stop at the ticket office on the pier before boarding. If you have questions about the cruise call Goodtime III at 861.5110. RSVP to Therese Telzrow at 216.226.6013.

Annual Picnic at WJ Green in Metroparks Tues August 4<sup>th</sup>. We are looking for volunteers for the committee. Contact Annie Easley.

White Water Rafting in possible dates Sept. 11-13 or Sept. 25-27. Contact Linda Elonen-Wright (216)433.9370 or Frank DiMarco @ [fpdimarco@yahoo.com](mailto:fpdimarco@yahoo.com).

Halloween Weekend at Laurel Hills Lodge Oct 29<sup>th</sup>, 30<sup>th</sup> and 31<sup>st</sup>. Contact trip leaders Ray Neumann at 440.237.2084 or Janet Dubas at 216.741.3161.

Therese Telzrow Activities VP 216.226.6013.

## **Take A Hike 1: Rocky River Nature Center (North Olmsted) Hike Trip Report**

The weather forecast called for windy conditions, but that didn't stop a hardy group of intrepid hikers from going outdoors and getting in shape for the ski season. Five of us (4 people: Fred Merchant, Teresa Monaco, Jim Slifka, Therese Telzrow and 1 dog:



Angie—Fred's dog) set out from the Rocky River Nature Center on Saturday, May 9, 2009. We survived the infamous 135 stairs (independently counted and verified by both Jim and Therese), and enjoyed an incredible view at the top. The wind felt wonderful after all that stair climbing. We hiked up and down hills and stairs, and also traveled on the All-Purpose Trail (relatively flat). Conditions were slightly muddy, but we managed to find some dry spots to plant our feet. We visited the wildflower

garden near the nature center, and saw some beautiful wildflowers on our hike. Angie led the pack. She usually had to wait for her two-legged friends, unless she found something interesting to sniff or if she wanted to jump in the mud. We hiked for about 2 hours (including a restroom stop), for about 4 miles. Overall, we enjoyed our time together, and look forward for more hiking opportunities this season! Article by Teresa Monaco. Photo by Jim Slifka

## **Take a Hike 2: Brandywine Falls (Cuyahoga Valley National Park) Hike Trip Report**

The weather forecast called for thunderstorms, but that did not stop a group of thrillseekers who laughed in the face of danger and hiked to Brandywine Falls. Seven of us (6 people--Frank Boldizar, Jack Fiening, Pam Korenewych, Billie MacIntyre, Fred Merchant, and Teresa Monaco; and 1 dog - Angie (Fred's dog)) set out from the Stanford Youth Hostel in Peninsula, OH. It was cloudy but it was not raining. Surprisingly, the trail was not very muddy. After climbing some hills, we reached the falls. Brandywine Falls was absolutely beautiful, and since it had been raining that week, it was in its full glory. It is a 60 foot waterfall, and it is the most popular destination in Cuyahoga Valley National Park. We then walked over to the Inn at Brandywine Falls. It wasn't open at the time, but we did look at the chickens and roosters on the property.

Angie had a great time running through the relatively dry creek beds. We found out that Angie does not like water. Angie would stop in her tracks near the river and the falls. Fred had to perform a dog rescue and carry her (note to self: next life, must come back as Fred's dog, she has it good). Frank Boldizar kindly pointed out poison ivy to us, and luckily no one was affected. Billie MacIntyre showed us 1.6 billion year old rocks (basalt) and pink granite (that master's degree in Geology comes in handy on these hikes). Billie and Pam Korenewych were busy identifying different wildflowers on our hike. We were never in any danger of being lost because Jack Fiening (retired United Airlines pilot) was checking his Global Positioning System (GPS) Navigation Device for us.



## Take a Hike 2: (continued)

We took a different route on the return trip, and we got a chance to do a river crossing and scramble over some rocks. Once we got back to our cars, only then did it start raining.

Afterwards, we went to the Winking Lizard in Peninsula for dinner and drinks (thus cancelling the health benefits of our hike, but it was fun). Fred Merchant entertained us with stories of his trip to Antarctica, including the ballistic nature of penguin defecation. In other words, do not stand behind a penguin-- you may get splattered.

It took us 2-1/2 hours to hike approximately 3-1/2 miles. The weather was cool (about 70 degrees, great for hiking), no rain, we found parking at the Winking Lizard, we didn't have to wait for a table, we had interesting conversations (example shown above re: penguins) and no one got hurt on the hike. Overall, we had a wonderful time.

If anyone has any hikes they like to go on, I encourage you to volunteer to lead a hike. It is always nice to hike on different trails. Article by Teresa Monaco

## Holiday Valley Ski trip II

March 6, 2009

The last Friday trip of the ski season was on doubtful weather conditions, but turn into a MEMORABLE spring ski trip. 38 eager skiers ready to fight the harsh 30 temperature. (Just kidding on the temperature) The closer we got to Holiday Valley there were sights of rain on the windshield of the bus. I thought to myself. Man...I don't want to ski in rain...We arrived at Holiday Valley and the weather conditions still did not look good. We got our equipment on in the lodge and off to the chain lift. Still another sign of bad conditions, a puddle at the entrance of the Mardi Gras chair lift. It had to be 2" deep and you could not avoid it to get on the chair lift. I thought I should have my bathing suit on rather than snow skis... As I went up the chair lift I could see there was a 2 foot base of snow on the trail by looking at the snow that melted at the chair lift poles. In addition, you could hear skiers craving on ice on some spots of the trail. With all these negative signs when I made my first run...thinking to myself I can tolerate these unfavorable conditions. As the day went on, the sky started to clear up and the temperature was dropping and the skiing was GREAT. YES, THE CONDITION WERE CORNY and you had to work and crave on the ice but the group I was skiing with found some power on Yodeler. The only hill I did not ski on was the WALL. However, the run at Morning Star was amazing! I could not get enough of that run...that hill was AWESOME! No lift lines and if you did see a line, you could cruise to another trail and not wait more than 10 minutes in lift line. I finished the last Friday ski trip of the ski season with not wanting to leave the slope....But that is how I always finish my day trip wishing it would not end...

The bus trip back to Cleveland was inspiring after watching the Warren Miller movie. I wish I started skiing years ago to do some of these crazy stunts. Someone on the bus said to me if we were only younger.... Warren Miller are always exciting daredevil stunts making you wish you were there trying to do the some of the unusual runs and stunts.

The last Friday HV II Lewis ski club trip for 2009 was a Warren Miller adventure for me; I hope it was for the 38 folks on the trip on March 6. Thanks to all that came on the trip! Article by Paul Antczak

LEWIS SKI CLUB  
LET'S KICK OFF PATIO SEASON  
AT STONE MAD PUB



Join us at 5:30 for Happy Hour and/or Dinner on Friday, May 29th  
Stone Mad is known for its artistic design, especially on the all stone patio.

Event will be held rain or shine. We'll stay indoors if it rains.

Happy Hour prices on selected drinks and appetizers until 7:00

Dinner seating will be at approximately 7:30



Please RSVP to Jan or Ray Neumann at 440-237-2084 (home) or 440-225-4130 (cell)  
[janetteneumann@sbcglobal.net](mailto:janetteneumann@sbcglobal.net)

Stone Mad is located in Cleveland's Detroit Shoreway Neighborhood at 1306 W. 65<sup>th</sup> St.

Guarded Free Parking is available

# LEWIS SKI CLUB'S THIRD ANNUAL BIKE/BREW TOUR

Join us on Friday, June 26<sup>th</sup> at 6 PM at  
South Mastick Picnic Area  
(Rocky River Reservation) in Fairview Park  
Continue the tradition by participating in the third annual ride



Directions: From the Grayton Rd. exit on I-480, head north on Grayton Rd. to Puritas Rd. Turn left (west) on Puritas to Valley Parkway. Turn left on Valley Parkway to South Mastick Picnic Area. It's just south of the Rocky River Stables. Meet at the parking lot to the left off Valley Parkway.

From there we will bicycle on the parkway to Cornerstone Brewery in Berea and back to South Mastick. We will conclude with dinner and/or beer at The Rocky River Brewing Company, 21290 Center Ridge Rd, Rocky River, OH, 44116

Contact Jan or Ray Neumann at 440-237-2084 or [janetteneumann@sbcglobal.net](mailto:janetteneumann@sbcglobal.net) to RSVP.

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# **NASA Lewis Ski Club After Work - Night OUT**



## **GOODTIME III** ®

### **Rush Hour Party Cruise**

a.k.a. Happy Hour

Adults Only... Leave the kids at home !

DATE: FRI. July 10, 2009

TIME: Board @ 5:30pm, Cruise 6:00pm - 8:00pm

**RSVP TO(contact person): Therese Telzrow 216.226.6013**

Cost: \$12.50 at the window. Group Discount Available

Call NOW ! It's FUN ! YOU deserve a Night Out ...

For more info on Goodtime Cruise 216-861-5110 or

[www.goodtimeiii.com](http://www.goodtimeiii.com) ®

\*ALL prices are subject to change and a \$.50 per person Fuel Surcharge will be added to all  
Public Cruise Tickets