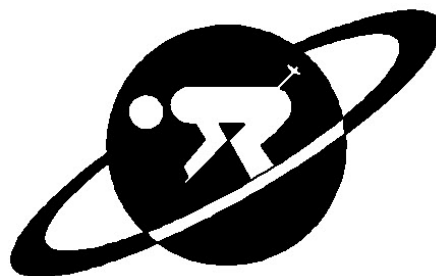


NASA Lewis Ski Club

Naski Tips

April 2009



Next Meeting:

Meet & Greet

Tuesday, April 7, 2009

Rocky's River Pour House

(Former BW3)

Center Ridge Road

Next Board Meeting:

Tuesday, April 21

Panera Bread, Brooklyn

Inside:

President's Message.....	2
Ski Queen.....	2
Elections	3
Yuir's Night.....	3
Banff Film Fest.....	4
Upcoming Activities.	4
Racing Report	5
Nomination Info.....	6

Meeting Activity:

Spring at Last Participate in

Club Officer

Floor Nominations &

ELECTIONS

No Trip & Wine Drawing.



Club elections

- Vote early

and often

Lewis Ski Club Ski Trips - Season 2009

Thanks to all the trip leaders and the participants for another great ski season



President's message... It's been another great season. I hope you all had a chance to get out and enjoy some terrific skiing or snowboarding - or both, whatever the case may be. I'd again like to thank all the trip leaders for putting in the time and effort it takes to run a trip. Whether it's a day-long or a week-long trip, in neither case is it a trivial task. These volunteers deserve a great deal of thanks. Please let them know of your appreciation when you get the chance.

I'm sure many of you heard about Natasha Richardson, the actress who died tragically after falling and hitting her head while skiing at Tremblant, in eastern Canada. We were all deeply saddened by the news. In the wake of the tragedy, there have been calls for laws requiring use of helmets while skiing and snowboarding. I haven't seen any snow sport injury analyses recently, but, based on accident statistics, there used to be some question about whether head injuries were reduced in either frequency or severity. In any event, I'll be taking my helmet along more frequently next season. To me an equally, if not more important, lesson is if you happen to have an accident, **GET YOURSELF CHECKED OUT BY THE SKI PATROL**. I know we all detest sitting around in emergency or urgent care waiting rooms only to find out that we only need some minor treatment that turns out to cost "an arm and a leg". The fact is, skiing and snowboarding are sports that have some degree of inherent risk. It's a part of the challenge and fun, but it must be taken seriously. It is your responsibility, both to yourself and to the sport, to have any injury properly treated.

Club officer elections will be held at the April club meeting. Please come and show your appreciation to all those who are putting in their time making the club run smoothly. We are still accepting nominations, so if you are interested in running for an office or know of someone who is, let the nominating committee know.

See you at the meeting,
Gene

Calling All Queen Candidates!

Run for Queen of our ski club and if you win go on to compete in the Cleveland Metro Ski Council's (CMSC) Queen Pageant to be held in early November. We are taking nominations now. We will vote for our Queen at the June meeting and crown her at the annual picnic on August 4th. Contact Therese Telzrow if you are interested in running for the Queen or to nominate someone else.

Officers of Lewis Ski Club

SKI CLUB OFFICERS

President: Gene Addy (216-977-7467)
Alpine V.P.: Open
Nordic V.P.: Larry Anderson (larryamg@hotmail.com)
Activity V.P.: Therese Telzrow (216-226-6013)
Recorder: Janet Dubas (216-741-3161)
Publicity Director: Eric. McFarland (mcflnd@cox.net)
Treasurer: Jan Neumann (janetteneumann@sbcglobal.net)

COMMITTEE CHAIRS

CMSC Rep: Frank DiMarco (fpdimarco@yahoo.com)
Refreshment: Tom Jones (216-433-3718)
Sunshine: Colin Bidwell (216-433-3947)
Social: Kathleen Moran (grossman@cox.net)
Racing: Mark Hyatt (216-433-3248)
Membership: Lisa Ferenc (216-433-6592)
Web Curator: Linda Elonen-Wright (216-433-9370)
Alternate Web Curator: Lisa Lambert (Lisa.Lambert@nasa.gov)
Trip: Annie Easley (440-816-1215)

TRUSTEES: Annie Easley (440-816-1215), Linda Elonen-Wright (216-433-9370) & Mike Kaltenstein (330-483-4841)

Club Elections

Dear Lewis Ski Club Members,

We need you. We, the 2009 Nominating Committee, need you to come to the April meeting. We will be taking nominations from the floor for last minute candidates for the offices of the club. And then, YOU will VOTE. So far, we have the following slate of wonderful candidates. Of course, there are more of you out there who would make additional wonderful candidates. Won't you please step forward? Your club needs you.

Our current candidates are:

President: Lori Manthey

VP-Alpine: Lisa Ferenc and Stacey Bagg

VP-Nordic: Teresa Monaco

VP-Activities: Therese Telzrow

Treasurer: Jan Neumann

Recorder: Janet Dubas

Publicity Director: Eric McFarland

Trustee*: Mark Hyatt

* Please note that the Trustee position being voted on is one of three. The other two are currently held by Annie Easley and Mike Kaltenstein. Only one of the three trustee positions is filled every year.

Your Desperately-Waiting-To-Hear-From-You Nominating Committee, Victoria Wise Don Kirkwood Linda Elonen-Wright

Duties of club officers are listed in the official nomination form included in the news letter

The Nominating Committee contact information:

Linda Elonen-Wright 216-433-9370 (Linda.C.Elonen-Wright@nasa.gov)

Victoria Wise 440-846-1171 (wise11@juno.com)

Don Kirkwood 440-331-5368

Yuri's Night Party at Great Lakes Science Center

The NASA Glenn Research Center's Developing Professionals Club is sponsoring a Yuri's Night Party at the Great Lakes Science Center on Friday, April 3rd, from 9:00 PM to 1:00 AM as part of an annual worldwide celebration commemorating the anniversary of the first man in space, Yuri Gagarin. There will be live music, cash bars, a costume contest, and access to the entire Great Lakes Science Center for \$10!. T-shirts will also be sold in advance. Tickets will be sold at the door for \$10. If you wish to purchase a ticket in advance or a t-shirt, please contact Stacey Bagg at (216) 433-3792.

**IGNITE YOUR PASSION FOR ADVENTURE, ACTION AND TRAVEL
AT THE BANFF FILM FESTIVAL**

Journey to exotic locations, paddle the wildest waters and climb the highest peaks! The Banff Mountain Film Festival World Tour will exhilarate you with amazing big-screen stories when it comes to the Allen Theatre at Playhouse Square Center on Friday, April 17 and Saturday, April 18.

The 2008/2009 Banff Mountain Film Festival World Tour brings films from the 33rd annual Banff Mountain Film Festival to over 285 communities and 30 countries around the world. From an exploration of remote landscapes and mountain cultures to adrenaline-fueled action sports, films in this year's world tour are sure to captivate and amaze the explorer within you.

Audiences will be inspired by such films as *Journey to the Center*, the story of three world-renowned BASE jumpers who travel 10,000 miles to confront Tian Keng, the "Heavenly Pit," *Red Gold*, an environmental film about a proposed mine at the headwaters of two of the largest remaining sockeye salmon runs on the planet and *The Sharp End*, where a talented group of climbers explore one of the world's most remarkable climbing destinations.

The two-night extravaganza that is the festival in Cleveland showcases different films each evening. Friday's Opening Night Reception features appetizers, beer and dessert. Appetizers will also be served Saturday and on tap for both nightly receptions are complimentary Red Bull and Caribou Coffee in addition to prizes and exhibits for outdoor enthusiasts from 6:00-7:30 p.m. The films begin at 7:30 p.m.

The High Altitude Party, held in the balcony of the Allen Saturday night, returns in 2009. High Altitude ticket holders will be treated to beer, dessert, goodie bags and live music by Laura Varcho and Bob Fraser. Tickets to this special section are limited.

The Banff Mountain Film Festival is brought to Cleveland by On the Edge Films and is sponsored by Cleveland Metroparks, Geiger's, Spin, McCormick & Schmick's, Chipotle, Red Bull, Caribou Coffee, Great Lakes Brewing Co., Cleveland Cupcake Co., Green Clean, Fat Head's Brewery, Main Street Cupcakes, Earth Day Coalition and Balanced Living Magazine. The festival is held at the Allen Theatre at Playhouse Square Center, 1407 Euclid Ave. in downtown Cleveland.

Advance tickets to the BMFF are \$35 for Friday and \$30-\$40 for Saturday. Tickets increase \$5 each after April 8. Partial proceeds benefit the Cleveland Foodbank's Harvest for Hunger campaign.. For additional information, including film selections, go to www.theedgefilms.com or call 216-556-5731.

NASA Lewis Ski Club Activities

Summer Activities Brainstorming Session Friday April 3rd 6:45 pm at PJ Macintyre's, 17119 Lorain Ave., Cleveland OH 44111. Come with your ideas or just to have some fun and from there just make your way to Yuri's Night Party...

Yuri's Night Party at the Great Lakes Science Center Friday April 3rd from 9:00 pm to 1:00 am. See the article in this newsletter for more info.

Banff Mountain Film Festival Friday April 17th and Saturday April 18th at the Allen Theatre at Playhouse Square. Door prizes, appetizers, beer and desserts from 6-7:30 pm. Films begin at 7:30 pm. More details in the newsletter.

CMSC Racer's Banquet Saturday April 25th at Reinecker's Party Center. No reservations will be accepted after April 17th. Contact John and Debbie Sidol at 440.821.1964.

Annual Picnic at WJ Green in Metroparks. We are looking for volunteers for the committee. Contact Annie Easley.

NASA Lewis Ski Club Activities (continued)

Cleveland Travel Show Saturday May 9th at Marriot Cleveland Airport. Contact Trip Chair Annie Easley.

Halloween Weekend at Laurel Hills Lodge Oct 29th, 30th and 31st. Contact trip leaders Ray Neumann at 440.237.2084 or Janet Dubas at 216.741.3161.

Look for more exciting activities in our next newsletter after our brainstorming session. If you can't attend and have some ideas or would like to lead an outing please contact me. We are already in the planning stages for outings including our annual bike and brew tour and a white water rafting trip in early fall.

At one of our past meetings someone volunteered to lead a walk through the Cultural Gardens along Martin Luther King Drive. If you still want to do this, please give me a call as I no longer have your contact information.

Therese Telzrow Activities VP 216.226.6013.

Race Report

Well, the season has come to a close, but the fun hasn't! Please see the ad in this month's newsletter for the Racer's Banquet, to be held on April 25th. It's not just for racers, it's just a good time!

As for the conclusion of our race season, we have just Kissing Bridge to report, since none of our team was able to make the final weekend of the season at Swain. At KB Lisa Lambert wrapped up the season points championship in BW with a 3rd place finish. Come to the Banquet, and see her hoist the big trophy. Congratulations Lisa! Therese Telzrow took 2nd in CCVW. With that, she finished tied for 2nd for the season with Deb Bunnell of the Fagowees. Come to Banquet and witness their chug-off for the trophy! I managed to finish 5th in BBM, and wound up 5th for the season as well. Paul Senick came out for one more race, and placed 8th in CCM, placing him 14th for the season. In snowboard, I improved with a 2nd place finish, but wound up fourth for the season, as Fagowee Mike Bassett passed me by racing and winning at Swain in CSB.

The rest of the season results included a seventh in CCVW for Elise Frankenfield, 6th and 8th in BVM and CSB, respectively for Bruce Frankenfield, 7th in BW for Cheryl Alden, and 5th in CCVM for Don Ginley. Overall, the team finished 6th in Division 2 for the season, out of 11 teams racing. More impressive is our points per racer average, which at 10.18, is second only to Goodyear in all of CMSC. All in all, the team had a banner year, with some of our best individual and team performances ever. Congratulations to each and every racer, and thanks for your enthusiastic participation! Just wait until next year!

Hope to see you all at the Banquet, and be sure to attend our Club picnic to see our Racer of the Year selection announcement. - Mark Hyatt, Race Chair

These race folks are such a good looking bunch it is worth a second view. They look pretty happy - ya might ought to think about joining them next season



To all NASA Lewis Ski Club members,
The club needs nominees for the following offices:

PRESIDENT
ALPINE VICE PRESIDENT
NORDIC VICE PRESIDENT
ACTIVITY VICE PRESIDENT
RECORDER
PUBLICITY DIRECTOR
TREASURER
TRUSTEE

The club relies on volunteers like you to continue to operate. Please consider nominating fellow club members for the offices or, better yet, nominate yourself! Summaries of officer's duties are listed below. Our annual election will be held at the April meeting.

PRESIDENT: The President presides at all Club meetings, appoints chairpersons for all committees, and is a standing member of all committees except for the Nominating Committee. He/She shall promote publication and review of the Activity Coordinator's Guide on an annual basis. He/She shall perform all duties incident to the office. He/She must be an on-site employee at the NASA Glenn Research Center.

ALPINE VICE-PRESIDENT: The Alpine V.P. is responsible for overseeing the Club's downhill ski and snowboard programs, issues the Activity Guide, in conjunction with the Nordic V.P. and Activities V.P., to each Activity Coordinator, and performs the duties of the President in the absence of the President or as delegated by the President.

NORDIC VICE-PRESIDENT: The Nordic V.P. is responsible for overseeing the Club's cross country ski program, issues the Activity Guide, in conjunction with the Alpine V.P. and Activities V.P., to each Activity Coordinator, and assists the Alpine V.P. in performing the duties of the president.

ACTIVITIES VICE-PRESIDENT: The Activities V.P. is responsible for overseeing all the activities other than those associated with the club's on-snow program including, but not limited to, biking, inline skating, canoeing, white water rafting, parties, and other such recreational activities, issues the Activity Guide, in conjunction with the Alpine V.P. and Nordic V.P., to each Activity Coordinator, and assists the Alpine V.P. and Nordic V.P. in performing the duties of the president.

RECORDER: The Recorder shall keep accurate and complete minutes of all meetings and report them to the Club members. He/she shall notify the members of the Board of all Board meetings.

PUBLICITY DIRECTOR: The Publicity Director shall have charge of all club publicity, oversee distribution of the club newsletter, notify all members of all club meetings and perform all other duties incident to the office.

TREASURER: The Treasurer shall handle the general funds of the Club, keep an up-to-date record of all Club finances, and report receipts, disbursements, and account balances at the monthly membership meeting.

TRUSTEES: The Board of Trustees will provide guidance and oversight of the activities of the Lewis Ski Club, Inc. The Trustees shall be guardians of this Constitution, and shall be responsible to the members to ensure that all articles and sections of this governing document are followed. The Board of Trustees, along with club Treasurer, will perform the annual audit of the club treasury. The Board of Trustees, along with the President and Vice Presidents, will perform an annual review of the Activity Guide. The Board of Trustees will provide the members with an annually written report of their activities. Verbal reports will be given at club meetings. The Trustees will not be voting members of the Executive Board.

Please send your nominations to: _____ and/or attend the March club meeting with your nomination!

The Nominating Committee:

Linda Elonen-Wright 216-433-9370 Linda.C.Elonen-Wright@nasa.gov)

Victoria Wise 440-846-1171 (wise11@juno.com)

Don Kirkwood 440-331-5368)

CMSC RACING PROUDLY PRESENTS:



Red Carpet Riot

CMSC Racers' Banquet
Saturday, April 25, 2009

Starring CMSC Racers

Social Hour: 6:30 p.m.

Dinner: 7:30 p.m.

Awards immediately after

IT'S ALL ABOUT **YOU**, BABY!

RECOMMENDED ATTIRE: Just like those Hollywood stars who make comebacks, those costumes you wore at past banquets can make a comeback, too! Resurrect those alien costumes (Star Wars, Men in Black, Alien) or togas (Animal House, Ben Hur). Or, do the TOTAL Hollywood glam thing and walk the red carpet in your best formal attire and lots of bling! Will Brangelina make an appearance?

WHERE: Reinecker's Party Center, 8575 South Freeway Drive, Macedonia OH. From Cleveland: Take I-271 South to Route 82. Turn left (east) at the exit. Go under I-271. Turn left (north) onto South Freeway Drive (sign might still say "Freeway Drive.")

COST (SAME PRICE AS LAST YEAR!): Early Bird Special: \$40 per person if reservation is received on or before April 6. Cost goes up to \$45 per person for reservations received after that. No reservations will be taken after April 17. So make your reservations BEFORE you go on your spring ski trip!

INCLUDES: Open bar, great food, grand dessert buffet, dancing by DJ Dance Delite, race awards, and the drawing for the Grand Prize to the Geiger's Rookie Racer Challenge!

MAIL WITH CHECK PAYABLE TO "CMSC RACING" TO:

John and Debbie Sidol
23992 Noreen Drive
North Olmsted OH 44070
440-821-1964 (cell)
dsidol@roadrunner.com

NAME: _____ SKI CLUB _____

ADDRESS: _____

PHONE: _____ NUMBER OF PEOPLE: _____ X \$ _____ = _____