# NASA Lewis Ski Club Naski Tips

# **March 2008**



Next Meeting: Tuesday, March 4 BW-3 Rocky River 20412 Center Ridge Road 440-356-7325 5 pm: Happy Hour 6 pm: Meeting Next Board Meeting: Tuesday, March 18 Panera Bread, Brooklyn

# Inside:

President's Message	.2
2008 Ski Trips	.2
Birthdays	3
Off Snow Activities	3
Nordic News	.3
Decision 2008	.4
Seven Springs Recap	.5
February Race Results	.6
HoliMont I Recap	7
Ski the Summit Recap	7
March Calendar	9
Race Schedule	9
Holiday Valley flyer	10
Trip Application	11

March Speaker: Chris Aster from Ferdl Aster Ski Shop will talk about Nordic and Alpine ski equipment. Tips on waxing, caring for equipment & new technology will be discussed.

President's message...



The ski season is starting to wind down. The local weather has been a bit difficult for both the local resorts and our Nordic skiers to deal with, but I sure we'll get more snow before season's end. I've been hearing the areas in western New York have been getting good snow. So don't put away your skis yet! We have one more trip to Holiday Valley on Friday, March 14! Sign up now!

As of this writing, the trip to HoliMont on leap day, Feb. 29, is filling up quickly. Also, as you read this, our trip to Winterpark will be getting started. It has been sold out for some time. It sounds like the resorts in Colorado have been getting lots of snow, so it will be great skiing for the Naskiers out there.

I know it's late in the year to be thinking about equipment, but Chris Aster from Ferdl Aster Ski Shop in Chesterland is coming to our March meeting to talk about the latest in ski equipment, in particular, cross country equipment. Yes, there have been significant advances in Nordic equipment, too. He may also have news of some great end-of-the-season deals.

We'll be looking for ideas for summer activities. Contact Therese Telzrow if you have one! Finally, club officer elections will be coming up in April. Please nominate someone, or, better yet, consider serving the club as an officer yourself!

See you on the slopes and at the meeting, Gene

#### Officers of Lewis Ski Club

#### SKI CLUB OFFICERS

President: Gene Addy (216-977-7467) Alpine Vice President: Tom Vannuyen (216-433-3851) Nordic Vice President: Nancy Piltch (npiltch@earthlink.net) Activity Vice President: Therese Telzrow (216-226-6013) Recorder: Janet Dubas (216-741-3161) Publicity Director: Cheryl Alden (440-582-2174) Treasurer: Tom Jones (216-433-3718)

#### COMMITTEE CHAIRS

CMSC Rep: Renee Harrington (216-522-2931) Refreshment: Tom Jones (216-433-3718) Sunshine: Colin Bidwell (216-433-3947) Social: Kathleen Moran (grossman@cox.net) Racing: Mark Hyatt (216-433-3248) Membership: Lisa Ferenc (216-433-6592) Web Curator: Linda Elonen-Wright (216-433-9370) Alternate Web Curator: Lisa Lambert (Lisa.Lambert@nasa.gov) Trip: Annie Easley (440-816-1215)

TRUSTEES: Annie Easley (440-816-1215), Linda Elonen-Wright (216-433-9370) & Mike Kaltenstein (330-483-4841)

### **SKI TRIPS for 2008**



440-232-3331djslif@sbcglobal.net330-483-4455jatraxler@aol.com440-892-1790RWMltdl@aol.com440-816-1215ajeasl@sbcglobal.net

Mar 2 - 9 Week

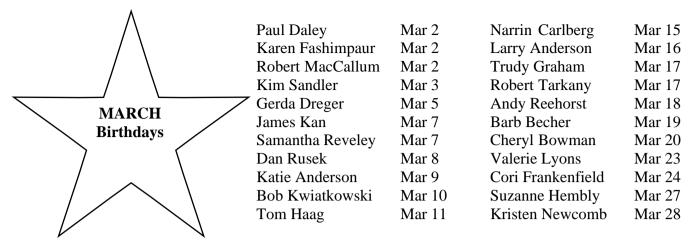
Winter Park, CO

Mar 14 Friday

Whiter Funk, C

Holiday Valley

Jim Slifka Judy Traxler Emil Bagi Annie Easley



# **Off-Snow Activities**

If you'd like to volunteer your ideas or to lead an activity, call me at 216.226.6013. Therese Telzrow.

Summer Activities Brainstorming Session: Meet at the 100th Bomb Group restaurant on Friday, April 18th at 6:00 pm. Bring your ideas or just come to socialize. Help us make this a fun filled summer! The 100th Bomb Group is located on the edge of the Cleveland Hopkins International Airport on BookPark Rd (just East of NASA Lewis). Contact Therese Telzrow at 216.226.6013.

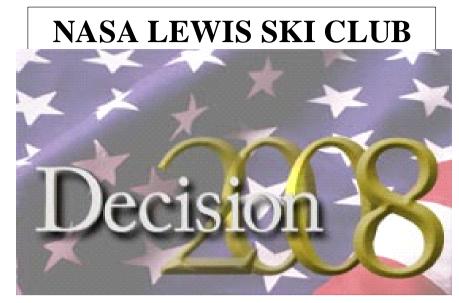
**Banff Mountain Film Festival - Friday, April 11th and Saturday, April 12th at the Allen Theatre, Playhouse Square,** 1407 Euclid Ave, Downtown Cleveland. **6:00 pm Receptions** (additional cost) with the **film presentations at 7:30 pm.** Tickets may be purchased from Geiger's in Chagrin Falls and Lakewood or at Spin in Willoughby or Lakewood as well as online at www.playhousesquare.org. Different films are shown each night. Don't miss this exciting event showing all kinds of **incredible outdoor adventures and scenery.** 

## Nordic News

by Nancy Piltch

Snow has been sporadic for most of February; we've had a few good days.

A small but hardy band showed up for our group outing. We moved over to Girdled Road in search of better snow and conditions there were surprisingly good, quite a bit better than they had been two days earlier. We skied the Big Woods loop twice, and on one loop added in the descent to the Big Creek valley and the trail along the creek.



To all Lewis Ski Club members, It's time to send in your nominees for the following Executive Board officers:

> PRESIDENT ALPINE VICE PRESIDENT NORDIC VICE PRESIDENT ACTIVITY VICE PRESIDENT RECORDER PUBLICITY DIRECTOR TREASURER TRUSTEE

Remember, the Lewis Ski Club needs YOU! It does not run by itself. Please nominate yourself or any other Ski Club member for one of the following offices. A summary of the duties of these offices is listed below. Our annual election will be held at the April meeting.

**PRESIDENT:** The President presides at all Club meetings, appoints chairpersons for all committees, and is a standing member of all committees except for the Nominating Committee. He/She shall promote publication and review of the Activity Coordinator's Guide on an annual basis. He/She shall perform all duties incident to the office. He/She must be an on-site employee at the NASA Glenn Research Center.

**ALPINE VICE-PRESIDENT:** The Alpine V.P. is responsible for overseeing the Club's downhill ski and snowboard programs, issues the Activity Guide, in conjunction with the Nordic V.P. and Activities V.P., to each Activity Coordinator, and performs the duties of the President in the absence of the President or as delegated by the President.

**NORDIC VICE-PRESIDENT:** The Nordic V.P. is responsible for overseeing the Club's cross country ski program, issues the Activity Guide, in conjunction with the Alpine V.P. and Activities V.P., to each Activity Coordinator, and assists the Alpine V.P. in performing the duties of the president.

**ACTIVITIES VICE-PRESIDENT:** The Activities V.P. is responsible for overseeing all the activities other than those associated with the club's on-snow program including, but not limited to, biking, inline skating, canoeing, white water rafting, parties, and other such recreational activities, issues the Activity Guide, in conjunction with the Alpine V.P. and Nordic V.P., to each Activity Coordinator, and assists the Alpine V.P. and Nordic V.P. in performing the duties of the president. **RECORDER:** The Recorder shall keep accurate and complete minutes of all meetings and report them to the Club members. He/she shall notify the members of the Board of all Board meetings.

**PUBLICITY DIRECTOR:** The Publicity Director shall have charge of all club publicity, oversee distribution of the club newsletter, notify all members of all club meetings and perform all other duties incident to the office.

**TREASURER:** The Treasurer shall handle the general funds of the Club, keep an up-to-date record of all Club finances, and report receipts, disbursements, and account balances at the monthly membership meeting.

**TRUSTEEs:** The Board of Trustees will provide guidance and oversight of the activities of the Lewis Ski Club, Inc. The Trustees shall be guardians of this Constitution, and shall be responsible to the members to ensure that all articles and sections of this governing document are followed. The Board of Trustees, along with club Treasurer, will perform the annual audit of the club treasury. The Board of Trustees, along with the President and Vice Presidents, will perform an annual review of the Activity Guide. The Board of Trustees will provide the members with an annually written report of their activities. Verbal reports will be given at club meetings. The Trustees will not be voting members of the Executive Board.

#### VOTE NOW:

Please reply to janetteburton@sbcglobal.net and/or attend the March club meeting with your nomination! Remember, these are important & highly prestigious positions that will require your utmost careful considerations.

The Nominating Committee: Jan Neumann, Ray Neumann, and Linda Elonen-Wright

# Seven Springs Trip Friday, February 1st.

We had enough sign-up's to order the larger bus, but due to the weather turning on us the night before departure, several people decided to stay home that day. We had fifty people signed up to ride the bus and three people that decided to drive separately. We ended up with room to spread out on the bus with only 41 people managing to make the bus ride. Once we arrived at Seven Springs and saw that it was pretty wet out from rain/snow mix, several people decided to spend their time shopping, swimming, etc., instead of skiing. Those that ventured out made the best of it. Most found out that Gortex or some type of water repellant clothes were the way to go. I turned into a human popsicle with a coating of ice all over. I had to go in to break off the ice to dry off near the fire. We were going to head home on the bus early, but the weather turned nicer during the day and we left a little later than earlier planned.

Lisa Ferenc, Trip Coordinator

- 6 - Issue 10, February 2008 - Website: http://www.LewisSkiClub.org



#### **February Race Results**

Racer	Class	Boston	Swain –	Swain -	Bristol –	Bristol –	Bristol -
		Mills – Slalom	GS	Slalom	SuperG	GS	Slalom
Barb Cool	AVW	$8^{\text{th}}$	11 <sup>th</sup>	8 <sup>th</sup>			
Bruce	BVM				$2^{nd}$	$2^{nd}$	$2^{nd}$
Frankenfield							
Lisa	BW				3 <sup>rd</sup>	$4^{\text{th}}$	$7^{\text{th}}$
Lambert							
Cheryl	BW				$9^{\text{th}}$	$5^{\text{th}}$	$6^{th}$
Alden							
Mark Hyatt	BM				$2^{nd}$	$2^{nd}$	$2^{nd}$
Therese	CCVW	$3^{rd}$	$3^{rd}$	$4^{\text{th}}$	$2^{nd}$	$1^{st}$	$1^{st}$
Telzrow							
Elise	CCVW				$5^{\text{th}}$	$4^{\text{th}}$	$4^{th}$
Frankenfield							

The NASA Ski Team carried it's success from January right into the heart of the race season, continuing to score points and earn hardware in the month of February. Though our team numbers dropped at Boston Mills and Swain, as most of the regulars were out "training" in Colorado, Barb and Therese carried the banner for the team with good showings at those events. Of course, Bristol Combined was the premier event this month, and the team came through with many stellar performances. Both Bruce and Therese scored Combined victories in their respective classes. Combined is just that, the lowest combined time of five race runs wins the individual Combined trophy in each class. Therese took control in her class on Saturday, following up with another convincing win on Sunday. Bruce managed to come from behind in the Slalom on Sunday, making up the deficit he faced from the speed events on Saturday, in true Bode Miller fashion. Mark nearly made it a team triple play, but came up just 0.26 seconds shy of the overall win in BM. Mark did have an individual triple play, however, by earning strikes in each of the three races, and therefore a bump to BBM, after 14 (FOURTEEN!!!) years in BM. Strong support and performances by Lisa, Cheryl and Elise gave the team enough points to finish fourth overall in Division 2, our best team Combined finish ever. For the first time in team history (at least that I can remember), we had no DNFs or DQs at Combined, everyone stood up for all five runs, amazing in itself, given the difficult Super-G and GS courses on Comet. Another highlight for the weekend was the fact that the entire team competed together in the same Group on Sunday, due to the split Group format. Thanks to everyone on the team for their dedication and desire to race, and we'll look to do more of the same at Holiday Valley and Swain to finish the season next month.

# **HoliMont I Trip Review**

Our first trip of the year went off on January 4 to HoliMont New York. The weather was outstanding; sunny and in the mid 30's. HoliMont had 10" of snow the past three days and were making snow. Unfortunately they were saving it for the weekend and their members. The slopes that were open were in great condition. We had 42 people on the trip our bus driver, Erick, was lots of fun and a very good driver. HoliMont reserved tables for us in the lodge, with fabulous view of the slopes.

Skiing was great although the weather was colder than expected because the sun forgot to come out and play. In any event there was loose snow on the edges of the runs until the very last run for those brave enough to powder pooch. After skiing we all went to town for dinner and a good portion of the people went to the brewery for dinner. We got back on the bus for home at 7. Joe and I would like to thank all for being back on the bus after skiing and dinner on time.

On the way home we tapped into the Homebrew beer proved by the trip leaders. We had 6 different styles of beer for people to try.

We signed up four new members for the club, and had two cancellations one because of the flu, while the other forgot about the trip until friends called him and woke him up.

The funny story of the day is provided by your trip leader, Joe Gruden. While skiing in the morning and doing a jump he felt something in the bottom of his boot. He just ignored it and during lunch two hours later felt it again. After taking off his boot to see what was there, he discovered a wicket stuck to his sock. So, you may wonder, how did a wicket get in his boot?! You don't want to know!

P.S. Trip leaders - when handing out wickets and lift tickets, do not put yours in your boot for safe keeping!

### Ski the Summit

**Feb. 2 to 9, 2008:** We had 33 skiers and 5 boarders (yours truly was one of the boarders) on this trip to Ski the Summit in Colorado. We had a small problem with the flight to Denver, and some people didn't get their luggage when we arrived. After filling out baggage claims, we headed out to Breckenridge. We had a welcome party at Pine Ridge Condo, where lift tickets and trail maps were passed out. The lift pass was interchangeable for Vail, Beaver Creek, Keystone, A-basin, and Breckenridge.

**Day 1, Sunday, Feb 3, Breckenridge:** Our 1st day, at Breckenridge, was wonderful, with different levels for everyone tastes. The weather was about 20 with a light dusting of snow. We stopped at about 3pm for the Superbowl party in Tom's and Paul's condo. We had plenty of beer, wine, and munchies. We had a great time!

**Day 2, Monday, Feb 4, Vail:** We chartered 2 minibuses to Vail. Our drivers Jey (bird, my nick name for him) and Slowly but Shirley (my nick name for her) got us there on time. We skied in powder, sometimes up to our knees. The conditions got foggy and the snow kept coming down, and some of us wished we were back on the groomed trails! We headed back to Breck about 4. For dinner, we went to Tokyo Taipei, for great food and so-cializing.

**Day 3, Tuesday, Feb 5, Breck for some A-Basin for others:** Some of us opted to ski at Breck while others chose to travel to A-basin. Skiing and boarding was excellent at both places. Dinner was at Tadeo Italiano Restorante, where the food, drinks and dessert were great.

**Day 4, Wednesday, Feb 6, a day of rest for some, Beaver Creek for others:** Some of us rested this day, but 21 of us went skiing at Beaver Creek (BC). I love Beaver Creek. They handed out hot chocolate at the top of the mountain and hot chocolate chip cookies at the bottom. The personnel were helpful and friendly, and the trails were excellent. A mid afternoon white-out forced us to call it a day and we headed back to Breck about 4. We had a great dinner at Mi Casa.

**Day 5, Thursday, Feb 7, Keystone:** A representative of Vail, Brian Flickenger, came out and ski with us. He served as a tour guide as well as a great host. Thanks to Vail for hosting us! The temp was cooler and the conditions were excellent. I boarded till 3pm. That night we went to Fatty Pizzeria for dinner.

**Day 6, Friday, Feb 8 Breck:** The day started out great but it was bitterly cold on the lifts. I even broke out a couple of hand warmers, and I rarely use them. Towards the afternoon, the wind really picked up and Breck decided to close down 2 main lifts on the Peak 8 area. This forced us to take the 2 seat chair lift. The ride to the top was an experience with a brutal onslaught of bitter wind gusts up to 60 mph. We finally made it back to the condo, hit the hot tub, and then went out to dinner at the Salt Creek Tavern. Afterwards, some of us went upstairs for dancing.

The next day, we got back on the bus for the trip to Denver, where we raffled off great gifts. In addition, everyone got a parting gift, such as a ski pin, a key chain, or a mini flashlight. We got on our plane back to Cleveland with no major problems. I'd like to thank everyone signing up for this trip. The great dynamics of the people made it a great success. Another great memory to cherish. Thanks everyone!

Tom Vannuyen and Paul Solano



March						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	<b>4</b> BW-3 5 pm	5	6	7	8
9	10	11	12	13	<b>14</b> Holiday Valley	15
16	17	18 Board Meeting 5:30 p.m. Panera, Brooklyn	19	20	21	22
23	24	25	26	27	28	29
30	31					



# 2008 Adult Race Schedule

DAT	TES	EVENTS	VENUE	SNOWBOARD	
Sat	Mar 1	Dual Slalom	Holiday Valley	Yes	
Sat	Mar 8	Dual Giant Slalom	Swain	Yes	
Sun	Mar 9	<b>Open Eliminations</b>	Swain		
**** More information is available at www.skicleveland.com.					



# Holiday Valley Ski Trip 2 Friday, March 14, 2008



This bus trip is brought to you by the Lewis Ski Club, Inc.

www.lewisskiclub.org

# PRICE (lift ticket and bus): \$63.00. Membership required

**Package includes:** Round-trip transportation from Cleveland to Holiday Valley including an evening trip to Ellicottville, where you are on your own for dinner. We will also provide breakfast snacks on the bus.

#### Itinerary:

6:00 AM Leave NASA DEB Parking Lot (North side of Brookpark Rd) 6:30 AM East Side Pickup – Home Depot parking lot on Wilson Mills Rd, 1/2 mile west of I-271. 10:00 AM Arrive at Holiday Valley 4:45 PM Bus leaves for Ellicottville for dinner (\$\$ of dinner *not* included) 7:00 PM Bus Leaves for Cleveland 10:30 PM East Side Drop-off 11:00 PM Bus Arrives at NASA

#### **Trip Application**

Email: RWMltd1@aol.com

Name:	In case of an emergency, contact:
Address:	Name:
	Phone w/area code:
Phone w/area code: (H)	
(W)	
Email	-
Lewis Ski Club member? Yes / No If no, then ple Club membership is required: New m	
Bus Pickup East West (circle one) If west side pickup- your license plate # is needed for	NASA security
Rentals and Lessons available. Call for details.	Total Payment \$
<ul> <li>* Reservations are 1<sup>st</sup>-come, 1<sup>st</sup>-served with payment in full. (P</li> <li>No refunds will be made for your bus seat, unless your sp</li> <li>Every skier must sign a trip agreement form. Please down</li> <li>Minors without parent must have a release form signed adult. Participants less than 18 years old as of the date of</li> <li>NO smoking on the bus</li> </ul>	ot is filled. nload from the website: www.lewisskiclub.org by a parent or legal guardian and be accompanied by an the trip are considered minors.
Mail payment to <b>Trip coordinators</b> :	
Emil Bagi	Annie Easley
30660 Royal Woods PL.	23215 Wainwright Terrace
Westlake, OH 44145 Ph: 440-892-1790	Olmsted Falls, OH 44138 440-816-1215
1 11. <del>44</del> 0-0 <i>72</i> -1 / 70	++0-010-1213

Email: ajeasl@sbcglobal.net

# NASA Lewis Ski Club Trip Application and Agreement

#### \*\*\* MORE TRIP AGREEMENT FORMS AND THE MINOR RELEASE FORM ARE AVAILABLE AT www.lewisskiclub.org. Click on "Club Info" & then "Guides & Forms."

The undersigned participant applies to participate in the Lewis Ski Club trip described below, subject to the following terms and conditions:

1. DEPOSIT Advance trip deposits will vary from trip to trip. The required deposit for this trip is \$\_\_\_\_\_, and must be paid and submitted along with a signed Application and Agreement. Balance shall be due and payable in accordance with payment schedules established by Lewis Ski Club.

2. WITHDRAWAL & CHANGE Lewis Ski Club may withdraw any trip from its schedule at any time; may refuse to accept or retain any person as a participant at any time for any reason; and may change the itinerary at any time.

3. RESPONSIBILITY Lewis Ski Club is acting gratuitously for the applicant and shall not be responsible or liable for any loss of damage to baggage, property, or for any loss, injury, death, accident, delay, inconvenience or any other loss occurring during or occasioned by applicant's participation or lack of participation in any trip.

4. PASSPORT/PROOF OF CITIZENSHIP For trips out of the USA, participants are responsible for having up to date and valid passport, visas and proof of identification and citizenship.

5. MINORS Any minor's participant Application and Agreement must be co-signed by his/her parent or legal guardian. The minor must be accompanied on the trip by a parent or legal guardian or their designee who shall be wholly and fully responsible for said minor's conduct and well being.

6. PAYMENT All payment checks shall be payable to "Lewis Ski Club".

7. CANCELLATION & REFUND Cancellation by participant means and includes: (a) failure to abide by the terms of this agreement; (b) notice by participant of intent to cancel; (c) participant's failure to make timely payments; (d) participant's failure for any reason to meet departure or return of the trip.

Trip: Deposit/Cost\$	In case of emergency contact:			
•				
Applicant Name: Address:	Phone			
Telephone number: (H)		* *****/		
(W) Email:	_			
(Circle appropriate responses) Lewis Ski Club Member? Y/N	(membership required)			
West Side Pickup (NASA Parking East Side Pickup(Depot parking Ic "No Smoking on the Bus"	Lot on N. side of Brookpark Rd)? Y/N ot on Wilson Mills Rd., ½ mile West of I-271)?	Y/N		
I have read and agree to all the ter	ms of this Agreement, and waiver of liability, a	s of this date.		
Signed in agreement:	Date:			