

NASA Lewis Ski Club

Naski Tips

February 2008



Next Meeting: Tuesday, February 5
BW-3 Rocky River
20412 Center Ridge Road
440-356-7325
5 pm: Happy Hour
6 pm: Meeting
Next Board Meeting:
TBD

Inside:

President's Message.....	2
Birthdays.....	3
Nordic Outing.....	3
2008 Ski Trips.....	3
Off Snow Activities.....	4
Nordic News.....	4
Alpine Racing News.....	5
Holiday Valley Recap.....	6
February Calendar.....	7
2008 Race Schedule.....	7
SevenSprings flyer.....	8
Ski Denton flyer.....	9
HoliMont II flyer.....	10
Holiday Valley flyer.....	11
Trip Application.....	12

February Speaker:

Nancy Piltch will talk about cross-country skiing with blind skiers.



President's Message...

The new year has gotten off to a great start with a good trip on January 4th to HoliMont lead by brewmeisters Joe Gruden and Joe Roche. Thanks go out to both of them. Next was a fabulous trip to Holiday Valley on January 18th that took two full buses of skiers! It's been awhile since we've taken two bus loads of skiers on a one day trip. I want to thank trip leaders Dianna Hosta-Stickney and Linda Elonen-Wright for doing a terrific job handling all the additional logistics for this trip. Unfortunately, Linda came down with an illness the night before the trip and was unable to go. Kudos also to Alpine V.P., Tom Vannuyen, for helping out by making phone calls to club members encouraging them to sign up for the trip. His efforts paid off!!

Even with the two buses on the Holiday Valley trip, people were still turned away. So get your money in early if you are even thinking of going on a trip.

The trip to Summit County, Colorado, will be under way as you are reading this; it sold out early and took extra people. The same happened for the Winterpark trip taking place the first week of March. We still have three trips with openings this year; a trip to Ski Denton, and one more each to HoliMont and Holiday Valley. I strongly urge you to make your plans and get signed up now.

We'll be looking to set up a Nominating Committee and a Constitution Review Committee at the next meeting, so if you are at all interested in helping out with the club, these are good chances. The Nominating Committee will be looking for a slate of officers for the elections of the April meeting. We'll need candidates for most of the elected offices. Remember, we are a volunteer organization. The club can't function without your help.

Thanks to Social Committee chair, Kathleen Moran, we've had a great lineup of speakers for the meetings this fall and early winter. Next up will be Nancy Piltch will be talking cross-country skiing with blind skiers. So be sure to come to the meeting to hear about her fascinating experiences.

See you at the meeting and on the slopes!

Gene

Officers of Lewis Ski Club

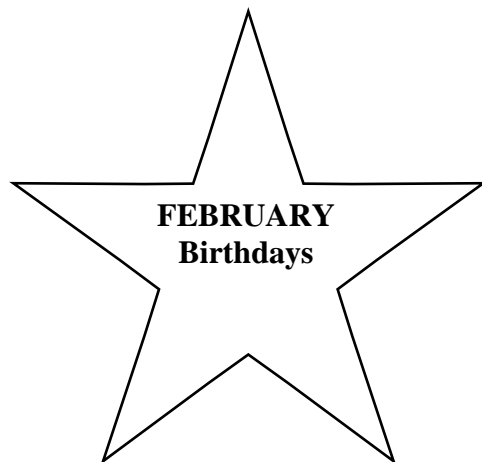
SKI CLUB OFFICERS

President: Gene Addy (216-977-7467)
Alpine Vice President: Tom Vannuyen (216-433-3851)
Nordic Vice President: Nancy Piltch (npiltch@earthlink.net)
Activity Vice President: Therese Telzrow (216-226-6013)
Recorder: Janet Dubas (216-741-3161)
Publicity Director: Cheryl Alden (440-582-2174)
Treasurer: Tom Jones (216-433-3718)

COMMITTEE CHAIRS

CMSC Rep: Renee Harrington (216-522-2931)
Refreshment: Tom Jones (216-433-3718)
Sunshine: Colin Bidwell (216-433-3947)
Social: Kathleen Moran (grossman@cox.net)
Racing: Mark Hyatt (216-433-3248)
Membership: Lisa Ferenc (216-433-6592)
Web Curator: Linda Elonen-Wright (216-433-9370)
Alternate Web Curator: Lisa Lambert (Lisa.Lambert@nasa.gov)
Trip: Annie Easley (440-816-1215)

TRUSTEES: Annie Easley (440-816-1215), Linda Elonen-Wright (216-433-9370) & Mike Kaltenstein (330-483-4841)



Rie Matsuura	Feb 2	Beth Skalak	Feb 11
Corey Varga	Feb 4	Mary Vedda	Feb 12
Paul Tabar	Feb 5	Russell Bombik	Feb 14
Kim Darvsz	Feb 7	Elizabeth Grossman	Feb 19
Mark Stevens	Feb 7	Don Ginley	Feb 21
David Vannuyen	Feb 9	Phyllis Tarkany	Feb 24
Ron Sveda	Feb 10	Jim Perzel	Feb 27
Lori Haag	Feb 11		

Nordic Outing

Join us for a **Nordic social ski outing** at **Chapin Forest** on **Saturday, February 16, at 10 AM**. We will **meet at Pine Lodge at the Hobart Road entrance**. **Rentals are available**. This will be a casual ski, and we will ski the pace of the slowest skier. No one gets lost or dropped.

Contact Nancy Piltch at npiltch@earthlink.net for more info.

SKI TRIPS for 2008



Feb 1	Friday	Seven Springs	Lisa Ferenc	216-433-6592	lisa.m.ferenc@nasa.gov
			Tom Jones	216-433-3718	thomas.a.jones@grc.nasa.gov
Feb 2 - 9	Week	Ski Summit, CO	Tom Vannuyen	216-433-3851	thomas.vannuyen-1@nasa.gov
			Paul Solano	216-433-6518	paul.solano@nasa.gov
Feb 19	Tuesday	Ski Denton, PA***	Bruce Frankenfield	216-433-6456	bruce.j.frankenfield@nasa.gov
			Nancy Piltch		npiltch@earthlink.net
Feb 29	Friday	Holimont	Gene Addy	216-977-7467	gene.addy@nasa.gov
			Cheryl Alden	440-582-2174	skier117@juno.com
Mar 2 - 9	Week	Winter Park, CO	Jim Slifka	440-232-3331	djslif@sbcglobal.net
			Judy Traxler	330-483-4455	jatraxler@aol.com
Mar 14	Friday	Holiday Valley	Emil Bagi	440-892-1790	RWMItdl@aol.com
			Annie Easley	440-816-1215	ajeasl@sbcglobal.net

*** Ski Denton is also a Cross Country Trip

Off-Snow Activities

If you'd like to volunteer your ideas or to lead an activity, call me at 216.226.6013. Therese Telzrow.

Cleveland Museum of Art – in University Circle at 11150 East Boulevard, Cleveland, Ohio 44106 Box office tel #216-421-7350 or 1-888-CMA-0033. Visit the “**Arms + Armor from Imperial Austria**” exhibit on **Sunday February 24th at 1pm**. Meet in the lobby by the concierge desk. Afterwards we will go to the **Barking Spider** to listen to some jazz music and possibly dinner afterwards. Please call Kathy Schaefer at 216.381.9719 for further details.

Nordic News

by Nancy Piltch

Join us on the **Ski Denton trip February 19!** See the details in the flyer on page 9. If you plan to come as a Nordic skier, please let me or Bruce know so we can provide enough trail maps. A note on your trip application will be fine, or contact me at npiltch@earthlink.net.

Here at home, we'll do a **social ski outing at Chapin Forest on Saturday, February 16, at 10 AM**. We will **meet at Pine Lodge at the Hobart Road entrance**. **Rentals** are available. This will be a casual ski, and we will ski the pace of the slowest skier. No one gets lost or dropped.

Lake Metroparks and the Ohio Nordic Ski Club have a **Tuesday night sprint series at Chapin Forest**. See <http://www.ohionordic.org/> for details, and check the forum site <http://www.ohionordic.org/forum/> for weather and race format updates.

The **Nordic Flurry ski races were held January 27**. Club members Jim Wright and daughter Gwen raced, as did former club member Nancy O'Bryan. If others were there, I missed you.

The **Ohio Council for the Blind** had their **cross country weekend at Punderson on January 19 and 20**. Long-time volunteer and former ski club member Roger Meredith was there both days, and I was there on Saturday. We had an enthusiastic group of skiers skiing on very marginal conditions on Saturday. Sunday had more snow, but very cold temperatures and Roger said most chose to hike rather than ski. I'll give more details at the February club meeting. Come on out and volunteer next year!

Tele skiers -- there will be a **Tele Fest at Ski Denton on Saturday and Sunday, February 23 and 24**. There will be competitions and giveaways, glade skiing, demos, and free telemark clinics.

The biggest event of them all, the **American Birkebeiner**, will be held on **Feb 23**, with related events starting Feb 21. <http://www.birkie.com/?page=1036>

Another big event is the **Canadian Ski Marathon, February 9 – 10**.
<http://www.csm-mcs.com/index2.html>

For long distance skiers, the last remaining section of the **Catamount Trail in Vermont** opened in the fall of 2007. This long distance (approximately 300 mile) trail is now complete, allowing skiers and snowshoers to **traverse the length of Vermont**.
<http://www.catamounttrail.org/abouttrail/>

Racer	Class	Race / Event					
		Holiday Valley GS	Holiday Valley Slalom	Bristol Mtn GS	Bristol Mtn Slalom	PeeknPeak Slalom	Cockaigne GS Duals
		Place/Points					
Barb Cool	AVW	8 / 4	4 / 12	7 / 5	DQ	DQ	11 / 3
Denise Ginley	AW			4 / 9			
Bruce Frankenfield	BVM	5 / 11	5 / 11	1 / 25	4 / 12		
Denise Ginley	BW	1 / 25					
Lisa Lambert	BW	4 / 10	2 / 20	1 / 25	1 / 25	4 / 11	5 / 11
Mark Hyatt	BM			1 / 25	2 / 20	2 / 20	1 / 25
Therese Telzrow	CCVW	2 / 20	2 / 20	2 / 20	1 / 25	2 / 20	2 / 20
Elise Frankenfield	CCVW	5 / 8	DQ	3 / 15	3 / 15		
Cheryl Alden	CCW					1 / 25	1 / 25
Don Ginely	CSB	DNS					
Bruce Frankenfield	CSB	1 / 25		2 / 20			
Mark Hyatt	CSB			6 / 8		3 / 15	4 / 12
Team Total Points		103	63	152	97	91	96

Alpine Racing News

As you can see from the results table, the NASA Alpine Race Team is off to a blazing start in 2008, even if Mother Nature tried to put a damper on us by causing the Kissing Bridge race to be cancelled. We've brought home hardware (1st, 2nd, or 3rd place finish) in 22 out of 40 races. We'll do the Sports Center edition and cover just the highlights here. Don and Denise Ginley, and Bruce Frankenfield came out to qualify at Boston Mills on January 2. Denise came to the first race at Holiday Valley, walked away with a first place in BW, and was re-evaluated right into AW. She followed that with a fourth place finish in her next race at Bristol. Way to go, Denise! A speedy recovery to Don, who injured his shoulder at the qualifier. Bruce, Lisa, Mark, and Therese have all notched early season wins in their respective classes. Bruce has earned wins skiing and boarding! Therese is putting on quite a season in CCVW, having yet to finish lower than Second Place. Cheryl Alden came to Peek n' Peak / Cockaigne off a week-long trip to Utah. All the powder training and NASTAR must have paid off as she won both races, earning strikes each time, and will now race in BW. Congratulations Cheryl, and Lisa says "Bring It"! On the team front, we set a record at the Bristol GS. With nine racers competing to earn 152 total points, NASA finished second in Division II, and third overall. Our best team result ever! We're 1-1 in chug-off tie breakers, too. Lisa brought home the second place medal for a tie in BW, gamely facing Heidi R. at the Bristol slalom. Mark defended the team honor at Cockaigne by putting away the Erie Shores race chair to break a tie in team points. Many of our racers will be missing the next three events, to go out to Breckenridge with the Club, but we'll be primed and ready for Combined at the end of February!

Holiday Valley Trip Recap

by Dianna Hosta-Stickney

We had 85 on the trip -- WOW we had two buses of NASA Lewis skiers! The weather was ideal and no lift lines to speak of. It was so great to see all of the red leg bands, it seemed like every other person was one of us! We needed an extra, extra wide lens for the photo at the top of Mardi Gras. Many of us had a great opportunity to share lunch at the lodge and warm up as the temperature outside started to drop for our afternoon skiing. There was no lack of finding someone to ski with: our trip had seasoned skiers and beginner skiers, it was all about having fun and that we did. On the drive home, the bus I was on had many closed eyes until our safe arrival back home.



Victoria showed a few of us that the sweetest powder lies on the closed runs.

February

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Seven Springs	2
3	4	5 BW-3 5 pm	6	7	8	9
10	11	12	13	14	15	16 Nordic Outing See pg. 3 & 4
17	18	19 Ski Denton Alpine & Nordic Opportunities	20	21	22	23
24 Cleveland Art Museum See pg. 4	25	26	27	28	29 HoliMont	



2008 Adult Race Schedule

DATES	EVENTS	VENUE	SNOWBOARD
Sun Feb 3	Slalom	Boston Mills	Yes
Sat Feb 9	Giant Slalom	Swain	Yes
Sun Feb 10	Slalom	Swain	
Sat Feb 23	Super-G, Giant Slalom	Bristol Mt.	
Sun Feb 24	Slalom	Bristol Mt.	
Sat Mar 1	Dual Slalom	Holiday Valley	Yes
Sat Mar 8	Dual Giant Slalom	Swain	Yes
Sun Mar 9	Open Eliminations	Swain	

**** More information is available at www.skicleveland.com.



Friday, FEBRUARY 1, 2008

PRICE (lift ticket and bus): \$57.00

Ski area description: Seven Springs is located East of Pittsburgh, PA. With 275 acres of both gentle and steep terrain with 750 vertical feet, Seven Springs provides a variety of terrain for both skiing and snowboarding. Also available are shopping, snow tubing, hot tubs and more. For additional information about Seven Springs, go to <http://www.7springs.com>.

Package includes: Round-trip transportation from Cleveland to Seven Springs and lift ticket (good until 7:00pm). We will also provide breakfast snacks and juice on the bus. If you need to rent equipment or desire lessons, there are additional charges at the rates shown below. Lunch and dinner are on your own.

Itinerary:

6:00 AM Leave NASA DEB Parking Lot (North Side of Brookpark Rd.)
6:30 AM East Side Pickup- Hilton Garden Inn (8971 Wilcox Drive, Twinsburg, OH)
9:30 AM Arrive at Seven Springs
6:30 PM Bus Leaves for Cleveland
9:30 PM East Side Drop off
10:00 PM Bus Arrives at NASA

Rentals

Skis/Boots/Poles \$13.00
Snowboard/Boots \$23.00

Group Lessons 2 hr

Ski /Snowboard 10.00
Hot Tub Rental available, \$7.00/1/2 hour

SnowTubing Rates

\$12.00/2 hours

THE FINE PRINT:

- **Membership in Lewis Ski Club, Inc. is Required**
- Reservations are 1st-come, 1st-served with payment in full. (Please make checks payable to "**Lewis Ski Club, Inc.**")
- No refunds will be made for your bus seat, unless your spot is filled.
- **Minors traveling without a parent must have a release form signed by a parent or legal guardian and be accompanied by an adult.**
- Every skier must sign a trip agreement form. Please download from website: www.lewisskiclub.org.
- No smoking on bus

Trip coordinator: **Lisa Ferenc/Tom Jones**
MS 49-5 or MS 501-2

NASA
21000 Brookpark Road
Cleveland, OH 44135
(216) 433-6592 or 433-3718

Ski Denton



Tuesday, February 19, 2008 (the day after President's Day)

PRICE (lift ticket, brunch and bus) \$59.00

Are your same New York ski destinations getting old?
Is it time to try a new ski destination?

Trip includes Brunch stop at [Sprague's Maple Farms Pancake House!](#)

Ski area description. The Ski Denton is located near Coudersport, Pennsylvania (county population of 18,000), about 15 miles south of the New York border and in the heart of Northern Pennsylvania's heavy snow country.

Ski Denton is best known for its "park like" setting and uncrowded slopes; in fact the ski resort is actually a PA state park.

Ski Denton is similar in size and character to New York's Swain Ski Center, with a vertical drop of 650 feet.

Ski Denton allows both skiing and snowboarding on a variety of trails, from gentle beginner slopes, to trails that are advertised as the "Steepest in the East." Ski Denton has a full service dining lodge, ski/rental shop and ski school.

- Excellent nordic skiing opportunities available at adjacent Susquehannock Trail System.
- Low cost opportunity to try snowboarding.

Package includes: Round-trip bus transportation from Cleveland to the Ski Denton, including a brunch stop at Sprague's Maple Farms near Olean, NY, and lift ticket, with skiing hours between 1pm-5:30pm. We will also provide post-skiing beverages on the bus. Ski rental is \$10 additional and snowboard rental is \$15 additional.

Itinerary:

6:30 AM - Leave NASA DEB parking Lot (North Side of Brookpark Rd.)

7:00 AM - East Side Pickup - Home Depot parking lot on Wilson Mills Rd., ½ mile west of I-271

10:00-11:30 AM - Stop at Sprague's Maple Farms Pancake House for brunch. (brunch cost included)

12:30 PM - Arrive at Ski Denton.

5:30 PM - Bus leaves Ski Denton for Cleveland.

10:00 PM - East Side Drop off

10:30 PM - Bus arrives at NASA

THE FINE PRINT:

* Membership in Lewis Ski Club, Inc is required.

* Reservations are 1st-come, 1st-served with payment in full. (Please make checks payable to "Lewis Ski Club, Inc.")

* No refunds will be made for your bus seat, unless your spot is filled.

* Minors traveling without a parent must have a release form signed by a parent or legal guardian and be accompanied by an adult.

* Every skier must sign a trip agreement form. Please download form from website [NASA Lewis Ski Club Home Page](#).

* No Smoking on the bus.

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Mail payment and Trip Application and Agreement form (last page of newsletter) to the Trip Coordinator:

Trip Coordinator: Bruce Frankenfield
1351 Giel Avenue
Lakewood, OH 44107

Bruce.J.Frankenfield@nasa.gov
Home phone: (216) 226-7148
Work phone: (216) 433-6456

Nancy Piltch – alternate
Home Phone: (440) 235-1236
npiltch@earthlink.net

<http://www.skidenton.com>

HoliMont II Ski Trip



Friday, Feb. 29, 2008

PRICE (lift ticket and bus): \$63.00

Membership Required (Bus only \$31)

Package includes: Round-trip transportation from Cleveland to HoliMont including an evening trip to Ellicottville, where you are on your own for dinner. We will also provide breakfast snacks on the bus.

Itinerary:

6:00 AM Leave NASA DEB Parking Lot (North side of Brookpark Rd)

6:30 AM East Side Pickup – Home Depot parking lot on Wilson Mills Rd, 1/2 mile west of I-271.

DO NOT PARK AT DENNY'S

10:00 AM Arrive at HoliMont Ski Area

4:45 PM Bus leaves for Ellicottville for dinner (\$\$ of dinner not included)

7:00 PM Bus Leaves for Cleveland

10:30 PM East Side Drop-off

11:00 PM Bus Arrives at NASA

Trip Application

Club membership is required: New members: single \$10 / family \$15

Name: _____ Phone w/area code : (H) (____) _____

Address : _____ (W) (____) _____

_____ Email _____

In case of an emergency, contact:

Name _____ Phone: (____) _____

Lewis Ski Club Member? Yes / No If no, then please add membership fee* _____

Bus Pickup East / West (circle one)

If west side pickup- your license plate # is needed for NASA security _____

Total Payment \$ _____

Reservations are 1st-come, 1st-served with payment in full.

(Please make checks payable to "Lewis Ski Club, Inc.")

No refunds will be made for your bus seat, unless your spot is filled.

Every skier must sign a trip agreement form.

Please download from the website: www.lewisskiclub.org

Minors without parent must have a release form signed by a parent or legal guardian and be accompanied by an adult. Participants less than 18 years old as of the date of the trip are considered minors.

NO smoking on the bus

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Mail payment to Trip coordinators :

Gene Addy
325 Rowan Dr.
Berea, OH 44017
216-977-7467
Gene.Addy@nasa.gov

Cheryl Alden
11922 Harbour Light Dr.
North Royalton, OH 44133
440-582-2174
skier117@att.net (better to email)



Holiday Valley Ski Trip 2

Friday, March 14, 2008



This bus trip is brought to you by the Lewis Ski Club, Inc.
www.lewisskiclub.org

PRICE (lift ticket and bus): \$63.00. Membership required

Package includes: Round-trip transportation from Cleveland to Holiday Valley including an evening trip to Ellicottville, where you are on your own for dinner. We will also provide breakfast snacks on the bus.

Itinerary:

- 6:00 AM Leave NASA DEB Parking Lot (North side of Brookpark Rd)
- 6:30 AM East Side Pickup – Home Depot parking lot on Wilson Mills Rd, 1/2 mile west of I-271.
- 10:00 AM Arrive at Holiday Valley
- 4:45 PM Bus leaves for Ellicottville for dinner (\$\$ of dinner *not* included)
- 7:00 PM Bus Leaves for Cleveland
- 10:30 PM East Side Drop-off
- 11:00 PM Bus Arrives at NASA

Trip Application

Name: _____

In case of an emergency, contact:

Address: _____

Name: _____

Phone w/area code:

Phone w/area code: (H) _____

(W) _____

Email _____

Lewis Ski Club member? Yes / No **If no, then please add membership fee***
Club membership is required: New members: single \$10 / family \$15

Bus Pickup **East** **West** **(circle one)**

If west side pickup- your license plate # is needed for NASA security _____

Rentals and Lessons available. Call for details.

Total Payment \$ _____

- * Reservations are 1st-come, 1st-served with **payment in full**. (Please make checks payable to "Lewis Ski Club, Inc.")
- No refunds will be made for your bus seat, unless your spot is filled.
 - Every skier must sign a trip agreement form. Please download from the website: www.lewisskiclub.org
 - Minors without parent must have a release form signed by a parent or legal guardian and be accompanied by an adult. Participants less than 18 years old as of the date of the trip are considered minors.
 - NO smoking on the bus

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Mail payment to **Trip coordinators:**

Emil Bagi
30660 Royal Woods PL.
Westlake, OH 44145
Ph: 440-892-1790
Email: RWMItd1@aol.com

Annie Easley
23215 Wainwright Terrace
Olmsted Falls, OH 44138
440-816-1215
Email: ajeasl@sbcglobal.net

NASA Lewis Ski Club Trip Application and Agreement

***** MORE TRIP AGREEMENT FORMS AND THE MINOR RELEASE FORM ARE AVAILABLE AT www.lewisskiclub.org. Click on "Club Info" & then "Guides & Forms."**

The undersigned participant applies to participate in the Lewis Ski Club trip described below, subject to the following terms and conditions:

1. **DEPOSIT** Advance trip deposits will vary from trip to trip. The required deposit for this trip is \$_____, and must be paid and submitted along with a signed Application and Agreement. Balance shall be due and payable in accordance with payment schedules established by Lewis Ski Club.
2. **WITHDRAWAL & CHANGE** Lewis Ski Club may withdraw any trip from its schedule at any time; may refuse to accept or retain any person as a participant at any time for any reason; and may change the itinerary at any time.
3. **RESPONSIBILITY** Lewis Ski Club is acting gratuitously for the applicant and shall not be responsible or liable for any loss of damage to baggage, property, or for any loss, injury, death, accident, delay, inconvenience or any other loss occurring during or occasioned by applicant's participation or lack of participation in any trip.
4. **PASSPORT/PROOF OF CITIZENSHIP** For trips out of the USA, participants are responsible for having up to date and valid passport, visas and proof of identification and citizenship.
5. **MINORS** Any minor's participant Application and Agreement must be co-signed by his/her parent or legal guardian. The minor must be accompanied on the trip by a parent or legal guardian or their designee who shall be wholly and fully responsible for said minor's conduct and well being.
6. **PAYMENT** All payment checks shall be payable to "Lewis Ski Club".
7. **CANCELLATION & REFUND** Cancellation by participant means and includes: (a) failure to abide by the terms of this agreement; (b) notice by participant of intent to cancel; (c) participant's failure to make timely payments; (d) participant's failure for any reason to meet departure or return of the trip.

Trip: _____
Deposit/Cost\$ _____

In case of emergency contact:

Applicant Name: _____
Address: _____

Name _____

Phone _____

Telephone number: (H) _____
(W) _____

Email: _____

(Circle appropriate responses)

Lewis Ski Club Member? Y/N (membership required)

West Side Pickup (NASA Parking Lot on N. side of Brookpark Rd)? Y/N

East Side Pickup (Depot parking lot on Wilson Mills Rd., 1/2 mile West of I-271)? Y/N

"No Smoking on the Bus"



I have read and agree to all the terms of this Agreement, and waiver of liability, as of this date.

Signed in agreement: _____ Date: _____