

NASA Lewis Ski Club

Naski Tips

May 2007



SNOWBIRD, UTAH
(Park City Trip - Story on page 8)

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**THERE IS NO BW- 3
MEETING IN MAY !!**

Next Meeting: Tuesday, June 5
BW-3 Rocky River
20412 Center Ridge Rd.
440-356-7325
5pm: Happy Hour
6pm: Meeting
Next Board Meeting: May 22



Well as you probably know by now ski season is over. It wasn't my best year but I did ski about 8 days out west and 2.5 days in the east, some of that in powder so I am claiming success. I spent about 2 weeks in April driving around Colorado, Wyoming and Montana with my brothers looking for the perfect storm. After 5500 miles of driving around the Rockies looking for a couple of feet of fresh powder I returned home on Easter Sunday to find 20 inches of wet snow in my driveway. It took me 2 ½ hours to shovel enough to get my car in the drive. Yee haw! I hope everyone's ski season was at least as good as mine.

Well if you missed the election you probably don't know that we have a new president and some other changes on the Board. Gene Addy was elected by a landslide as the new NASA Ski Club president. Tom Vannuyen is the new VP of alpine while Mike Kaltenstein continues his move up the ladder in his new role as trustee. Therese Telzrow has also been elected as our new VP of activities and she has a nice list of summer activities in the works (well except for the horseshoes). I don't have a job now but you'll always find me where there are free wings and cheap beer.

I didn't see too many of you down at the Banff Film Festival but they had another great selection of movies and big crowds this year. The movies were shown in the Allen theater which is my new favorite theater downtown. You definitely have to put this event on your calendar for April next year.

We don't have a meeting scheduled in May so you have time do some spring cleaning and to store your skis properly. Remember to contact Annie Easley if you want to attend the Ski Travel Show in May. We also have our annual picnic later in the summer which is tons of fun. Keep reading your emails and newsletters for information on the exciting things Therese has planned for us this summer. Well that is all. Happy Trails until we meet again!

The soon to be Ex-El-Presidente

Officers of Lewis Ski Club

SKI CLUB OFFICERS

President: Gene Addy (216-977-7467)
Alpine Vice President: Tom Vannuyen
Nordic Vice President: Nancy Piltch
Activity Vice President: Therese Telzrow
Recorder: Janet Dubas (216-741-3161)
Publicity Director: Cheryl Alden (440-582-2174)
Treasurer: Tom Jones (216-433-3718)

COMMITTEE CHAIRS

CMSC Rep: Renee Harrington
Refreshment: Tom Jones (216-433-3718)
Sunshine:
Social:
Racing: Mark Hyatt (216-433-3248)
Membership: Lisa Ferenc (216-433-6592)
Web Curator: Linda Elonen-Wright (216-433-9370)
Trip: Annie Easley (440-816-1215)

TRUSTEES: Annie Easley (440-816-1215), Linda Elonen-Wright (216-433-9370) & Mike Kaltenstein (330-483-4841)



Evelyn Bible	May 1	Brian Day	May 17
Janet Dubas	May 2	Gary Norton	May 17
Brian O'Donnell	May 2	Abby Guzauskas	May 20
Robert Tamer	May 2	Charles Marchant	May 20
Don Kanta	May 3	Jan Neumann	May 20
Therese Telzrow	May 3	David Root	May 21
Janice Shook	May 7	John Zoldi	May 23
Sue L'Hommedieu	May 8	Rose Dlubac	May 24
Bernice Poduch	May 8	Deb Firtha	May 24
Paula Forma-Paslawski	May 9	Julia Reveley	May 24
Mike Stratis	May 10	Siegfried Dreger	May 27
John Ballasch	May 11	Loretta Chernesky	May 28
Lily Palisin	May 11	Warren Knipple	May 28
Lisa Ferenc	May 12	Rosemary Witttrup	May 30
Liz Vannuyen	May 13		

Ski Club Officers for 2007 - 2008

President:	Gene Addy
Alpine V.P.:	Tom Vannuyen
Nordic V.P.:	Nancy Piltch
Activities V.P.:	Therese Telzrow
Recorder:	Janet Dubas
Publicity Director:	Cheryl Alden
Treasurer:	Tom Jones
Trustees:	Annie Easley, Linda Elonen-Wright, Mike Kaltenstein

CLEVELAND TRAVEL SHOW

Saturday May 12, 2007

Marriott Hotel Cleveland Airport

W150th and I-71

Trip Leaders Workshop 10:00AM - 11:00AM

Show Hours 11:00AM - 2:00PM

Party and Prizes 2:00PM

Show sponsor requests one registration form per ski club. If you plan to attend please contact Annie Easley to register with the NASA Lewis Ski Club.

email: ajeasl@sbcglobal.net

phone: 440-816-1215

Deadline to register with ski club is May 8, 2007

SUMMER ACTIVITIES

As your new Activities Vice President, I'm excited to bring you all sorts of activities whether they are cultural, social, physical, or just plain fun! I'd like your help and input so I've planned a brainstorming session (details below). If you can't make it and would like to volunteer for these and any other activities please feel free to contact me, Therese Telzrow, at 216.226.6013. Here are just a few confirmed and proposed activities:

SUMMER ACTIVITY BRAINSTORMING SESSION - Meet at Lakewood Winking Lizard 14018 Detroit Rd @ Bunts and Detroit. Bring your ideas for activities, **Friday, May 11th at 7pm**. Contact Therese Telzrow at 216.226.6013.

MONET IN NORMANDY @ the Cleveland Museum of Art, 11150 East Blvd at University Circle. \$15 admission. **Sunday, May 13th at 1pm**. Carpooling suggested. Contact Therese Telzrow @ 216.226.6013.

FULL MOON HIKE in the Cuyahoga Valley National Park (CVNP) - 6 mile hike on the CVNP towpath. There are some hills so wear hiking boots or comfortable shoes and bring water. You may also wish to bring a flashlight. Meet at the Station Road Bridge Parking lot off RT 82 and Riverview (near the end of Brecksville Reservation). **Friday, June 1st at 7pm**. Contact Bernadette Kan @ 440.838.1973.

ROLLERBLADING IN THE CLEVELAND METRO PARKS - Every other Thursday starting **June 7th at 6pm**. Alternate locations between Eddy's Boat Dock Parking Lot (in the Rocky River Reservation by the Detroit Road, Lakewood entrance) and Mill Stream Run Reservation at Bonnie Park in Strongsville. We'll start at Eddy's Boat Dock parking lot on June 7, then at Bonnie Park on June 14th. Contact Kathleen Moran at 440.333.6089.

WINE TASTING - Jerry's Wine Center, 9182 Broadview Rd at Rt 82 and Broadview Road in Broadview Hts. Light appetizers served. \$5-\$10 depending on the wine samples offered. Dinner afterward at a nearby restaurant. **Friday, June 15th at 6pm**. Contact Jan Neumann @ janetteburton@sbcglobal.net.

BIKE RIDE BREW TOUR - Meet at Bonnie Park in the Mill Stream Run Reservation in Strongsville. Ride to Cornerstone Brewery in Berea and then to Brew Kettle for dinner afterwards. **Friday, June 29th at 6pm**. Contact Jan Neumann @ janetteburton@sbcglobal.net

ANNUAL PICNIC - Tuesday, August 7 at the W.J. Green Lodge in the Metroparks

ART WALK - Date, Time, and Place to be determined (TBD). Choose between popular art walks in Tremont or Little Italy. Dinner afterwards. Contact Therese Telzrow at 216.226.6013 for your input and suggestions.

KAYAKING - Date, time and place TBD. Contact Karen Wilson @ Kwilson@metrohealth.org.

HORSESHOES - Whether you are interested in playing a few times or to set up a league with a final tournament at our August Picnic contact Karen Wilson @ Kwilson@metrohealth.org

HORSEBACK RIDING - Contact Kathleen Moran at 440.333.6089 if you are interested. The date and time can be determined by those who respond.

CLEVELAND INDIANS GAMES - Discount tickets available for the Saturday, May 19th, Friday July 27th, Saturday July 28th and Sunday July 29th games. Contact Therese Corrigan at 440.895.1179 for details.

GEAUGA LAKE & WILD WATER KINGDOM - Discount tickets available for June 23rd and June 24th. Contact Therese Corrigan at 440.895.1179 for details.

EXPLORE PRESQUE ISLE - Explore Presque Isle Park in Erie, PA by bike, kayak or hiking based on member interest. Details to be determined based on your response. Optional overnight stay. Contact Lori Haller at 440.979.0216 or lorihaller@yahoo.com.

MOHICAN RIVER TRIP - Details to be determined. Hiking, canoeing or kayaking Optional overnight stay. Contact Lori Haller at 440.979.0216 or lorihaller@yahoo.com.

DOG WALKS or BIKE RIDES In the Cleveland Metroparks. Dates and Times to be determined. Call Therese Telzrow at 216.226.6013 to volunteer or for your input and suggestions.

EXPLORE KELLY'S ISLAND - Look for details in the next newsletter. Proposed for a Saturday in early August. Contact Janette Neumann @ janetteburton@sbcglobal.net.

ICE SKATING - Get in shape for skiing! Early Fall. Contact Therese Telzrow at 216.226.6013. Date, time and location can be determined by those who are interested.

TRIP PLANNING SESSION

NASA Lewis Ski Club will have a trip planning session on Tuesday May 8, 2007. It will be at the 100th Bomb Group on Brookpark Road at 5:00PM. Attendees will meet in the Bar Area. Please email or call Annie Easley if you plan to attend.
ajeasl@sbcglobal.net
440-816-1215

SPEAKER and TOPICS FOR LEWIS SKI CLUB MEETINGS

September 4, 2007 - Get in Shape for Skiing - Exercise tips by fitness instructor (Proposed).

October 2, 2007 - Nutrition tips presented by dietician, Judy Zangmeister

November 6, 2007 - Ski Master, Rick Cunningham, presents Ski Techniques.

December 4, 2007 - White Elephant Christmas Gift Exchange.

January - Judy Gentner - Chiropractor

February or April - Trip Picture Presentation (Proposed)

May						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8 Trip Planning Session 100th Bomb Group 5 p.m.	9	10	11 Activity Brainstorming Session at Lakewood Winking Lizard 7 p.m.	12 Trip Leader's Workshop at Airport Marriott 10 a.m. to 3 p.m.
13 Monet In Normandy at Art Museum 1 p.m.	14	15	16	17	18	19
20	21	22 Board Meeting Frankie's 5:30 p.m.	23	24	25	26
27	28	29	30	31		

June						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Full Moon Hike Cuyahoga Valley 7 p.m.	2
3	4	5 BW- 3 Meeting 6 p.m.	6	7 Rollerblading Eddy's Boat Dock 6 p.m.	8	9
10	11	12	13	14 Rollerblading Bonnie Park 6 p.m.	15 Wine Tasting Jerry's Wine Center 6 p.m.	16
17	18	19 Board Meeting Frankie's 5:30 p.m.	20	21 Rollerblading Eddy's Boat Dock 6 p.m.	22	23
24	25	26	27	28 Rollerblading Bonnie Park 6 p.m.	29 Bike Ride Brew Tour 6 p.m.	30

PARK CITY, UTAH REPORT

March 24 to 31

Co leaders: Jim Slifka / Judy Traxler

The trip to Park City, Utah was a near perfect spring ski trip! A little sun, a little fresh snow 8-20". Our accommodations at the Peaks Resort Hotel in Park City were a skiers delight. Down comforters, marvelous breakfast buffet, bus stop right in front of the hotel, terry cloth robes, complimentary fresh baked cookies and hot chocolate delivered daily to our rooms after a tough day on the slopes, and one of the biggest hot tubs I have ever been in! They even catered our wings/pizza/beer party, which everyone really enjoyed.

We skied Park City, Deer Valley, and The Canyons--loved them all. Our 6th day trip was an optional to Snowbird. What a magnificent day that was-- I was in awe of its rugged beauty! I am making a promise to myself to rent real powder skis the next time there is deep stuff. Those who did not ski enjoyed Park City shopping, or a visit to the 2002 Olympic Park. Ron Howard thought the Olympic Park was a great experience.

It was great to be traveling with so many families of skiers. Doug Grossman and Kathleen Moran had daughter Betsy and fiance Matt join us from Boston. Good friends of theirs, Deb O'Brien and husband Steve Smalley discovered and rediscovered a love of the sport of skiing. Steve had never been on skis before, but was cruising the blues by the end of the week. Deb had been off skis a number of years and wondered why! Jim, Diane and son Robert Slifka had a great time in the glades. Josef and son Aaron Baruta put some miles on their equipment this week--ripping down the mountain with Josef trying to keep up.

Bob and son David Kwiatkowski did the same, although probably not quite as fast! Judy Traxler and roommate Toni Horn, joined Paul and Mary Jo Blonski on the bumps at The Canyons with instructor Bill Downey for a "Bumps lesson". Mike Kaltenstein brought son Jim and grandson Jeffery out as a Christmas gift--What a great Dad/Grand-Dad! Mary Ellen Davis and Bob Denington enjoyed cruising all the resorts.

Len Abrams got a great deal on new equipment--something Martie Travis has been encouraging him to do for a number of years. We expect great things from him next year. Frank Boldizar was a pleasure to ski with --and a special thanks for him finding the little inexpensive yet wonderful restaurant "Teriyak" for us.

Having Sue Ma on the trip guaranteed a wild and crazy ski experience story and her roommate Barb Baldizzi found the "perfect" skis at the perfect price. She drives a hard bargain.

A special thanks to our Boston Mills/ Brandywine instructors (both old and new), Mike Kaltenstein, Bill Downey, Frank Boldizar, and Kathleen Moran. All were gracious in extending mini lessons to whomever they skied with, especially Bill Downey who took a number of us into the bumps on the last day--with an injured arm/shoulder from a NY ski trip. He later found out it was a fracture that made it hurt so much--

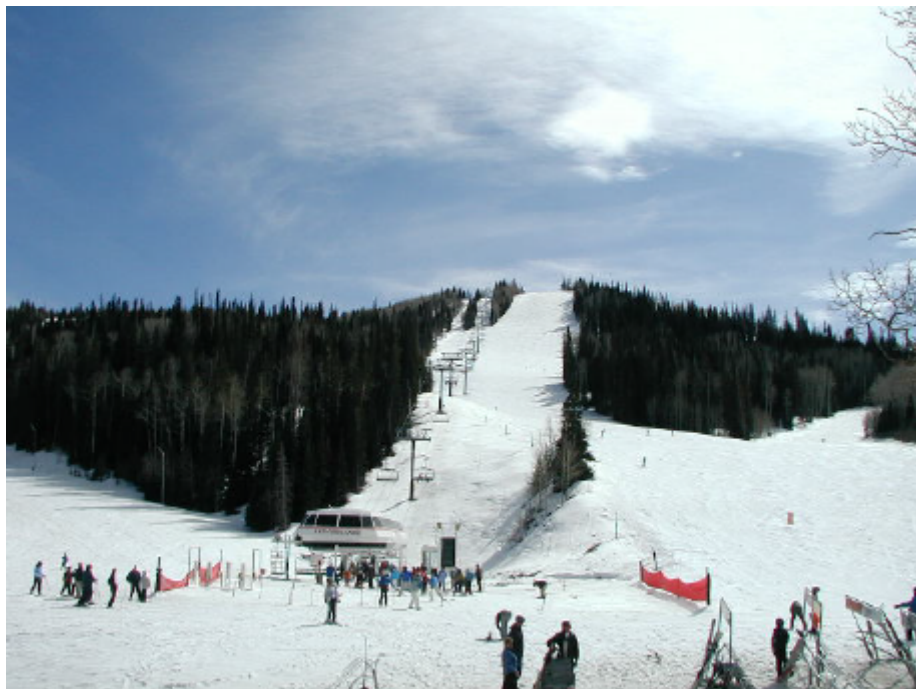
I am sure everyone would agree that Park City is a "Must Experience" for anyone who loves skiing out west. It also has it's culture, as attest by Johnnie Parson, who attended a play and enjoyed the fine dining the city had to offer.

We are both planning on going to the ski travel show in May to see what we can come up with for next year. I wish we could find another hotel that offered what the Peaks offered for our ski group. It was really a ski group friendly property. We are looking into Keystone, Copper or Winter Park, but anything is a go....Any feedback on these 3 would be appreciated.

Thinking snow,
Jim Slifka & Judy Traxler



Deer Valley



Park City