

NASA Lewis Ski Club

Naski Tips

July 2007



Next Meeting: Tuesday, August 7
Annual Picnic
W.J. Green Lodge in Metroparks
(flyer on page 5)
Next Board Meeting:
July 24

**There is no BW-3
meeting in July**

Inside:

President's Message.....	2
Birthdays.....	3
CMSC Notes.....	3
Winter Park, CO trip.....	3
Summit, CO trip.....	4
Picnic Flyer.....	5
Summer Activities.....	6
Bike/Brew Tour.....	8
Kelley's Island Trip.....	9
Full Moon Hike Recap.....	10
Rollerblading Recap.....	11
Wine Tasting Recap.....	11
Mohican Recap.....	12
July Calendar.....	13
August Calendar.....	14

CONGRATULATIONS to this
year's Ski Queen, **Barb Baldizzi !!!**



President's Message...

Summer is in full swing now and I am sure you are making the most of it. By nature, skiers are active people and that means active all-year round, not just when there is snow on the ground. Therese Telzrow, with help from more than a few members, has put together a great slate of activities for the summer. I urge you to take a look at the list of activities and sign up! I will be doing so as often as I can. The hike in the CVNP on June 1 was a good time and a good workout. Thanks, Bernadette!

I want to thank members Lisa Lambert, Kathleen Moran, and Colin Bidwell for stepping up at the last club meeting and filling the Alternate Web Curator, the Social Chair, and the Sunshine Chair, respectively. Their efforts will be greatly appreciated. As Alternate Web Curator, Lisa will be helping backup Linda Elonen-Wright with the club website; as Social Chair, Kathleen will be arranging programs for club meetings, and Colin will be keeping the club aware of significant events in member's lives and letting them know the club is thinking of them. If anyone knows of a member who is getting married, having a baby, has been injured, been in the hospital, or had a death in the family, etc. please let Colin know.

Don't forget the club picnic is coming up on Tuesday, August 7! Be sure to mark the date and get a ticket from me, Therese, Tom, or Annie. The phone numbers are on the flyer in this newsletter. Check it out!

Gene

Officers of Lewis Ski Club

SKI CLUB OFFICERS

President: Gene Addy (216-977-7467)
Alpine Vice President: Tom Vannuyen (216-433-3851)
Nordic Vice President: Nancy Piltch (npiltch@earthlink.net)
Activity Vice President: Therese Telzrow (216-226-6013)
Recorder: Janet Dubas (216-741-3161)
Publicity Director: Cheryl Alden (440-582-2174)
Treasurer: Tom Jones (216-433-3718)

COMMITTEE CHAIRS

CMSC Rep: Renee Harrington (216-522-2931)
Refreshment: Tom Jones (216-433-3718)
Sunshine: Kathleen Moran
Social: Colin Bidwell (216-433-3947)
Racing: Mark Hyatt (216-433-3248)
Membership: Lisa Ferenc (216-433-6592)
Web Curator: Linda Elonen-Wright (216-433-9370)
Alternate Web Curator: Lisa Lambert
Trip: Annie Easley (440-816-1215)

TRUSTEES: Annie Easley (440-816-1215), Linda Elonen-Wright (216-433-9370) & Mike Kaltenstein (330-483-4841)



Heidi Baltzly	Jul 2	Jim Wright	Jul 17
Margaret Proctor	Jul 3	Thomas Kan	Jul 21
Mark Chernesky	Jul 5	Evan Stevens	Jul 24
Dylan Rusek	Jul 9	Lien Vannuyen	Jul 24
Sandra Mills	Jul 11	Diane Slifka	Jul 26
Karin Wolford	Jul 11	Michele Clark	Jul 27
Minh Vannuyen	Jul 12	Tommy Palisin	Jul 27
Len Abrams	Jul 13	Rachel Meer	Jul 28
Therese Corrigan	Jul 13	Esther Romanowski	Jul 30
Joseph Ezerskis	Jul 13	Ron Howard	Jul 31
Stella Rusek	Jul 14	Steven Mainger	Jul 31
Lorraine Lipinski	Jul 16		

CMSC Notes:

The July meeting has been moved from July 5 to July 12...The 2007 Ski Queen Pageant will be November 3 at Ampol Hall... The National Ski Club Federation website is: NSKI.com - The user ID is SKICLUB and the password is MEMBERS...CMSC is sponsoring a trip to Whistler on March 15-22, 2008...CMSC is looking into running a trip to South America in 2008...The next Race Committee meeting is June 13. They are looking into class changes for 2008...CMSC is having a ski day at Boston Mills in early December – info to follow.

Renee Harrington

Winter Park, CO Trip

Greetings NASA-Lewis Ski Club Members,

We know you have just warmed up the golf clubs and are working on your summer tan, but Jim and I have been thinking about the WHITE STUFF and our next trip. We are excited to announce that we have chosen:

WINTER PARK, COLORADO

Think 359" avg. snowfall and 2762 ski-able acres! Just 1 1/2 hours from Denver.

Dates: **March 2nd thru March 9th, 2008**

We have opted for hotel accommodations (2-people, 2-queens) and have included a **full breakfast BUFFET** in the package.

Pricing and more info will be available shortly. We hope to see you all at the Ski Club Picnic!

Jim Slifka
Judy Traxler

Ski the Summit, CO trip

Fellow skiers and snowboarders,

It's hard to believe it's already July and is warm outside. We have so many summer activities with the Ski Club thanks to Therese Telzrow's efforts. However, the soft flakes of snow will be here before we know it. Therefore, we are already looking at our weeklong trip for next year 2008. Paul Solano and I (Tom Vannuyen) will be running a trip to:

Ski the Summit, CO

Date: **Saturday, Feb 2-9, 2008**

Resorts: (5 day lift ticket) 2 days at **Breckenridge**, 1 day at **Arapahoe Basin**, 1 day at **Keystone**, 1 day at **Vail**.

Lodging: 2 bedrooms, 2 baths condos at the Pine Ridge Condominium in Breckenridge (occupancy of 4 persons per unit)

Welcome Party

Pricing and more info will be available by the August newsletter and the August meeting Tues August 7, 2007 (Lewis ski club summer picnic at the WJ Green Lodge in the Cleveland Metro Parks). Hope to see you there!

Tom Vannuyen
Paul Solano

Lewis Ski Club

Summer Picnic 2007



Tuesday, August 7th, 2007

*W.J. Green Lodge in Cleveland Metroparks
[located off Parkway between South Quarry and Eastland]
5:00 - 10:00 pm [dinner served at 6:00]*

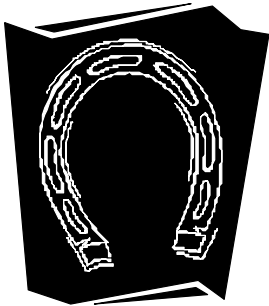
**Steak, Chicken or Veggie Burger
Potato, Corn on the Cob, Salad,
Desserts, Snacks,
Beer, Wine, Pop and Water**

You Can't Beat the Price!!

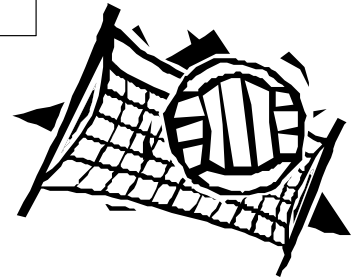
Club Members- \$10.

Guests- \$18.

Kids hotdog meal- \$3.



**We'll eat, have a short meeting,
play volleyball, throw horseshoes,
and socialize.**



Ticket Deadline is Friday, August 3, 2007

For tickets or more information, contact-

Gene Addy (216) 977-7467

Tom Jones (216) 433-3718

Annie Easley (440) 816-1215

Therese Telzrow (216) 226-6013

Summer Activities

Summer's in full swing. I hope you have plenty to do and if not, try attending one of our scheduled activities. If you'd like to suggest any activities or have questions, feel free to contact me, Therese Telzrow, at 216.226.6013.

Rollerblading in The Cleveland Metro Parks - Every other Thursday with alternate locations between Eddy's Boat Dock Parking Lot (in the Rocky River Reservation by the Detroit Road, Lakewood entrance) and Mill Stream Run Reservation at Bonnie Park in Strongsville. We'll be at Eddy's Boat Dock parking lot on July 5th, then at Bonnie Park on July 19th, and back at Eddy's on Aug 2nd. Contact Kathleen Moran at 440.333.6089.

Bike Rides in the Rocky River Reservation of the Cleveland Metro Parks - Every Monday beginning July 9th. Meet at the **Rocky River Nature Center** parking lot at 24000 Valley Parkway, North Olmsted. **Every Monday at 6:30 pm.** Contact Therese Telzrow at 216.226.6013

Towpath Trail Bike Ride - Saturday, July 7 at noon. Meet at Station Road Bridge (Brecksville Cuyahoga Valley train station), off of Riverview Road, slightly south of Chippewa Road (82). Bike towards Peninsula and eat at Winking Lizard for lunch. Contact Cheryl Alden (skier117@juno.com)

Lakewood Cliffs and Coves Kayak Tour - This sunset tour starts at the Emerald Necklace Marina in the Rocky River Reservation (Detroit Rd entrance in Lakewood) and is offered through 41 Degrees North Kayak. It is well suited for beginner kayakers (level 1). You must pre-pay in order to lock in your spot by going to their website @ www.kayak41north.com, click on Trips and Tours, then Schedule. Locate the July 12th tour and click it, then add to cart and check out. This tour sells out, so sign up now! There are 10 spots remaining as of this date. Cost \$35. If you can't register online, call 1-866-KAYAK-41. **Thursday July 12 from 6-9 pm.**

Bike Ride Brew Tour - Meet at Bonnie Park in the Mill Stream Run Reservation in Strongsville at 6pm. Hop on your bike and ride to Cornerstone Brewery in Berea to sample some good brews and light appetizers. Ride back to Bonnie Park. For those who wish continue the fun, drive to Brew Kettle for dinner after the ride. **Friday, July 20th at 6pm.** Contact Jan Neumann @ janetteburton@sbcglobal.net.

Cleveland Indians - Discount tickets available for the Friday **July 27th**, Saturday **July 28th** and Sunday **July 29th** games. Contact Therese Corrigan at 440.895.1179 for details.

Brecksville Sweet Corn Challenge Bicycle Ride - 10, 25 and 50 mile routes through and around the Cuyahoga Valley National Park. Start & finish for all routes is at Rt.303 and 176 in Richfield. Entertainment by House of Rhythm. Grilled chicken and corn on the cob lunch after the ride with sweet corn to take home. This ride may be challenging but it is well worth it! Pick up an entry form at any Eddy's Bike Shops or online at www.sweetcornride.com. **Sunday, July 29. Sign in from 8-9am.** Meet at the registration booth between 8:30 - 8:45 am. Contact Therese Telzrow @ 216.226.6013 for further details.

Annual Picnic at WJ Green Lodge in Metroparks Berea - Tuesday August 7th from 5 to 10pm, dinner at 6 pm. See the flyer on page 5. If you're interested in a Horseshoe Tournament at the picnic please contact Karen Wilson @ Kwilson@metrohealth.org

Tremont Art Walk - W. 14th and Starkweather, Cleveland, OH 44113 - Tremont Art Walks are held from 6:00 pm - 10:00 pm. Many galleries and studios that normally keep restricted hours are open for ArtWalk. There is usually music or other performance art. Tremont is rich in fine dining and pub life and we'll visit as many as we can! **Meet at The Southside, 2207 W. 11th at 7 pm. Friday August 10th.** Carpool suggested as parking is limited (possibly from DEB parking lot at 6:30 pm). Contact Therese Telzrow at 216.226.6013.

Explore Kelly's Island - . Saturday August 11th. See the flyer on page 9. Contact Jan Neumann @ janetteburton@sbcglobal.net.

Horseback Riding - Contact Kathleen Moran at 440.333.6089 if you are interested. The date and time will be determined by those who respond.

Bicycle Ride on the Cuyahoga Valley National Park (CVNP) Towpath - Enjoy the companionship of fellow NASA members and friends as you ride along the towpath with dinner afterwards at the Winking Lizard for dinner and cocktails. Meet at Lock 29 parking lot. **Saturday September 8th at 3 pm.** Contact Barb Cool at 440.781.8406.

Ice Skating - Get in shape for skiing! Early Fall. We can attend the regular sessions at Winterhurst and with enough interest, we may do a private session at one of the local rinks. Contact Therese Telzrow at 216.226.6013.

LEWIS SKI CLUB'S FIRST ANNUAL

BIKE/BREW TOUR

Join us on Friday, July 20th at 6 PM at Bonnie Park
(Mill Stream Run Reservation) in Strongsville.
Start a new tradition by participating in the debut ride



From the Pearl Rd. (Rt. 42) exit on I-71 head south to the intersection of Pearl and Albion Roads. Turn left on Albion and then right on Valley Parkway. Meet at the parking lot to the right off Valley Parkway. From there we will ride the parkway to Cornerstone Brewery in Berea and back to Bonnie Park. We will conclude with dinner and/or beer at The Brew Kettle at 8377 Pearl Road.

Contact Jan Neumann at janetteburton@sbcglobal.net to RSVP.

LEWIS SKI TRIP TO KELLEY'S ISLAND ON SATURDAY AUGUST 11



We'll meet at the NASA D.E.B. parking lot (north side of Brookpark Rd.) at 8 AM to carpool. We'll take the Kelley's Island Ferry to the island. Website: <http://www.kelleysislandferry.com/> On the island bike and golf cart rentals are available or bring your own bike.

Visit the beach, glacial grooves, hiking trails, shops, brewery, winery and more. See website at <http://www.kelleysisland.com/> We will take the ferry back in the evening (after dinner) around 7:30.

Ferry Rates (one way)

Adults: \$7

Children (6-11) \$3.50

Seniors: \$ 5

Bikes: \$3.50

Motorcycles: \$7

Contact Jan Neumann at janetteburton@sbcglobal.net to RSVP.



Full Moon Hike Recap

This is a huge thank you to the ski club hikers Gene, Suneeti, Cheryl, Matt, Janet, Lori, Jim, Steve, John (who we picked up right after we started), Therese, Laura Kan (with dog Jersey) and Janet Kan for a wonderful just-past Full Moon Hike! I'd like to thank my sister-in-law Janet, who graciously volunteered to be the "sweep". The hike was a huge success! We met at the Station Road parking lot. Foggy warm weather didn't stop us. The sunlight was beautiful streaming through the trees. Everything was so green! The storm had come through earlier in the day. Luckily it wasn't too muddy. We worked our way up the Buckeye Trail through to the Brecksville Metroparks Nature Center. The first half of the hike was hills, mostly up, and last half was hills, mostly down! The hike was a little over 5 miles. It was a great workout, and it was an enjoyable evening of socializing. I hope to do a Fall Hike so we can check out the leaves! Look for the posting in the newsletter if you are interested.

Bernadette Kan

Rollerblading Outings at Eddie's Boat Dock and Bonnie Park Recap

We've done two sessions of rollerblading so far; suffered a few scrapes and bruises here and there (ask Barb) and no broken bones...*I hope my finger's not broken, I hope my finger's not broken...ouch!...it hurts to type.*

On our first trip out at Eddie's, Barb, Mark and Therese C put in some distance while Kathleen, Rosemary. and I skated around the parking lot. We were joined by my brother Don and his family. My short track speed skating niece and nephew helped me along the path. And afterwards we stopped at the Sweetwater for dinner and ice cream.

The conditions are great at Bonnie Park both at the parking lot and along the trail. Pam, Kathleen and I enjoyed the perfect weather. I had an awesome lesson from Pam and actually made it out of the parking lot on to the path!

It's been quite an experience (for me). Rollerblading hasn't come easy but my confidence level is slowly rising. If you've been afraid to come out and skate, give it a try, I can keep you company. And for those of you who really like to log in the distance...you can go with Kathleen. We'll be at Eddie's on July 5th, Bonnie Park on July 19, and back at Eddie's on Aug 2nd. See the Activities list for more information.

Therese Telzrow

Winetasting at Jerry's Wine Center

On Friday, June 15th, fourteen of us gathered at Jerry's Wine Center in Broadview Hts. We tasted five wines from Estampa Winery in Chile while enjoying each other's conversation. Joe and Paul arrived on motorcycles and showed them to the group afterwards. Barb decided she wanted to take up biking as well. Then several of us walked across the parking lot to Cozumel's for Mexican food and drink. A good time was had by all.

Jan Neumann

Truly a Mohican Adventure

Saturday, June 23

The trip to explore Mohican Country started out, interestingly, with a group of four girls and a guy driving together for what is normally about a one and a half hour trip from Cleveland. Our first stop was 500 feet from our meeting place for coffee. About an hour into the trip, we hit a road block and decided to ask for directions and take a potty break. We munched on some bakery and bought more coffee. This small town had a biker event and we sauntered around the street looking at vintage and fancy motorcycles. We were in no hurry.

About two and a half hours after leaving Cleveland, we made it to Mohican Adventures where we rented four kayaks for a 7 mile, two hour paddle. We had some snacks in the parking lot before embarking - we were venturing out into unknown waters on a major expedition and wanted to be sure we were well fed. Once out on the river, we found the water was a bit low, but the weather was perfect! After about a half an hour of paddling, we were ready to eat and drink again and pulled over to a lovely spot by the river -- all that hard work and we were hungry and needing a break!

One of the newer paddlers doubted her paddling skills and lagged behind. I really became concerned after awhile, and upon closer inspection, noticed that part of her problem was that she was sinking -- the boat was looking a little Titanic-like with the back end sinking and the front pointing up a bit! We pulled over and found that some plugs were missing from the back of her boat! After pouring several gallons (and pounds) of water out of the boat, we were back on the water and everyone enjoyed the rest of the trip. Our two hour trip became a three hour trip with our stops.

We enjoyed a potluck picnic by the river after the paddle followed by a nice hike. We were back on the road again about five p.m. I think we ladies did a good job of keeping our conversation neutrally gendered, but I wonder what John thought about all the potty breaks! We chuckled about the sinking boat and one of our fellow paddlers asking, "Was that the Mohican River we were on?" I think we all really enjoyed our Mohican adventure. Hope you'll join me for the sequel another time....

Lori Haller



Barb Cool

July

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5 Rollerblading Eddy's Boat Dock 6 p.m.	6	7 Towpath Trail Bike Ride noon
8	9 Bike Ride 6:30 p.m.	10	11	12 Kayaking 6 to 9 p.m.	13	14
15	16 Bike Ride 6:30 p.m.	17	18	19 Rollerblading Bonnie Park 6 p.m.	20 Bike Ride Brew Tour 6 p.m.	21
22	23 Bike Ride 6:30 p.m.	24	25	26	27	28
29 Brecksville Bike Ride 9 a.m.	30 Bike Ride 6:30 p.m.	31				

<h1>August</h1>						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2 Rollerblading Eddy's Boat Dock 6 p.m.	3	4
5	6 Bike Ride 6:30 p.m.	7 Annual Picnic 5 to 10 p.m.	8	9	10 Tremont Art Walk	11 Kelley's Island
12	13 Bike Ride 6:30 p.m.	14	15	16 Rollerblading Bonnie Park 6 p.m.	17	18
19	20 Bike Ride 6:30 p.m.	21	22	23	24	25
26	27 Bike Ride 6:30 p.m.	28	29	30 Rollerblading Eddy's Boat Dock 6 p.m.	31	