NASA Lewis Ski Club Naski Tips

February 2007



Next Meeting: Tuesday, Feb. 6 BW-3 Rocky River 20412 Center Ridge Rd. 440-356-7325 5pm: Happy Hour 6pm: Meeting Next Board Meeting: Feb. 20

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It finally looks like winter has arrived. There's snow everywhere and the temperatures are in the 20's more than in the 50's. You have to be careful what you wish for sometimes. I just shoveled my walk for the 10th time in the last three days and my furnace never seems to shut off. Yee Haw!

Speaking of weather, I have just returned from a vacation South for the first time in 20 years. Usually this time of year I am out West or in Europe on some windy, snowy mountain face looking for a way down.

This year I joined some friends for a warm weather vacation. I went on my first ever cruise called the Rockboat VII. The cruise featured about 30 bands on 6 stages playing until 4 AM every night. It was like Woodstock on a boat, but without the mud and with plenty of fresh water and food. I was able to see and meet some of my favorite bands in some really small venues. The Clarks, Sister Hazel, Collective Soul, Better than Ezra and Ohio's own Oval Opus were all on board with for the five day cruise. Attached to the article is a photo with my good friends the Shurin Brothers and the lead guitarist for the Clarks. I had a great time and will probably make it an annual event.

Well enough about the Caribbean and sunny beaches and back to reality. We are now in the heart of the ski season and we have trips scheduled about every other week on Friday. The next trip scheduled is this Friday to Seven Springs (Feb. 2nd). We also have trips to Holimont and Holiday Valley coming up along with Cockaigne and a weekend trip to Bristol at the end of February. See the fliers in this newsletter for trip details and contacts and get out there and ski.

Our next ski club meeting is scheduled for next Tuesday (February 6th), so dig out of your Igloos and make your way to BW3 so you can enjoy a beer and sign up for one of our exciting trips. See you next week!

El Presidente

Officers of Lewis Ski Club

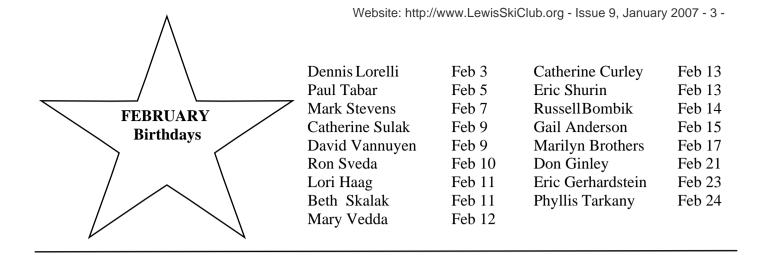
SKI CLUB OFFICERS

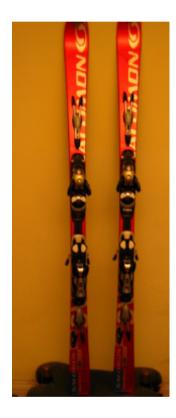
President: Colin Bidwell (216-433-3947) Alpine Vice President: Mike Kaltenstein (330-483-4841) Nordic Vice President: Nancy Piltch Activity Vice President: Barb Cool (440-781-8406) Recorder: Janet Dubas (216-741-3161) Publicity Director: Cheryl Alden (440-582-2174) Treasurer: Tom Jones (216-433-3718)

COMMITTEE CHAIRS

CMSC Rep: Renee Harrington Refreshment: Tom Jones (216-433-3718) Sunshine: Social: Racing: Mark Hyatt (216-433-3248) Membership: Lisa Ferenc (216-433-6592) Web Curator: Linda Elonen-Wright (216-433-9370) Trip: Annie Easley (440-816-1215)

TRUSTEES: Annie Easley (440-816-1215), Gene Addy (216-977-7467) & Linda Elonen-Wright (216-433-9370)





Racing Skis for Sale

Salomon 3V shape racing skis, 160cm, top of the line bindings on powerax platform. Couple of years old. Excellent condition.

\$250.00 Isay Krainsky 216-577-4232

SKI BOOTS FOR SALE

Rossignol Axium X Color: Black Size: 28.5 (mens 12) Bought in Mar '04 for \$239.00 Excellent condition, used 3 ski trips with ski club Asking: \$156.20 Bought new boots (kid still growing) CONTACT: Dave Elonen Ph: 330.637.7401

NORDIC NEWS

After a month and a half of rain, we finally got snow. The skiing has been good at Chapin and Girdled Road, even despite a warm day with drizzle.

The Nordic Flurry race took place January 28, with a 5K classic race, a 10 K freestyle, and a 2K Junior's race. Snow conditions were pretty good. Current and former club members participating in the various races included Linda Elonen-Wright, Jim Wright, Gwen Wright, Nancy and Steve O'Bryan, Derek Svoren and Tom Cook who spoke at our November meeting, Tom's daughter Olivia, Dave Toguchi, Harriet Pedone, and myself. If I've left anyone out, please let me know. Several of us brought home medals, and Olivia Cook won the junior race. Her photo was in the Plain Dealer

There's still the Lake Effect Challenge coming up on February 18, and our social ski outing on Feb. 3 at Chapin Forest.

The American Birkebeiner will be February 24, with other events going on over the weekend starting February 22. This is a 51 km race from Cable to Hayward, Wisconsin, and draws about 6500 skiers. You still have time to register!

Upcoming events:

Ski Club Outing Saturday, Feb 3, at 10:00 AM at Chapin Forest. Meet at the Pine Lodge ski center; rentals will be available. No registration needed, just show up. Check the winter sports hotline for snow conditions, (440) 954-4178. We will cancel if insufficient snow.

Lake Effect Challenge race, Sunday February 18, 2007, at Chapin Forest. There is a 5K classic race at 9:00 AM and a 10K skate race at 10:00 AM. Skiers who compete in both races will have their times added for a Pursuit race format. Entry fees are \$12 in advance, \$15 day of race for a single race, and an additional \$5 for both races. Registration and additional information are as given above for the Nordic Flurry.



SKI TRIPS FOR 2007

- Friday, Feb 2 Feb 3 to 10 Friday, Feb 16 Weekend, Feb. 23-25 Friday, Mar 2 Saturday, Mar 10 Mar 24 to 31
- Seven Springs Lake Tahoe Holimont Bristol Mountain Holiday Valley Cockaigne Park City, UT

RACING NEWS

Bristol Mountain, January 20th and 21st:

Bristol was as challenging as ever. Lots and lots of snow, steep runs and a great race course. The NASA racing team got off to a great start ! With 4 skiers (and a low turn out from the other clubs) we were well above last place !

On Saturday's Slalom course, Cheryl Alden (CCW) placed third and Paul Senick qualified in C Men. Therese placed first in CCVW but Barb (CCVW) crashed in her attempt to gain speed.

On Sunday 's GS Barb was back in form and gave us a NASA (Queen) Sweep in CCVW. Paul placed first and Cheryl placed second. All the NASA racers earned hardware and we were again out of the battle for last place !

Kissing Bridge, Slalom, Jan 27:

Only 3 skiers showed up to represent NASA although 4 if you count Mark's dual role as a skier and snowboarder. I believe we were in 5th place, so we were able to keep away from our usual last or second last place. Congrats to Therese and Mark for getting hardware and keeping NASA in good standing!

Barb and Therese attended the Race Clinic on Sunday and learned a lot. Hopefully it will make a difference on the race course.

*****Special congrats to Paul Senick and welcome to the race team!*******

Therese Telzrow

RACING EVENTS



DATES	<u>EVENTS</u>	VENUE	SNOWBOARD RACE
Sat Feb 3	TBD	Peek N'Peak	yes
Sun Feb 4	Slalom	Boston Mills	yes
Sat Feb 10	Giant Slalom	Swain	yes
Sun Feb 11	Slalom	Swain	
Sat Feb 24	Super-G, Giant Slalom	Bristol Mt.	
Sun Feb 25	Slalom	Bristol Mt.	
Sat Mar 3	Dual Slalom	Holiday Valley	yes
Sat Mar 10	Dual Giant Slalom	Swain	yes
Sun Mar 11	Open Eliminations	Swain	yes

See www.skicleveland.com for more details.



Holiday Valley, January 19, 2007

Just look at this happy group of people! And, that's only about half of us! On Friday, January 19th, 40+ members of the Lewis Ski Club headed up to Holiday Valley to ski on their newly arrived snow. Dianna was in charge of the snow and she did a great job. Her son, Michael, was my silent partner on this trip. He was definitely quiet AND helpful. Thanks, Mike! Holiday Valley was very happy to see us and it almost seemed as if we had the whole place to ourselves – until mid afternoon when all those other busloads of people started to show up! Not every run was open, but we made the most of what they did have. As usual, after skiing we headed into downtown Ellicottville for a little dinner and beverage.



Here is club photographer, Jim Slifka, showing new member, Collette Willins, the proper drinking technique at the microbrewery. Just one question, Jim, who is taking the picture?!

On the trip home, we had a raffle of some choice Holiday Valley items. The ski boot shaped shot glasses and coffee mugs were a hit. A special thanks to Dave Elonen for providing a beautiful wooden ski rack for the raffle. Dave did that out of the goodness of his heart and because he wanted to help out his fabulous sister!!! Ha! And, congrats to Ron Howard who won the ski rack!

With everyone's cooperation (THANK YOU, AGAIN, EVERYONE!), we started for home a little earlier than originally planned because we could tell that the weather conditions were getting worse by the minute. We did experience a few sections of whiteout conditions, but our experienced driver kept his cool, maintained a slow and steady pace, and got us home only a little behind schedule.

A warm welcome to the following new members who joined the club for this trip: Chuck Gannott, Tom Jones (who?!\$?!), Taylor Newmann, Frank Nugent, Dan Reiber, Dale Stalnaker, Collette Willins, and the Wolford family. We welcome you to the Lewis Ski Club and hope to ski with you again soon!

Your trip coordinators, Michael Hosta Dianna Hosta-Stickney Gwen Wright Linda Elonen-Wright



Friday, FEBRUARY 2, 2007



PRICE (lift ticket and bus): \$57.00.

Ski area description: Seven Springs was rated top 5 mountain resort in the East by Ski Magazine, 2001. Seven Springs is located East of Pittsburgh, PA. With 275 acres of both gentle and steep terrain with 750 vertical feet, Seven Springs provides a variety of terrain for both skiing and snowboarding. Also available are shopping, snow tubing, hot tubs and more. For additional information about Seven Springs, go to http://www.7springs.com.

Package includes: Round-trip transportation from Cleveland to Seven Springs and lift ticket (good until 7:00pm). We will also provide breakfast snacks and juice on the bus. If you need to rent equipment or desire lessons, there are additional charges at the rates shown below. Lunch and dinner are on your own.

Itinerary:

6:00 AM Leave NASA DEB Parking Lot (North Side of Brookpark Rd.)
6:30 AM East Side Pickup- Hilton Garden Inn (8971 Wilcox Drive, Twinsburg, OH)
9:30 AM Arrive at Seven Springs
7:00 PM Bus Leaves for Cleveland
10:30 PM East Side Drop off
11:00 PM Bus Arrives at NASA

<u>Rentals</u>		<u>Group Lessons</u>		SnowTubing Rates
Skis/Boots/Poles	\$11.00	Ski	\$6.00	Two hour session
Snowboard/Boots	\$21.00	Snowboard	\$10.00	Adults \$15/Child \$11

THE FINE PRINT

- Membership in Lewis Ski Club, Inc. is Required
- Reservations are 1st-come, 1st-served with <u>payment in full</u>. (Please make checks payable to "Lewis Ski Club, Inc.")
- No refunds will be made for your bus seat, unless your spot is filled.
- Minors traveling without a parent must have a release form signed by a parent or legal guardian and be accompanied by an adult.
- Every skier must sign a trip agreement form. Please download from website: www.lewisskiclub.org
- No smoking on bus

Mail payment and trip application and agreement form (last page of newsletter or www.lewisskiclub.org) to trip coordinator:

Lisa Ferenc NASA 21000 Brookpark Road, MS 60-5 Cleveland, OH 44135 (216) 433-6592 Lisa.M.Ferenc@nasa.gov





Friday, February 16, 2007

This ski trip is brought to you by the NASA Lewis Ski Club

PRICE (lift ticket and bus): \$ 62.00

Package includes: Round-trip transportation from Cleveland to Holimont including an evening trip to Ellicottville where you are on your own for dinner. Breakfast snacks will be provided on the bus.

Itinerary:

- 6:00 AM Leave NASA Parking Lot adjacent to DEB Building (north side of Brookpark Road)
- 6:30 AM East Side Pickup–Home Depot parking lot on Wilson Mills Road, ½ mile west of I-271 10:00 AM Arrive at Holimont
- 10:00 AM AITIVE AL HOITHOIT
- 4:30 PM Bus leaves for Ellicottville for dinner (cost of dinner is NOT included)
- 7:00 PM Bus leaves for Cleveland
- 10:30 PM East Side Drop-off
- 11:00 PM Bus arrives at NASA
 - Lewis Ski Club membership <u>is required</u>. Rates = \$ 10.00/year (single) or \$ 15.00/year (family) [Membership renewals after 11/14/06 = \$15.00/year (single) or \$20.00/year (family)]
 - Reservations are 1st-come, 1st served.
 - Payment is due *in full* at time of registration, including membership fee (if applicable).
 - Please make checks payable to "Lewis Ski Club, Inc."
 - NO refunds will be made for your seat unless your spot is acquired by someone else.
 - Minors registered without a parent must have a release form signed by a parent or legal guardian. (Participants less than 18 years old as of the date of the trip are considered minors.)
 - All registered minors must be accompanied by an adult.
 - Every skier must sign a trip agreement form.
 - Smoking is **NOT** permitted on the bus.
 - Ski rental equipment and lessons are available. See <u>www.holimont.com</u> or call 716-699-5582.

Trip Coordinator: Steve Hershman W: 216-433-3818, H: 216-765-1225, e-mail: hershman.steve@sbcglobal.net

Return all applicable forms and payment to the trip coordinator.

Steve Hershman 2645 Brentwood Road Beachwood, OH 44122

Please keep this page as reminder

Bristol Mountain - Weekend Ski Trip

February 23 - 25, 2007

Lewis Ski Club, Inc.

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\$210 per person, NASA Lewis membership required (\$10 single, \$15 family)

DETAILS:

Trip includes double occupancy lodging at the Inn on the Lake in Canandaigua, NY, roundtrip bus transportation, two day lift pass, and refreshments on the bus.

Join us for a great weekend of skiing, racing, and good times! It's CMSC's Combined Race Weekend, but you don't have to run the gates to enjoy skiing Bristol's 1200 vertical feet, accessed via their high speed lift, the Comet Express. There will be lots of Metro skiers and riders on the hill and in the lounge to share the fun and excitement. Bristol has opened a new trail this season, lower Galaxy, adding another option for top to bottom, thigh burning fun. The Inn has an indoor pool and Jacuzzi, so don't forget your suit.

ITINERARY:

Depart GRC lot 5:30pm, Friday Feb. 23, east side pickup at 6pm Light dinner provided on the bus. Arrive at Inn on the Lake approx. 11pm Early bird and late riser transfers to Bristol Mountain on Sat. and Sun. mornings. Pre- and Post awards transfers to the Inn on Sat. afternoon/evening Saturday evening dinner on your own Depart Bristol Mountain immediately after race awards on Sunday evening. Dinner stop, on your own, Sunday night Arrive in Cleveland approx. 11pm Sunday night.

PAYMENT:

Deposit: \$70, due immediately Final Payment: due Feb. 6, 2007

Deposit is non-refundable unless trip is full and your spot is filled.

TRIP COORDINATOR:

Lead: Mark Hyatt, 216-433-3248 at GRC, 216-798-3224 cell Co-Lead: Lisa Lambert, 216-433-3994 at GRC, 440-668-0096 cell

Send payments, and a completed trip application and agreement form (last page of newsletter or at www.lewisskiclub.org) to:

Mark Hyatt 21000 Brookpark Rd, MS 77-7 Cleveland, OH 44135



COCKAIGNE SKI AREA Saturday, March 10, 2007 Join Us For Cockaigne's Annual Spring Fling !! This year's theme is the ABC's of SEUSS !!



This bus trip is brought to you by the Lewis Ski Club, Inc.

PRICE (lift ticket and bus): \$56.00 Membership required

(Single \$10, Family \$15)

Age 12 & under: \$44 (lift ticket & bus). Ski & Snowboard Rentals Available. Please call me if you need rentals. They are set up in advance of our arrival.

<u>Package includes:</u> Round-trip transportation from Cleveland to Cockaigne Ski Area. We will provide breakfast snacks on the bus.

Itinerary:

- 6:00 AM Leave NASA DEB Parking Lot (North side of Brookpark Rd)
 6:30 AM East Side Pickup Home Depot parking lot on Wilson Mills Rd, 1/2 mile west of I-271.
 10:00 AM Arrive at Cockaigne
 11:00 AM NASTAR
 1:00 PM The Grinch Pepsi Obstacle Race
 2:00 PM Green Egg Throwing Event
 3:00 PM Red Fish Blue Fish Cardboard Box Race
- 5:00 PM Dinner at Cockaigne's lodge. (Pizza, burgers, hot dogs, fries.) Not included in price.
- 7:00 PM Bus Leaves for Cleveland
- 10:00 PM East Side Drop-off
- 10:30 PM Bus Arrives at NASA
 - Reservations are 1st-come, 1st-served with payment in full. (Please make checks payable to "Lewis Ski Club, Inc.")
 - No refunds will be made for your bus seat, unless your spot is filled.
 - Every skier must sign a trip agreement form. Please download from the website: www.lewisskiclub.org
 - Minors without parent must have a release form signed by a parent or legal guardian and be accompanied by an adult. Participants less than 18 years old as of the date of the trip are considered minors.
 - NO smoking on the bus

Mail Payment and Trip Agreement form (last page of newsletter or at <u>www.lewisskiclub.org</u>) to Trip Coordinator:

Cheryl Alden 11922 Harbour Light Drive North Royalton, OH 44133 440-582-2174 Skier117@juno.com



NASA Lewis Ski Club Trip Application and Agreement

*** MORE TRIP AGREEMENT FORMS AND THE MINOR RELEASE FORM ARE AVAILABLE AT

www.lewisskiclub.org. Click on "Club Info" & then "Guides & Forms."

The undersigned participant applies to participate in the Lewis Ski Club trip described below, subject to the following terms and conditions:

1. DEPOSIT Advance trip deposits will vary from trip to trip. The required deposit for this trip is \$_____, and must be paid and submitted along with a signed Application and Agreement. Balance shall be due and payable in accordance with payment schedules established by Lewis Ski Club.

2. WITHDRAWAL & CHANGE Lewis Ski Club may withdraw any trip from its schedule at any time; may refuse to accept or retain any person as a participant at any time for any reason; and may change the itinerary at any time.

3. RESPONSIBILITY Lewis Ski Club is acting gratuitously for the applicant and shall not be responsible or liable for any loss of damage to baggage, property, or for any loss, injury, death, accident, delay, inconvenience or any other loss occurring during or occasioned by applicant's participation or lack of participation in any trip.

4. PASSPORT/PROOF OF CITIZENSHIP For trips out of the USA, participants are responsible for having up to date and valid passport, visas and proof of identification and citizenship.

5. MINORS Any minor's participant Application and Agreement must be co-signed by his/her parent or legal guardian. The minor must be accompanied on the trip by a parent or legal guardian or their designee who shall be wholly and fully responsible for said minor's conduct and well being.

6. PAYMENT All payment checks shall be payable to "Lewis Ski Club".

7. CANCELLATION & REFUND Cancellation by participant means and includes: (a) failure to abide by the terms of this agreement; (b) notice by participant of intent to cancel; (c) participant's failure to make timely payments; (d) participant's failure for any reason to meet departure or return of the trip.

Trip:		In case of emergency contact:	
Trip: Deposit/Cost\$			
Applicant Name:			
Address:			
		* *	
Telephone number: (H)			
(W)			
Email:			
		*	
(Circle appropriate responses)			
Lewis Ski Club Member? Y/N	(membership required)		
West Side Pickup (NASA Parking I	Lot on N. side of Brookpark Rd)? Y/N	•	
	t on Wilson Mills Rd., 1/2 mile West of I-271)?	Y/N	
"No Smoking on the Bus"	· · · · · · · · · · · · · · · · · · ·		
I have read and agree to all the ter	ms of this Agreement, and waiver of liability, a	as of this date.	
C C			
Signed in agreement:	Date:		