

NASA Lewis Ski Club

Naski Tips

August 2007



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Next Meeting: Tuesday, August 7
Annual Picnic

W.J. Green Lodge in Metroparks
(flyer on page 4)

Next Board Meeting:
August 21



President's Message...

Summer is quickly rolling into August and I hope you all are well and making the most of this non-ski season. Unfortunately, my warm weather fun was interrupted the weekend after July 4th when I broke my right arm while working on some fence. This immediately threw a monkey wrench into my plans for the club's kayak outing, horseback riding, as well as several bike outings. Believe me, while not life threatening, having a broken right arm does stink. My arm is healing nicely, but it will be several more weeks before I'll be back enjoying an active lifestyle. So, if you're of able body, you have no good excuse, get out there and have some fun!! The club's calendar of off-snow activities, put together by Therese Telzrow, has plenty from which to choose!

It's also time to make plans for winter ski trips! Trip leaders Tom Vannuyen and Paul Solano have set up a great trip to Summit County, Colorado in February while trip leaders Jim Slifka and Judy Traxler have put together a fantastic excursion to Winterpark in Colorado. Information is in this newsletter. Seats for both trips will go fast, so sign up now!

Our club also has a new Ski Queen, Barbara Baldizzi! Congratulations Barb! The CMSC Queen Pageant is in November, but we'll be crowning our Queen at the annual picnic, August 7 at the W.J. Green Lodge near Wallace Lake in the Cleveland Metroparks! If you haven't gotten your ticket for the picnic, call one of us NOW (see flyer in this newsletter). It's both great deal and a great time!

See you at the picnic!

Gene

Officers of Lewis Ski Club

SKI CLUB OFFICERS

President: Gene Addy (216-977-7467)
Alpine Vice President: Tom Vannuyen (216-433-3851)
Nordic Vice President: Nancy Piltch (npiltch@earthlink.net)
Activity Vice President: Therese Telzrow (216-226-6013)
Recorder: Janet Dubas (216-741-3161)
Publicity Director: Cheryl Alden (440-582-2174)
Treasurer: Tom Jones (216-433-3718)

COMMITTEE CHAIRS

CMSC Rep: Renee Harrington (216-522-2931)
Refreshment: Tom Jones (216-433-3718)
Sunshine: Kathleen Moran
Social: Colin Bidwell (216-433-3947)
Racing: Mark Hyatt (216-433-3248)
Membership: Lisa Ferenc (216-433-6592)
Web Curator: Linda Elonen-Wright (216-433-9370)
Alternate Web Curator: Lisa Lambert
Trip: Annie Easley (440-816-1215)

TRUSTEES: Annie Easley (440-816-1215), Linda Elonen-Wright (216-433-9370) & Mike Kaltenstein (330-483-4841)

CMSC Notes

The 2007 Ski Queen Pageant will be November 3 at Ampol Hall...The Warren Miller movie will be shown November 17...Learn to Ski Day at Boston Mills will be in early December...The National Ski Club Federation website is: NSKI.com - The user ID is SKICLUB and the password is MEMBERS...CMSC is sponsoring a trip to Whistler on March 15-22, 2008.

Renee Harrington



David Meer	Aug 1	Tom O'Donnell	Aug 18
Sara Neumann	Aug 1	Marianne Avkshtol	Aug 19
Cory Rusek	Aug 1	Vera Avkshtol	Aug 19
Joseph Gruden	Aug 3	Roger Svehla	Aug 20
Bob Dennington	Aug 4	Joseph Baruta	Aug 21
Kristin Siroki	Aug 7	Steve Holland	Aug 22
Mark Hyatt	Aug 8	Jodi Blonski	Aug 24
Galina Golovneva	Aug 9	Craig Gruden	Aug 24
Barbara Moore	Aug 9	Judy Traxler	Aug 25
Terrian Nowden	Aug 11	Mary Donovan	Aug 26
Veronica Pavia	Aug 12	Josh Shook	Aug 28
Mike Kaltenstein	Aug 14	Mike Senchak	Aug 29
Joshua Hershman	Aug 15	Kelsey Hyatt	Aug 31
Jake Humphrey	Aug 15		

Tremont Art Walk (Hop)

Friday, August 10

Meet at The Southside, 2207 W 11th at 7pm.

Where we'll enjoy some food and drink
while we wait to get everyone together
before making our way along the tour.

The "Hop" as it's now called is held from 6 to 10 pm and many of the galleries and studios will be open for the evening.

Carpooling suggested as parking is limited. Contact Therese Telzrow at 216.226.6013. For more information about Tremont go to [www. http://restoretremont.com/arthop/](http://www.restoretremont.com/arthop/).

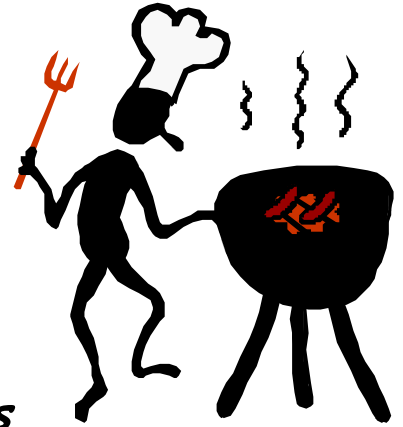
2008 Adult Race Schedule

DATES	SPONSORS	EVENTS	VENUE
Wed Dec 27		Qualifier	Boston Mills
Sat Jan 5	TBD	Giant Slalom	Holiday Valley**
Sun Jan 6	TBD	Slalom	Holiday Valley**
Sat Jan 12	TBD	Slalom	Kissing Bridge
Sat Jan 19	TBD	Giant Slalom	Bristol Mt.
Sun Jan 20	TBD	Slalom	Bristol Mt.
Sat Jan 26	TBD	Slalom	PeekN' Peak
Sat Jan 27	TBD	Giant Slalom	Cockaigne
Sun Feb 3	TBD	Slalom	Boston Mills
Sat Feb 9	TBD	Giant Slalom	Swain
Sun Feb 10	TBD	Slalom	Swain
Sat Feb 23	TBD	Super-G, Giant Slalom	Bristol Mt.
Sun Feb 24	TBD	Slalom	Bristol Mt.
Sat Mar 1	TBD	Dual Slalom	Holiday Valley
Sat Mar 8	TBD	Dual Giant Slalom	Swain
Sun Mar 9	TBD	Open Eliminations	Swain

****Snowboard races have not been decided yet. More information is available at www.skicleveland.com.

Lewis Ski Club

Summer Picnic 2007



Tuesday, August 7th, 2007

W.J. Green Lodge in Cleveland Metroparks

[located off Parkway between South Quarry and Eastland]

5:00 - 10:00 pm [dinner served at 6:00]

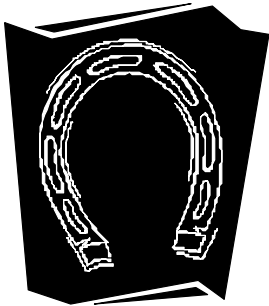
**Steak, Chicken or Veggie Burger
Potato, Corn on the Cob, Salad,
Desserts, Snacks,
Beer, Wine, Pop and Water**

You Can't Beat the Price!!

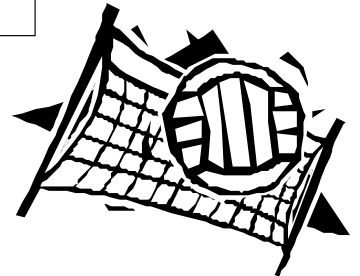
Club Members- \$10.

Guests- \$18.

Kids hotdog meal- \$3.



**We'll eat, have a short meeting,
play volleyball, throw horseshoes,
and socialize.**



Ticket Deadline is Friday, August 3, 2007

For tickets or more information, contact-

Gene Addy (216) 977-7467

Tom Jones (216) 433-3718

Annie Easley (440) 816-1215

Therese Telzrow (216) 226-6013

Summer Activities

I'm already trying to come up with some exciting Fall activities but would appreciate your input so if you'd like to suggest any activities or have questions, feel free to contact me, Therese Telzrow, at 216.226.6013.

Rollerblading in The Cleveland Metro Parks - Every other Thursday with alternate locations between Eddy's Boat Dock Parking Lot (in the Rocky River Reservation by the Detroit Road, Lakewood entrance) and Mill Stream Run Reservation at Bonnie Park in Strongsville. We'll be at Eddy's Boat Dock parking lot on Aug 2nd, then at Bonnie Park on Aug 16th, and back at Eddy's on Aug 30th. Contact Kathleen Moran at 440.333.6089.

Bike Rides in the Rocky River Reservation of the Cleveland Metro Parks - Meet at the Rocky River Nature Center parking lot at 24000 Valley Parkway, North Olmsted. **Every Monday at 6:30 pm.** Contact Therese Telzrow at 216.226.6013.

Annual Picnic at WJ Green Lodge in Metroparks Berea - Tuesday August 7th from 4 to 10pm, dinner at 6 pm. See the flyer on page 5 for details. If you're interested in a Horseshoe Tournament at the picnic please contact Karen Wilson @ Kwilson@metrohealth.org

Tremont Art Walk - W. 14th and Starkweather, Cleveland, OH 44113 - Tremont Art Walks are held from 6:00 pm - 10:00 pm. Many galleries and studios that normally keep restricted hours are open for ArtWalk. There is usually music or other performance art. Tremont is rich in fine dining and pub life and we'll visit as many as we can! **Meet at The Southside, 2207 W. 11th at 7 pm. Friday August 10th.** Carpool suggested as parking is limited (possibly from DEB parking lot at 6:30 pm). Contact Therese Telzrow at 216.226.6013.

Explore Kelly's Island - . **Saturday August 11th.** See the flyer on page 6 for details. Contact Janette Neumann @ janetteburton@sbcglobal.net.

Bicycle Ride on the Cuyahoga Valley National Park (CVNP) Towpath - Enjoy the companionship of fellow NASA members and friends as you ride along the towpath with a stop for food and beverage afterwards at the Winking Lizard. Meet at Lock 29 parking lot. **Sunday August 19th at 1:30 pm.** Contact Barb Cool at 440.781.8406. ****New Date****

Hiking in the Cuyahoga Valley National Park (CVNP) 5 mile hike starting from the Oak Grove Parking lot. **Friday September 14 @ 7 pm.** See the next newsletter for additional information. Contact Bernadette Kan at 440.838.1973

Ice Skating - Winterhurst Ice Rink 14740 Lakewood Hts Blvd at the intersection of Interstate 90 and Warren Rd. Join us for the adult only sessions every **Thursdays from 8:30 to 11:00pm beginning on September 20th.** And with enough interest, we may do a private session at one of the local rinks. Contact Therese Telzrow at 216.226.6013.

Horseback Riding - Contact Kathleen Moran at 440.333.6089 if you are interested. The date and time will be determined by those who respond.

Wall Climbing @ Kendall Cliffs Climbing Gym - 60 Kendall Park Road, Peninsula, Ohio 44264. The price is \$15 per climber. Sometime in October. See the next newsletter for details. For more information about Kendall Cliffs visit their website at kendallcliffs.com

Anyone interested in Dance Lessons as a group? Just contact me!

LEWIS SKI TRIP TO KELLEY'S ISLAND ON SATURDAY AUGUST 11



We'll meet at the NASA D.E.B. parking lot (north side of Brookpark Rd.) at 8 AM to carpool. We'll take the Kelley's Island Ferry to the island. Website: <http://www.kelleysislandferry.com/>
On the island bike and golf cart rentals are available or bring your own bike.

Visit the beach, glacial grooves, hiking trails, shops, brewery, winery and more. See website at <http://www.kelleysisland.com/>
We will take the ferry back in the evening (after dinner) around 7:30.

Ferry Rates (one way)

Adults: \$7

Children (6-11) \$3.50

Seniors: \$ 5

Bikes: \$3.50

Motorcycles: \$7

Contact Jan Neumann at janetteburton@sbcglobal.net to RSVP.

Recap of Kayak Outing July 12, 2007

By Therese Telzrow

11 of us showed up at Forty One Degree's hut at the Rocky River Metro Parks including myself, Barb, Cheryl, Mark and Janet from our club. We were strapped into our life jackets and ready to go after their guides showed us the basics but a small storm cell above us caused a delay. After a few minutes and a few sprinkles, we successfully launched on to the Rocky River.

We paddled along the east side of the Cleveland Yacht Club to the sound of their DJ's music as they kicked off their regatta. We continued on to the Clifton Lagoons where we admired the old Elliot Ness mansion and all the other homes. As we paddled and practiced a few moves, the guide kayaked away to check the conditions on the lake. The brave Cheryl and Mark followed, heading out the channel towards the choppy waters. Due to heavy winds they were unable to steer their boats or make much headway and were forced to turn back.

We traveled along the west side of the river stopping to pose for pictures in front of Victoria's old house and then back to our starting point. With the extra time we would have spent out on the lake, we received a mini lesson and practiced our paddling skills. It was a great experience...but...the river's just not exciting enough! We really want to go on the lake! So, calling all kayakers...if we get at least 10 people, we can try it again and at a discount too. Please let me know if you're interested as soon as possible (summer's quickly coming to an end!).



Therese, Barb, Cheryl

Recap of Weekly Bike Rides in the Rocky River Reservation

By Therese Telzrow

The turn out's not been the best, but it's forced me to get out and ride when I'd probably just be a couch potato! And I hope the rides help for the Sweet Corn Challenge on July 29th. Lori and I have been exploring different areas on each ride and decided that it's definitely nicer heading towards Lakewood but there are some interesting areas headed towards Strongsville that we might explore. Come on out and ride, it beats TV anytime. We keep a nice pace and stay on the bike path. Mondays at 6:30 pm from the Rocky River Interpretive Center.

Bike Brew Tour on Friday, July 20th

Seven cyclists, one motorcyclist and one driver participated in Lewis Ski Club's first annual Bike Brew tour. We met at Bonnie Park and had a delayed start due to heavy traffic. Five of us left Bonnie Park on bicycles. Mike Kaltenstein rode on his "beamer-cycle" and my husband Ray drove our Honda because he's recovering from shoulder surgery. Our first stop was the Cornerstone Brewery in Berea where we met up with latecomers, Therese Corrigan and Therese Telzrow. We enjoyed cold beer and hot appetizers while socializing with group members. The "Angry Gorilla" was a favorite of Therese Telzrow and myself. As dusk approached we decided to head back to Bonnie Park and on to the Brew Kettle. Here eight of us had great food and yes more BEER. We hope to continue the tradition next year. Check out Pam Buffington and Mark Kilkenny on the bike.

Jan Neumann



Pam & Mark



Therese T., Ray, Jan, Pam, Therese C., Mark

Recap of the Brecksville Sweet Corn Challenge, Sunday July 29, 2007

By Therese Telzrow

Perfect weather, good food, music, camaraderie, and speed...it all helped to offset the sweat and hard work Barb and I used getting through the ride. This year's course was better than last year because there were more downs than ups. Barb clocked one downhill at 37 miles per hour! Of course, what goes down must go up...And that's where the sweat and hard work comes in. Barb was in good shape even on an empty stomach and I did better than last year considering I did a 2 mile swim competition in Lake Erie the day before. John met up with us but didn't do the ride...maybe next year, John! While we didn't meet many NASA Lewis members, we did from other clubs including HiRise members; Geri, Pete, Janice and Mike and Fagowees; Tom and Renee... and Dale who's a member of 5 other clubs including ours. We made plans to do it together next year and we found a great place for beer and wings afterward.

NASA/Lewis: Ski Summit County, CO **Saturday to Saturday Feb 2-9**

Cost \$1025.00

- Roundtrip air from Cleveland to Denver
- 7 Nights accommodation at the Pine Ridge Condo in Breckenridge, CO based on 4 people per 2 bedroom / 2 bath condos
- Roundtrip charter bus transportation to/from Denver to Breckenridge
- 5 days of skiing/snowboarding interchangeable lift ticket (good for any of these combination)
- 2-day [Breckenridge](#)
- 1-day [Arapahoe Basin](#)
- 1-day [Keystone](#)
- 1-day trip to [Vail](#) including bus pass

Note: ***** (2 days max at Vail for the 5 days interchangeable lift. If you plan to do 2 days of Vail, transportation to Vail for the 2nd day is your responsibility)

- **Welcome party at Breckenridge on Saturday Feb 2**

For sign up contact trip coordinators:

Tom Vannuyen 216-433-3851 work
440-846-1736 home

Email: Thomas.Vannuyen-1@nasa.gov

Paul Solano 216-433-6518 work
440-590-0048 home

Email: Paul.Solano@nasa.gov

Checks payable to Lewis Ski Club

Mail to: Tom Vannuyen or Paul Solano

21000 Brookpark Road MS 86-12

Cleveland, OH 44135

Payment schedule:

\$325 due now, non refundable

\$350 due Oct. 19, 2007

\$350 due Dec. 7, 2007

Membership required in Lewis Ski Club

For more info on ski resorts:

<http://www.vailresorts.com/ourresorts.cfm>





Ski COLORADO WINTER PARK

With the NASA Lewis Ski Club

March 2 through March 9, 2008

\$1165.00 per person

Includes:

Lodging – Winter Park Mountain Lodge – 7 nights (Sun. to Sun.), dbl occ. per room

Lift tickets – 5 days of skiing at Winter Park

Roundtrip Airfare from Cleveland.

Ground transportation from Denver to Winter Park.

****Complimentary** welcome party upon arrival.

****FULL** breakfast buffet (group rate – included in price)

****FREE** shuttle stop in front of hotel.

****Indoor heated** pool, 2 LARGE hot tubs & sauna.

For sign-up, contact trip leaders:

Jim Slifka 440-232-3331 home

440-292-5300 cell

djslif@sbcglobal.net

Judy Traxler 330-483-4455 home

330-421-7733 cell

jatraxler@aol.com

Payment schedule:

\$365.00 Due now, non-refundable

\$400.00 Due by October 1, 2007

\$400.00 Due by December 1, 2007

*** Let Judy or Jim know if you will need ski rentals or wish to purchase optional trip insurance (\$69)

Send deposit check and trip agreement form to:

Judy Traxler

6222 Boston Rd.

Valley City, OH 44280

Make Checks payable to:

Lewis Ski Club, Inc.



Note: Must be a member of the NASA Lewis Ski Club.

***For additional information, trip application, and membership forms, please visit our website at:
<http://www.lewisskiclub.org>

August						
S	M	T	W	T	F	S
			1	2 Rollerblading Eddy's Boat Dock 6 p.m.	3	4
5	6 Bike Ride 6:30 p.m.	7 Annual Picnic 5 to 10 p.m	8	9	10 Tremont Art Walk	11 Kelley's Island
12	13 Bike Ride 6:30 p.m.	14	15	16 Rollerblading Bonnie Park 6 p.m.	17	18
19 Bike Ride 1:30 p.m.	20 Bike Ride 6:30 p.m.	21	22	23	24	25
26	27 Bike Ride 6:30 p.m.	28	29	30 Rollerblading Eddy's Boat Dock 6 p.m.	31	

September						
S	M	T	W	T	F	S
						1
2	3	4 BW-3 5 pm	5	6	7	8
9	10	11	12	13	14 Hike 7 p.m.	15
16	17	18	19	20 Ice Skating 8:30 to 11pm	21	22
23	24	25	26	27 Ice Skating 8:30 to 11pm	28	29
30						

NASA Lewis Ski Club Trip Application and Agreement

***** MORE TRIP AGREEMENT FORMS AND THE MINOR RELEASE FORM ARE AVAILABLE AT www.lewisclub.org. Click on "Club Info" & then "Guides & Forms."**

The undersigned participant applies to participate in the Lewis Ski Club trip described below, subject to the following terms and conditions:

- 1. DEPOSIT** Advance trip deposits will vary from trip to trip. The required deposit for this trip is \$_____, and must be paid and submitted along with a signed Application and Agreement. Balance shall be due and payable in accordance with payment schedules established by Lewis Ski Club.
- 2. WITHDRAWAL & CHANGE** Lewis Ski Club may withdraw any trip from its schedule at any time; may refuse to accept or retain any person as a participant at any time for any reason; and may change the itinerary at any time.
- 3. RESPONSIBILITY** Lewis Ski Club is acting gratuitously for the applicant and shall not be responsible or liable for any loss of damage to baggage, property, or for any loss, injury, death, accident, delay, inconvenience or any other loss occurring during or occasioned by applicant's participation or lack of participation in any trip.
- 4. PASSPORT/PROOF OF CITIZENSHIP** For trips out of the USA, participants are responsible for having up to date and valid passport, visas and proof of identification and citizenship.
- 5. MINORS** Any minor's participant Application and Agreement must be co-signed by his/her parent or legal guardian. The minor must be accompanied on the trip by a parent or legal guardian or their designee who shall be wholly and fully responsible for said minor's conduct and well being.
- 6. PAYMENT** All payment checks shall be payable to "Lewis Ski Club".
- 7. CANCELLATION & REFUND** Cancellation by participant means and includes: (a) failure to abide by the terms of this agreement; (b) notice by participant of intent to cancel; (c) participant's failure to make timely payments; (d) participant's failure for any reason to meet departure or return of the trip.

Trip: _____
Deposit/Cost\$ _____

In case of emergency contact:

Applicant Name: _____
Address: _____

Name _____

Phone _____

Telephone number: (H) _____
(W) _____

Email: _____

(Circle appropriate responses)

Lewis Ski Club Member? Y/N (membership required)

West Side Pickup (NASA Parking Lot on N. side of Brookpark Rd)? Y/N

East Side Pickup (Depot parking lot on Wilson Mills Rd., 1/2 mile West of I-271)? Y/N

"No Smoking on the Bus"



I have read and agree to all the terms of this Agreement, and waiver of liability, as of this date.

Signed in agreement: _____ Date: _____