

NASA Lewis Ski Club

Naski Tips

November 2006



Next Meeting: Tuesday, Nov. 7
BW-3 Rocky River
20412 Center Ridge Rd.
440-356-7325
5pm: Happy Hour
6pm: Meeting
Next Board Meeting: Nov. 21

Inside:

President's Message.....	2
Birthdays.....	3
Ski Queen Party.....	3
November Speakers.....	4
Park City Trip Is Full.....	4
Buckeye Sports Event.....	4
Off The Grid.....	5
Astronomy Lecture.....	5
Nordic News.....	6
Racing News.....	6
Member Directory.....	6
Ski Trip List.....	7
Free Lift Ticket.....	7
Jeannie Thoren.....	8
Geiger's Night Review.....	9
Country Jam Picture.....	9
Spamalot Review.....	10
Night Out with Trustees.....	11
Lake Tahoe Flyer.....	11
Membership Form.....	13

MEMBERSHIPS EXPIRED SEPT. 30 !!!
Renew before Nov. 15 to avoid paying an
extra \$5. Form on last page.



I'd like to wish everyone a happy Halloween. It's my favorite Holiday of the year. People really display their creativity this time of year with their costumes and in decorating their homes for the "big night". I don't think Halloween is as commercialized as some of the other Holidays and kids still seem to get excited about a 15 cent piece of candy. It's also one of the few times of the year I actually get a chance to talk to my neighbors.

With the first snow falling out west and in Cleveland it's certainly time to start thinking about snow shovels and skis. Our trips to Park City and Tahoe have been selling well. Park City is sold out and there are only a couple of spots left for Tahoe. The day trip calendar is out and our first trip to is coming up fast so see Therese Telzrow if you want to go to Holimont (January 5th).

The Ski Queen Pageant is this weekend at Ampol Hall (Nov. 4th) so let's get out and support Therese in her bid for Ski Queen. She has been studying her queen manual and she looks marvelous in the NASA Tiara. Karen Fashimpaur has tickets for \$20 dollars this week. They will be \$25 at the door. Admission includes beer, wine, soft drinks and music by DJ Dance Delight.

Warren Miller's latest movie is coming to Akron and the trustees are taking you there. The trustees will be taking 20 lucky members of the Lewis Ski club from Cleveland down to see "Off the Grid" on Saturday, November 18th. The trip includes transportation, ticket to the movie, a visit to Frank's place after the movie and munchies and Champaign. See the trip flier for details.

We have our monthly club meeting next Tuesday (Nov. 7th) at BW3. Linda has invited a pair of speakers from the Ohio Nordic Ski Club to talk their Junior X-C Ski Development Program Nordic skiing. We also welcome the return of the "Raffle". Annie Easley will be selling tickets to win a day trip. See you next week.

El Presidente

Officers of Lewis Ski Club

SKI CLUB OFFICERS

President: Colin Bidwell (216-433-3947)
Alpine Vice President: Mike Kaltenstein (330-483-4841)
Nordic Vice President: Nancy Piltch
Activity Vice President: Barb Cool (440-781-8406)
Recorder: Janet Dubas (216-741-3161)
Publicity Director: Cheryl Alden (440-582-2174)
Treasurer: Tom Jones (216-433-3718)

COMMITTEE CHAIRS

CMSC Rep: Renee Harrington
Refreshment: Tom Jones (216-433-3718)
Sunshine:
Social:
Racing: Mark Hyatt (216-433-3248)
Membership: Lisa Ferenc (216-433-6592)
Web Curator: Linda Elonen-Wright (216-433-9370)
Trip: Annie Easley (440-816-1215)

TRUSTEES: Annie Easley (440-816-1215), Gene Addy (216-977-7467) & Linda Elonen-Wright (216-433-9370)



April Kwiatkowski

Nov 1

Daniel Shook
Barb Baldizzi
Linda Elonen-Wright
Mutsuko Munakata
Erica Carlberg
Donna Oros
Mick Tanasijevic
Harold Copperman
Scott Jones
Carl Blaser
Thomas Jones
Sandra Johnson
Phillis Scalzo

Nov 2 Jim Slifka
Nov 4 Emil Bagi
Nov 5 Perry Gerbino
Nov 5 Charles Snyder
Nov 9 Barbara Gerbino
Nov 9 Jessica Blaser
Nov 9 Ed Julian
Nov 13 Matthew Blaser
Nov 13 Tom Vannuyen
Nov 14 Nadine Gerhardstein
Nov 14 Eric Carlberg
Nov 15 Robert Czarnecki
Nov 16 Brian Vannuyen

Nov 17
Nov 18
Nov 18
Nov 20
Nov 21
Nov 22
Nov 22
Nov 23
Nov 25
Nov 26
Nov 27
Nov 27
Nov 29

The Cleveland Metro Ski Council Presents

The 2006 CMSC

Queen Pageant

Sat. Nov. 4th

Ampol Hall, 4737 Pearl Rd, Cleveland

Tickets are \$25 at the door

❄️ **Once again your ticket includes the Pageant, DJ and Dancing, Soft Drinks, Beer, Wine and Appetizers by Reinecker's** ❄️

❄️ **Doors open at 6:30, On stage at 7pm, Crowning at 8:30** ❄️

❄️ **Come Cheer on Your Queen! ❄️ Party to DJ Dance Delight!** ❄️

❄️ **Be a part of our 36 year Tradition!** ❄️

Good Luck Therese !!!

Special Speakers for November Meeting

Tom Cook and Josh Dalley of the **Ohio Nordic Ski Club** will be our special speakers at November's Lewis Ski Club meeting. They will be telling us about their **Hilltoppers Junior X-C Ski Development Program**, now in its third year. As the Ohio Nordic's website says:

“Hilltoppers XC is a club, run by volunteers of the Ohio Nordic Ski Club, where children learn to ski in a supportive team environment of youth skiers, trained coaches, group leaders and parents. We are very excited to be the first US club to offer the Jackrabbit skill development program and coaching methods. Developed by Cross Country Canada, the Jackrabbit Ski League is the most successful club-run youth cross country ski program in North America with over 300 clubs. We will not only be providing this high quality and proven skill development program to Northeast Ohio children, but our volunteer coaches will also receive on-going training and certification in community coaching through the experienced youth coaches of Cross Country Ontario.”

Please come to the November meeting to hear about this wonderful new program!

The Park City Trip is Full

If you would like to be put on a waiting list, contact Jim Slifka or Judy Traxler.

Jim Slifka 440-232-3331 home

440-292-5300 cell

djslif@sbcglobal.net

Judy Traxler 330-483-4455 home

Jatraxler@aol.com

Buckeye Sports Event

On **Tuesday, November 14th at 7:30 pm**, Nasa Lewis Ski Club is invited to join the Snowballers at **Buckeye Sports in Peninsula** (The Snowballers hold their meeting during this in-store event). However, we do not have to be in their meeting we can look around their store etc. Jim Arlington will have **pizza and beer and discounts!** The Snowballers have been having this event, however this is the first year that Lewis ski club may also attend!

There should be good deals, since items that did not sell at the Boston Mills open house.... (where some of us got to hear Annie Easley's tales by the fireside!) - those same items will probably be discounted even more!

Buckeye Sports: 4610 Peninsula 888-691-2267.

Barb Cool

VP Activities



Off The Grid

Warren Miller's 57th annual winter sports film. **Saturday, November 18, 8pm.** At the Akron Civic Theatre. SkiFest starts at 7pm in the lobby. Tickets are \$11 in advance, \$13 day of show. **Join the trustees for a fun night out including the SkiFest, film and Frank's Place - details on page 11.**

ASTRONOMY LECTURE FREE EVENT at the Cleveland Museum of Natural History

Come to the second lecture of the free "Frontiers of Astronomy" series at the Cleveland Museum of Natural History sponsored by CWRU, CMNH and the Cleveland Astronomical Society. **Free admission, free parking, free munchies afterwards.** At the last lecture I found five NASA Lewis Ski Club Members. The subject matter is deep, but for the most part I think most everyone gets a bit buried in the subject matter. But I think it's fun to listen to. See you there...

"The Quantum and the Cosmos"
Dr. Edward "Rocky" Kolb, University of Chicago/Fermilab
Thursday, November 30, 2006, 8 pm

Long before planets, stars or galaxies emerged, the Universe consisted of an exploding quantum soup of "elementary" particles. Encoded in this formless, shapeless soup were the seeds of cosmic structure, which over billions of years grew into the beautiful and complex Universe we observe today. Edward Kolb explores the connection between the "inner space" of the quantum and the "outer space" of the cosmos. The inner space/outer space connection may hold the key to the nature of the dark matter holding our galaxy together and the mysterious dark energy pulling our Universe apart.

Fred Merchant
Mail to: fmerchant@brightdsl.net

Nordic News

Hello Nordic skiers:

Are you interested in racing? There are currently three events scheduled for this coming season.

Nordic Flurry:

January 28 at Chapin Forest

5K classic, 10K either classic or skate

Entry fees: \$12 per race (advance registration), \$15 day-of-race

Lake Effect Challenge:

February 18 at Chapin Forest

5K classic, 10K skate

Racers participating in both races can combine times as a single pursuit race

Entry fees: \$12 per race (advance registration), \$15 day-of-race

Enduro Relay:

December 17 at Lake County YMCA Outdoor Family Center; backup date possibly New Years Day, January 1, 2007.

The Girdled Road reservation of Lake County Metroparks sustained significant flood damage this past summer. It is expected that there will be no skiing in the valley portion of the park this winter.

Weather forecasters are calling for El Nino conditions this winter. See http://www.cpc.ncep.noaa.gov/products/analysis_monitoring/enso_advisory/ for further information.

Nancy Piltch

Racing News

Dec. 27 Racing Qualifier at Boston Mills
Complete schedule at www.skicleveland.com

Member Directory

NASA Lewis Ski Club is looking into publishing a Member Directory containing names, addresses, email addresses, and phone numbers of the members. It would be in hard copy only and made available at meetings and upon request of club members only. If you do not wish to have your above information placed in such a directory, contact Trustee Gene Addy at 216-977-7467 or Gene.Addy@nasa.gov.



SKI TRIPS FOR 2007



Friday, Jan 5	Holimont
Friday, Jan 19	Holiday Valley
Friday, Feb 2	Seven Springs
Feb 3 to 10	Lake Tahoe
Friday, Feb 16	Holimont
Weekend, Feb. 23-25	Bristol Mountain
Friday, Mar 2	Holiday Valley
Saturday, Mar 10	Cockaigne
Mar 24 to 31	Park City, UT

FREE LIFT TICKET for PARK CITY or DEER VALLEY or THE CANYONS !!!

Catch a morning flight from almost anywhere and you can be on our slopes the same afternoon. The Park City Quick START (Ski Today and Ride Today) Vacation lets you convert your airline boarding pass into a same-day lift ticket to the Park City resort of your choice. It's your chance to get a free same-day lift ticket at The Canyons Resort, Park City Mountain Resort or Deer Valley Resort. You will need to bring the completed, required redemption voucher, along with your same-day boarding pass and out of state photo I.D., to the resort ticket window, to receive your same-day lift ticket. You'll discover the best skiing and riding you've ever experienced, not to mention the most conveniently located resort town in the West. Park City is located just 35 short minutes from Salt Lake International Airport.

The QuickSTART Vacation requires prior registration at:
<http://www.parkcityinfo.com/skiing/quickstart/>

Jeannie Thoren Review

I went to the Jeannie Thoren's seminar at Geiger's in Lakewood, Ohio on Friday evening, October 6th. After some wine and cheese, Jeannie gave her presentation complete with slides for women but some men were present too! Jeannie was very captivating, including not only information but also humorous statements and even some insight into her life. Jeannie has skied more than I will ever hope to ski in a lifetime!

Along the way of her skiing pursuits she has found out how to improve equipment towards better performance for herself and noticed that most women have similar problems that she had. Thus Jeannie started to campaign in various ways to communicate this to women and now has certain manufacturers incorporating her ideas into reality. Experimenting with equipment will "minimize imperfections and maximize physical attributes". Right after her talk there were raffle prizes. Everyone present got something! (Kathleen Moran won a jacket)!

Luckily I was also able to get an open appointment slot for the next morning for a fitting! I brought my boots and skis and Jeannie put in heel lifts and we could see an immediate and visible difference when I moved side to side. Before the heel lifts I was swaying my hips and after I was moving the boots side to side! Also, Geiger's adjusted my skis and moved the bindings forward as much as they could since I was told that the bindings on Volkl skis are back too far for most women. Of course Jeannie was also recommending buying equipment such as Dynastar skis and Lange boots since these manufacturers are incorporating her ideas and she is the women's category manager for these companies.

Now bring on the snow!

Barb Cool
VP activities



Some differences in anatomy: Men are generally built like upside down pears and women are generally just pears!

Geiger's Invitational Event: Friday, October 20th

There was a great turnout at Geiger's! There were about 26 Lewis ski club members in attendance and everyone who was present and turned in a raffle ticket got a prize! Therese Corrigan and Mark Kilkenny both won store certificates! There was wine, food tray, bottled water, tune-ups were discounted \$10.00, and store discounts were given (I received a 10% discount on new skis!).

Thanks to Gordon for holding this in-store event!

Barb Cool
VP Activities

Country Jam Saturday, Sept. 9 at the Berea Fairgrounds

A good time was had by all! We got to kick back and see some great bands including Trick Pony, Bombshell, Keith Anderson. Here's Ski Queen Therese Telzrow in the back (2nd from the right and next to Barb Cool), and Cheri Seiler 2nd from the left in front.



Spamalot Review

There was a group outing to the State Theater on Sunday, October 15, at 1 PM to see the Tony Award winning "Best Musical" of 2005, Monty Python's "Spamalot." After the performance, we met at for a meal and drinks in Tremont at THE SOUTHSIDE GRILLE. Special thanks to member Lorrie Stratis.

Monty Python has been a hit comedy group since the late 1960's. Original members were Graham Chapman, John Cleese, Terry Gilliam, Eric Idle, Terry Jones and Michael Palin. Eric Idle adapted their movie, Monty Python and The Holy Grail, for this Broadway production of King Arthur and his Knights' quest.

The musical was a both a visual and auditory feast with a mix of performance styles varying from the Parisian Lido Cabaret, Rockettes, Ziegfeld Follies, and Vaudeville. Even seasoned Playhouse Square Agent, Joe Scotch, saw the play four times before being able to catch all the jokes, gestures and nuances in each scene. No topic was spared at the expense of a joke. One person could be seen laughing out loud or applauding while the person next to them either 'didn't get it' or was outright offended.

There was even an element of magic reminiscent to "sawing the lady in the box in half" when the Black Knight's arms were chopped off, one by one, as well as his lower body. The props were great. His costume spewed red streamers with each chop. We are still wondering how his upper body stuck to the castle door, run through with a sword, while he continued to argue with King Arthur. In true "Monty Python" humor, a beggar then came through the courtyard crying, "Alms for the poor!" "Arms for the poor" seemed to be good enough. He collected his good fortune in the arms of the Black Knight and scurried away with them.

Many of us were surprised by the amount of tap dancing and singing not only by the ensemble but by the Knights as well. King Arthur and his Knights sang "Always Look on The Bright Side of Life" and danced while twirling bright yellow umbrellas with smiley face emblems. The Knights appeared to have the skill and charm of Gene Kelly while poking fun at ballet recital routines of 'April Showers'.

The Grail was eventually found beneath the seat of a ticket holder who was brought to stage, hugged, cajoled, photographed, and taken back to her seat sans Grail. In the finale, glittering confetti shot unexpectedly throughout the theater making it all seem very magical indeed. All in all, a lot of humor, song and dance, and fun for the whole family...although rated PG-13 * * *

Pamela Buffington



NASA Lewis Ski Club presents

Night Out with the Trustees!

Join us as we kickoff the ski season with a skiers' evening out!

We're traveling from Cleveland in first class on a mini-bus bound for the new Warren Miller Movie, "**Off the Grid**", showing at the **Akron Civic Theatre**. Champagne and hors d'ouvers will be served on the trip to the Theatre. We'll arrive at the Theatre for the **Ski-Fest** prior to the movie. After the movie, we'll travel to **Frank's Place** in Akron for partying with fellow CMSC'ers. Frank's Place provides appetizers for the evening.

Here are the details: Date: Saturday, Nov. 18, 2006

Includes: Round trip bus fare, refreshments, and Warren Miller movie ticket

Itinerary

6:00 PM - Mini-Bus leaves NASA DEB parking lot

6:30 PM - Mini-bus leaves pickup at Holiday Inn at I-77/Rockside Rd.

7:15 PM - Arrive Akron Civic Theatre

10:00 PM - Leave Theatre for Frank's Place

12:00 AM - Leave Frank's Place

12:30 AM - Arrive Rockside Road Pickup

1:15 AM - Arrive NASA DEB parking lot



Cost: **\$43** per person per person (nonrefundable, unless someone fills your seat)

Make checks to: Lewis Ski Club, Inc.

No smoking on bus.

Contact any of the Trustees: Linda (216-433-9370),
Annie (440-816-1215), or Gene (216-977-7467)



NASA/Lewis: Lake Tahoe, February 3-10, 2007

Cost \$1100.00

- Roundtrip air from Cleveland to Reno
- 7 Nights accommodation at the Horizon Casino, based on two per Hotel Room
- Roundtrip charter bus transportation to/from Reno to South Lake Tahoe

- 5 days of skiing/snowboarding
- 2-day Heavenly lift pass
- 1-day boat trip to Squaw Valley with lift ticket
- 1-day trip to Sierra-at-Tahoe with bus and lift ticket
- 1-day trip to Kirkwood with bus and lift ticket
- Wine and cheese party.

For sign up contact trip coordinator:

Tom Vannuyen 216-433-3851 work
440-846-1736 home

Email: Thomas.Vannuyen-1@nasa.gov

Checks payable to NASA Lewis Ski Club

Mail to: Tom Vannuyen

21000 Brookpark Road MS 86-12

Cleveland, OH 44135

Payment schedule:

\$275 due now, non refundable

\$275 due Sept. 1, 2006

\$275 due Nov. 1, 2006

\$275 due Dec. 1, 2006

Membership required in NASA Lewis Ski Club \$10/single \$15/family



For more info on ski resorts: <http://www.laketahoeskiing.com>

*** For trip application and membership forms, please visit our website at <http://lewisskiclub.org>

2006-2007 LEWIS SKI CLUB MEMBERSHIP

(October 1, 2006 - September 30, 2007)

Name:(first)_____ (last)_____

Home Phone:_____

Work Phone:_____

Home address:
Street/Apt.:_____

City:_____ St: _____ Zip:_____

NASA Mail Stop(If applicable): _____ YES _____ NO _____

Your Birthday: ___/___ (MONTH/ DAY)

NASA Lewis Ski Club is looking into publishing a Member Directory containing names, addresses, email addresses, and phone numbers of the members. It would be in hard copy only and made available at meetings and upon request of other club members only. Do you consent to having your contact information included?

Type of membership: Check TWO Types)

Single(\$10) New Member
*Family(\$15) **Renewal

*A FAMILY MEMBERSHIP is defined as: “a member and spouse and/or DEPENDENT children”.

****Renewal rates for current members increase after November 15th to \$15.00 for single and \$20.00 for family.** New members pay the lower rate no matter when they join.

Please list eligible Family Members:

Name	Age-Kids Only	Birthday (M/D)
_____	_____	___/___
_____	_____	___/___
_____	_____	___/___
_____	_____	___/___

Email: We prefer to mail the newsletter out via email since it reduces our work and postage costs. If you would like to receive the newsletter via email, please give your

email address: _____

Release: I/We, single/family membership, acknowledge that many of the activities and events organized and sponsored by the Lewis Ski Club, Inc., in particular participation-type athletic activities, are dangerous and hazardous and can cause damage, injury and death. In consideration of becoming a member and/or renewing my membership I/we assume any and all risks of participating in such activities, including the risk of damage, injury and death, and I/we release Lewis Ski Club, Inc., its members and officers, from responsibility and liability therefore. This Release shall remain in effect while I/we am/are a member(s) and when and while I/we participate in any such activity, and even if Lewis Ski Club, Inc. is negligent.

(Complete and return with dues to Lisa Ferenc, MS:60-5, NASA Glenn Research Center,
21000 Brookpark Road, Cleveland, OH 44135 - Make checks payable to: Lewis Ski Club, Inc.)