

NASA Lewis Ski Club

Naski Tips

June 2006



HAPPY FATHER'S DAY !!

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Next Meeting: Tuesday, June 6
BW3-Rocky River
20412 Center Ridge Rd.
440-356-7325
5 pm: Happy Hour
6 pm: Meeting
Next Board Meeting: June 20



President's Message

Fellow Americans,

I would like to thank everyone who voted for me during the recent elections. The democratic process is key to our clubs success and your voices have been heard. I would also like to wish Pedro the best of luck and would hope he would consider one of the other open positions in our organization such as Social Chair. I have also dubbed Renee Harrington the new "CMSC Representative". She is a new member who went with us to France this year. Everybody say hello to her when you see her and remind her that she is our new CMSC representative.

Summer is definitely here and although we are a ski club we have plenty of fun things planned for this summer. Remember it's always snowing somewhere. We have the summer picnic (Aug. 1st) and Tom Jones is running a Rafting Trip (see flyer on page 10). We also have Inline Skating, Hiking, Golf and Doggie Walks planned throughout the summer. If anyone is harboring a desire to run a summer activity then put a proposal together and present it to the board. We are always looking for new things to try.

In other club news don't forget we have a meeting next Tuesday at BW3 (June 6th). The first 45 people there get a free chicken wing or strip (sorry no rain checks). They have air conditioning and Great Lakes Dortmund on Tap.

Colin Bidwell
El Presidente

Officers of Lewis Ski Club

SKI CLUB OFFICERS

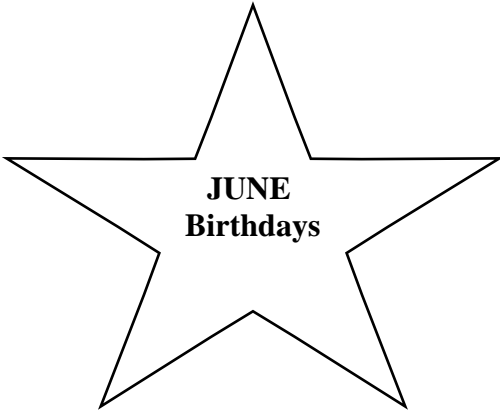
President: Colin Bidwell (216-433-3947)
Alpine Vice President: Mike Kaltenstein (330-483-4841)
Nordic Vice President: Nancy Piltch
Activity Vice President: Barb Cool (440-781-8406)
Recorder: Janet Dubas (216-741-3161)
Publicity Director: Cheryl Alden (440-582-2174)
Treasurer: Tom Jones (216-433-3718)

COMMITTEE CHAIRS

CMSC Rep: Renee Harrington
Refreshment: Tom Jones (216-433-3718)
Sunshine:
Social:
Racing: Mark Hyatt (216-433-3248)
Membership: Lisa Ferenc (216-433-6592)
Web Curator: Linda Elonen-Wright (216-433-9370)
Trip: Annie Easley (440-816-1215)

TRUSTEES: Annie Easley (440-816-1215), Gene Addy (216-977-7467) & Linda Elonen-Wright (216-433-9370)

June Thapanapongtanasarn	Jun 1	Robert Slifka	Jun 13
Dave Evans	Jun 2	Lisa Kwiatkowski	Jun 15
Heather Shurin	Jun 3	Andrea Gerbino	Jun 16
Jim Ruminski	Jun 4	Toshinori Munakata	Jun 17
Jake Shook	Jun 5	Ann H Guzauskas	Jun 18
William Telzrow	Jun 5	Dianna Hosta-Stickney	Jun 19
Gwendolyn Wright	Jun 5	Kevin Brown	Jun 20
Jack Palisin	Jun 7	Victoria Wise	Jun 22
Michael Chernesky	Jun 8	Tom Ayers	Jun 25
William Chernesky	Jun 8	Steven Hershman	Jun 28
Sandra Teren	Jun 9	Teresa Kline	Jun 29
Mary Bombik	Jun 10	Peter Meitner	Jun 29
Rachael Minkin	Jun 11	Leah Kessler	Jun 30
Derek Roche	Jun 12		



Rays of Sunshine ☺

Best of luck & snow to Victoria Briscoe who is leaving Cleveland for Seattle. Story on page 4.

ANSWER TO LAST MONTH'S TRIVIA CONTEST

Who is the fastest speed skier in the world for 2006 and just how fast?

Answer: **251.4 km/h!!!** Simone Origone from Italy is the new Speed Ski world record holder. 20th of April 2006 during the "Pro Mondial" race in Les Arcs he skied with a speed of the 251.4 km/h.

His brother Ivan was second equalizing the old world record with 250.7 km/h. Third was the Swiss Jonathan Moret with 250,17 km/h. See details on www.kl-france.com

BON VOYAGE, VICTORIA !!!

Victoria Briscoe is leaving Cleveland for Seattle in June. During her 5 years spent here she was **VERY** active in the ski club as Activities VP, Publicity Director, Ski Queen and racing with CMSC. She led many one-day ski trips and an awesome week-long Steamboat Springs, CO trip. She also led outings such as horseback riding, hikes, in-line skating, a Holden Arboretum trip, a cookout/pinochle event and the ski club picnic. She co-led a unique evening at an art gallery with attendees bringing appetizers and drinks. Shopping for jewelry, glass art and paintings was lots of fun. She also helped other trip leaders organize their events. Come say goodbye to Victoria at the June meeting. Victoria, you'll be greatly missed.



Victoria in the box sled for Cockaigne's 2006 Spring Carnival. Jim Slifka co-captained the sled which won for being the fastest and best looking!!



Steamboat Springs, CO



CONTEST FOR MOST SKI DAYS



Thank you to all the good sports who entered this contest. There were a total of 14 replies for all categories. The winners are:

Male with most ski days.....	Mike Kaltenstein	54 Days
Female with most ski days.....	Cheryl Alden	50 Days
Person with most cross-country ski days.....	Nancy Piltch	33 Days
Person with most snowboarding days.....	Bruce Frankenfield	15 Days

Prizes will be given out at the June meeting. Contact Cheryl Alden (skier117@juno.com) if you are unable to attend & I will get your prize to you another time.

CMSC METRO CUP GOLF OUTING

Saturday, July 22 at Punderson Golf Course. Cost is \$85/person. Start time is 1pm. Contact Annie Easley for more info. 440-816-1215

SKI QUEEN NOMINATIONS

Nominations are needed for this year's Ski Queen. Contact Elise (Elise_Allen44118@yahoo.com) or Karen (Karen.Fashimpaur@grc.nasa.gov) or bring your choice to the June meeting. Self nominations are allowed.

HELP OUT AT AUGUST PICNIC



No task is too small !! Whether you bring a crockpot, serving spoons, buy paper plates & napkins (you will be reimbursed) or supervise the kid's games, all help is greatly appreciated for this big event. If you would like to volunteer, please contact this year's Picnic Committee:

Mark Hyatt	Mark.J.Hyatt@nasa.gov	(216-433-3248)
Annie Easley	ajeasl@sbcglobal.net	(440-816-1215)
Mike Kaltenstein	mkstein1@adelphia.net	(330-483-4841)
Tom Jones	Thomas.A.Jones@grc.nasa.gov	(216-433-3718)

The picnic will be held at the W.J. Green Lodge in Berea on Tuesday, August 1.

RACING REPORT

The race season is complete, the banquet was held, and now it's time to keep busy and fit this summer, to stay prepared for next season. The 2007 race schedule has been set by the CMSC Race Committee. The race schedule is available at <http://www.skicleveland.com/adraceschedule.html>

I'll be starting fundraising candy/snack sales around September. We raised enough money in just two months of sales to offset half our team's race fees this season. We'll be shooting for full compensation in 2007. Give me call if you would like to help, or have an idea for a fundraising activity. See you soon!

Mark

ACTIVITIES VP REPORT

Saturday Hike in May - Columbia Park:

I met the President Joe Shaffer of Cleveland Hiking Club and 3 of their members. They have over a thousand members and originated in 1919! If you check their schedule on their website you will see that they do organized hikes anywhere from 3 to 8 every day. (They do this year round!) And they keep track of your mileage! You get badges for a 100 miles, 1000 miles etc. A few have completed over 50,000 miles! A lot of their hikes average 5 miles or 10 miles. I will plan on doing some of these hikes. Anyone who is interested may contact me.

Social - at Quaker Steak and Lube at Rockside event:

Thanks to all who showed! Nine of us showed up on a Friday night to share some ideas. We got to see the Cavs vs the Pistons in Cleveland on t.v. at the same time! There were a lot of good ideas that were brought up such as a Cedar Point outing, sunset walk / dinner at Edgewater, a movie night to name a few. Look for details on a Night at the races - Thistledown to come in the fall headed by Therese Corrigan!

Your Activities VP,
Barb Cool
bhelencooley@aol.com
440-781-8406 cell

ACTIVITIES LIST

- 1) **ART WALK** Historic Little Italy celebrates a weekend of fine art, music and food with the 27th annual **Murray Hill Art Walk June 2-4**. This year's event features guest artists, newly renovated galleries, street music and great food. You can also participate in a fund raiser raffle with \$5000 in fine art prizes and gift coupons. Friday, June 2nd Bernie Kimble (107.3 FM) will broadcast from the Art Walk from 11-1, giving you a sneak preview. For more information call 216-229-5110.
- 2) **Dog Walk on Saturday, June 17 at 9am**. Meet Cheryl & Sam (Golden Retriever mix) in front of the nature center at the Rocky River Nature Center (intersection of Shepard Lane & Valley Parkway). Contact Cheryl at skier117@juno.com.
- 3) **Women in the Outdoors Day** at South Cuyahoga Sportsmen's Association in Medina County by the National Wild Turkey Federation for women only coming up on **Saturday, June 24th**. This is a fun day and a great chance for women to try different activities. I have gone the last couple of years and it's a lot of fun! Cost is \$40 for 4 different courses, lunch, continental breakfast, door prizes, raffles and silent auction. Activities range from shooting (hand gun and shotgun), archery, fitness, self-defense, and other various topics. Contact Barb Cool for more info. 440-781-8406
- 4) **Afternoon sail at Lorain Sailing and Yacht Club**. Weather permitting on **Sunday, July 16, from 1:00 to 5:00PM** we will be sailing on Lake Erie, **no prior sailing experience is necessary**. This is a **FREE event!** Paul Burik, paulb54@centurytel.net, is our contact person.
- 5) **CMSC METRO CUP GOLF OUTING** Saturday, **July 22** at Punderson Golf Course. Cost is \$85/person. Start time is 1pm. Would NASA like to present a team in this event? Contact Annie Easley for more info. 440-816-1215
- 6) **Eddy's Bike Shop Sweet Corn Challenge- Saturday, July 30** (Richfield) your choice of ... 10/25/50/100 miles (some hills) . Grilled chicken lunch, massages, demos, music, free drawing for bike, free sweet corn too! Contact Therese Telzrow at 216-226-6013. FLYER on page 9.
- 7) **Whitewater Rafting** with Tom Jones. **August 4 to 6** - FLYER on page 10.
- 8) **Indians Night OUT! August 25th!** Cost is \$14.00 each ticket (ticket price includes a \$4.00 discount) Contact Therese Corrigan **by June 15th** at 440-895-1179.
- 9) Casual **Golf outing at Emerald Woods Golf Course** in Columbia Station, Ohio. Date to be determined. Please contact Mike Kaltenstein at mkstein1@adelphia.net if interested.
- 10) **Ice Skating Clinic** in Strongsville coming up later, perhaps in September - contact Barb Cool for more info. 440-781-8406
- 11) **Horseback Riding** - contact Kathleen Moran at 440-333-6089 for more info.
- 12) **Thistledown Night at the Races**. Sometime in Fall. Therese Corrigan. 440-895-1179

ONGOING ACTIVITIES:

Biking with the Goodyear Ski Club members with food and fun afterwards - **6:00 pm Wednesdays** (contact Fred Zofchak @ 330-678-8295).

After Work Party by the WAVE- free **every Thursday** at Saucy Bistro in Westlake (24481 Detroit Rd.) **5:00 - 8:30 pm**. Rain or shine with **live music!**

Sparx In The City will be presented **Thursdays and Fridays** in downtown Cleveland. A free performance art series called Sparx Street Beats will take place live on various open spaces, from June 1st through September 16th. Every week the sidewalks are a stage as selected performers present charming, mesmerizing and colorful shows. For more information call **216-426-7335**.

Were looking for people to come forward with ideas and/or willingness to be a contact person for an event. It's real easy to do!

You just list an event, date and your name as contact person for that event and that's it!!

(One great event would be canoeing at Mohican!!!)



Eddy's Bike Shop Sweet Corn Challenge

Date: **Sunday July 30th** at 8 am at the Corner of State Routes 303 and 176. 10, 25, 50 and 100 mile routes are available.

Fees: \$15-\$32 (depending upon route) Register online by July 26th or complete an application and receive one of three discounts if registered before May 10, June 10th or July 10th. Same Day Registration is welcomed, but the ride is limited to the first 2,500 bicyclists.

Route: The **25 and 50 MILE ROUTES** traverse near the rim of the Cuyahoga Valley Park and meander through parks, valleys, affluent residential areas and farmland. The 50 mile-route has more challenging hills and optional add-ons for the 'lean and mean'.

The **10-MILE FAMILY ROUTE** is flatter and is escorted by the Richfield Police Department, with traffic controlled at critical intersections. The escorted ride will leave at 10:00 sharp.

On returning from your ride (from 11:00 a.m. to 2:30 p.m.) enjoy delicious **GRILLED CHICKEN** on a Kaiser roll with corn-on-the-cob, cole slaw, fruit, bread, chocolate chip cookie and iced tea. Lunches will be available for non-riders for \$10. Snack stops will keep you hydrated: four stops on the 100 mile route, three on the 50, and one on the 25 mile route. Yoga instructors will lead the riders in yoga stretch exercises at the water stops.

ENTERTAINMENT: All British Rock with **THE TEA BAGS** will perform from 11:00 a.m. to 2:30 p.m. so returning riders can sit under the shade trees or tents, eat their lunch and relax for the rest of the day. Non-riders are welcome to attend the concert at no cost.

Directions:

I-77 Take exit 143. Go west on Wheatley Rd. (Rt. 176) for 1/4 mile. Turn right on Brecksville Rd. Go one mile and turn left onto W. Streetsboro Rd. (Rt. 303).

I-271 SOUTH Take exit 12. (Rt. 303). Go west for three miles.

I-271 NORTH Take exit 9. Turn left onto Brecksville Rd. Go one mile and turn left onto W. Streetsboro Rd. (Rt. 303).

I-80 Ohio Turnpike Take exit 173. Take south (Richfield) ramp onto Brecksville Rd. Go south 1 1/2 miles and turn right onto W. Streetsboro Rd. (Rt. 303).

I-71 Take exit 226, Brunswick (Rt.303). Go east on Route 303 about 8 miles

If you have questions, please contact Therese Telzrow at 216.588.3490 (w) or 216.226.6013 (h).



Whitewater Rafting August 4-6 2006 Lower New River, WV

**DEADLINE FOR
SIGNING UP IS
JUN 30th!!!**

Outfitter - ACE Adventure Center - Oak Hill, WV

More than 120,000 people raft the Lower New River each year in Southern West Virginia. The New River is the world's second oldest waterway after the Nile, and the East's most popular white water river. Because it drains a huge watershed, the lower New River has an enormous volume of water coursing through a narrow canyon. The water creates a friction along the bottom and sides which generates big, oscillating waves, making for exciting rafting with little danger in the hands of experienced guides.

Package includes:

- Ø 2 nights camping Fri & Sat (Ace's Private Campground)
- Ø 1 Day Whitewater Rafting (Saturday 8/5)
- Ø Class III - V action
- Ø Trip over 20 legendary, big water rapids
- Ø Time: 5-6 hours in river
- Ø Round-Trip River Shuttle
- Ø Delicious Riverside Deli Lunch
- Ø Optional dinner Saturday night

Ø Price \$160 per person

Ø Must provide own food or dine on property at their fabulous restaurant in the Lakeside Dining Hall.

Ø Relax and unwind after an exciting day at the Lost Paddle Bar & Grill. Enjoy a full variety of beverages, appetizers and sandwiches all by the emanating warmth of the crackling fireplace.

Ø The Mountain Top Campground features large campsites, stunning sunsets, and radiant dawns. Most sites are within easy walking distance of shower and restroom facilities.

Ø For additional information visit www.aceraft.com

- Outfitters store
- Approximately 5-5½ Hrs from Cleveland.
- Must provide own Transportation
- Payment in full must be received by June 30, 2006
- Send your check made out to the Lewis Ski Club Inc. to

Tom Jones

**NASA Glenn Research Center
21000 Brookpark Road M/S 501-2
Cleveland, Oh 44135**

216-433-3718 (if you have any questions about the event)

This is a NASA Lewis Ski Club sponsored event.

Lower New High Adventure **TRIP #1**

- Full day of Whitewater Rafting on the exciting Lower New River.
- Delicious satisfying riverside buffet.
- Super responsive 14-foot 7-guest raft
- Private ACE Put-in to Fayette Station.
- 20 Class III - V Rapids
- March (extra big water) to November
- Min. Age 14
- Min. Height 56 inches



HOLDEN ARBORETUM

Saturday, May 20



Victoria Briscoe, Cheryl Alden, Janet Dubas



Janet finds another rock to throw into the stream before trying to cross on the Old Valley Trail. Victoria & Matt Dubas are crossing.