

# NASA Lewis Ski Club

## Naski Tips

July 2006



**HAPPY JULY 4th !!**

**Next Meeting: Tuesday, Aug 1  
Summer Picnic at W. J. Green Lodge  
Buy Tickets by JULY 28 !!  
Flyer on page 11**

**Next Board Meeting: July 18**

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**There is no  
BW-3 meeting  
in July !!**



Well we just had another fine weekend in Cleveland with the Grand Prix and the Indians in town. I hope everyone is enjoying the long days and still keeping the grass mowed. On Friday I attended an event at the Natural History Museum sponsored by the Nature League. They had a party on the roof with Cuban Food, \$2 beer and wine and a DJ. They also had a large telescope from which we tracked Saturn throughout the night. You could actually see the rings. I also learned that they have the largest collection of skulls in the world in their basement. It was a really fun event and there were several members from some of the other ski clubs in attendance. I highly recommend this event in the future.

In Club News we went rollerblading several weeks ago and took Victoria Briscoe out for dinner at Around the Corner. We had a nice dinner and afterwards spent an hour calling and looking for her cell phone all over Rocky River. She found it where she last left it under her car seat. She then took us on a tour of her Beach House and some of us scored some left over cleaning products and propane tanks for our grills. Victoria's smile and energy will be missed but the good news is we can all go stay with her in Seattle as soon as she finds a place to live. I will send out her address and phone number when we get it. I assume the accommodations will be on a first come first server basis. With Tim Kurtz in Florida and Victoria in Seattle we now have two interesting places to visit. If only someone would move to Salt Lake City.

The club does have a lot of fun things going on this summer that don't require a lot of preparation, time or cash so you really must throw your TV's out the window and come out and play. There are dog walks (although you could bring your llama if you wanted), rollerblading throughout the month. There is also talk of riding horses and an Indians game The two most important events are of course the summer picnic and the Rafting Trip. Check out the flier for these events in this Newsletter.

I hate to mention in it but it is time to approach your piggy banks for the upcoming Ski Season. We have two great Week long trips planned for Lake Tahoe and Park City. The trip coordinators have worked hard to get good prices for these trips but it requires getting those checks in early. We also have a weekend bus trip planned for Bristol Mountain in New York which I think has the best vertical that can be reached in a one tank trip (well one tank there and one tank back). Details will be coming soon on these trips so start saving now.

The next club meeting will be at the summer picnic so show up there and enjoy an evening of entertainment and find out more about our upcoming trips.

Colin Bidwell

El Presidente



Heidi Baltzly	Jul 2	Teri Hibbard	Jul 14
Heidi McKennick	Jul 2	Lorraine Lipinski	Jul 16
Margaret Proctor	Jul 3	Jim Wright	Jul 17
Charles Gregory	Jul 4	Thomas Kan	Jul 21
Dale Arvay	Jul 5	Fred Wolff	Jul 23
Mark Chernesky	Jul 5	Evan Stevens	Jul 24
Walter Kunka	Jul 5	Lien Vannuyen	Jul 24
Jean Lalli	Jul 8	Diane Slifka	Jul 26
Sandra Mills	Jul 11	Tommy Palisin	Jul 27
Minh Vannuyen	Jul 12	Esther Romanowski	Jul 30
Therese Corrigan	Jul 13	Ron Howard	Jul 31
Joseph Ezerskis	Jul 13	Steven W Mainger	Jul 31

**Happy Belated Birthday to Barbara Knipple!!** Her birthday was June 14 and it was missed in the June newsletter. Our apologies to anyone whose birthdays are not included in the newsletter. The membership & birthday lists are quite a bit of work to maintain & keep updated and sometimes there are errors.



## CONTEST FOR MOST SKI DAYS



Congratulations to the following winners:

- Mike Kaltenstein - for 54 male ski days, won a pewter skier on a white crystal rock.
- Cheryl Alden - for 50 female ski days, won a pewter skier, with tree, on a white crystal rock.
- Nancy Piltch - for 33 Nordic days, won a pewter skier on top of a box.
- Bruce Frankenfield - for 15 snowboarding days, won a pen with a snowboarder attached.
- Mike Hosta - for most snowboarding days, under 21 years old, won a musical Snoopy Pez Dispenser.
- Jim Wright - for mix of 33 Alpine & Nordic days, won a pewter skier trophy.
- Annie Easley - for most days spent at ski areas **WITHOUT** skiing, won a noisemaker.
- Barb Cool - for 2nd Place, overall in CCVet Women won a ski book/DVD on western ski areas.
- Jim Slifka - for naming 4 ski areas in Washington, won a ski book/ DVD on western ski areas.

### Officers of Lewis Ski Club

#### **SKI CLUB OFFICERS**

President: Colin Bidwell (216-433-3947)  
 Alpine Vice President: Mike Kaltenstein (330-483-4841)  
 Nordic Vice President: Nancy Piltch  
 Activity Vice President: Barb Cool (440-781-8406)  
 Recorder: Janet Dubas (216-741-3161)  
 Publicity Director: Cheryl Alden (440-582-2174)  
 Treasurer: Tom Jones (216-433-3718)

#### **COMMITTEE CHAIRS**

CMSC Rep: Renee Harrington  
 Refreshment: Tom Jones (216-433-3718)  
 Sunshine:  
 Social:  
 Racing: Mark Hyatt (216-433-3248)  
 Membership: Lisa Ferenc (216-433-6592)  
 Web Curator: Linda Elonen-Wright (216-433-9370)  
 Trip: Annie Easley (440-816-1215)

**TRUSTEES:** Annie Easley (440-816-1215), Gene Addy (216-977-7467) & Linda Elonen-Wright (216-433-9370)

## **Park City, March '07 Trip**

While enjoying the warm and wet weather that summer brings, next years week long trips are being ironed out. At this time I would like NASA Lewis ski club members to check their calenders off for Park City March 24-31 2007 (Sat - Sat). Jim Slifka and Judy Traxler will be co-leading this week long trip. The cost will be \$1029 for 7 nights lodging / 5 days skiing. A trip flier will be ready for the August newsletter. Also, we will be at the club picnic, Aug 1st, with printed info for the trip.

Jim Slifka [djslif@sbcglobal.net](mailto:djslif@sbcglobal.net) (440-232-3331)

Judy Traxler [jatraxler@aol.com](mailto:jatraxler@aol.com) (330-483-4455)

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## **SKI QUEEN NOMINEE**

Thank you for nominating me as the next NASA Lewis Ski Club Queen! A little about myself: I was born and raised in Vermont. My parents taught us to Nordic ski but I never had the desire to downhill ski. While attending college at Castleton State (near Killington, VT) my roommate convinced me to try snowboarding. Years later I tried skiing, but did not enjoy it as much as snowboarding. After college I went to work in Stowe, VT in various ski and bike shops. I then was lucky enough to get a 9 month job with Skis Dynastar in their Customer Service dept. Very fun but barely paid the bills. So, I came to Cleveland in 1997 in search of a better career and to be with family here. I earned my MBA in Finance from Case and I currently work for Agilysys, Inc. as a Sr. Financial Analyst.

- Jennifer Cardinal



ATV Riding in UTAH

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## **SKI QUEEN NOMINATIONS**

We are still accepting nominations for this year's Ski Queen. Contact Elise ([Elise\\_Allen44118@yahoo.com](mailto:Elise_Allen44118@yahoo.com)) or Karen ([Karen.Fashimpaur@grc.nasa.gov](mailto:Karen.Fashimpaur@grc.nasa.gov)). Self nominations are allowed.

## ACTIVITIES LIST

- 1) **Biking and Burgers.** **Tuesday, July 11**, meet at **5:30 PM** at **Lock 39 trailhead**, corner of Rockside and Canal Roads, in Valley View (on Rockside Rd., across from Lockkeeper's Restaurant). We'll bike for about an hour, or so, and then grab a bite to eat at Quaker Steak and Lube. If we get rained out for the biking, we will still meet at 5:30 for an early dinner at Quaker Steak and Lube, and maybe a movie afterwards. Send e-mail to [Kathleen\\_Cooper@sbcglobal.net](mailto:Kathleen_Cooper@sbcglobal.net) if you'd like to join us!
- 2) Come for a **swim** and refresh from the summer heat on **Thursday, July 13th**. Meet at the **Brooklyn Rec Center**, 7600 Memphis Ave., Brooklyn, OH at 7 pm. The open swim hours are from 7 - 9 pm. Fees are \$7.00 for non-resident adult and \$5.00 for non-resident student. If you are interested please call Janet Dubas at 216-741-3161 or email [dubasflutes1@aol.com](mailto:dubasflutes1@aol.com).
- 3) **July 14th, Friday Hike with Bernadette Kan!** - Meet at the **Brecksville Nature Center** (off of Route 82 in Brecksville at Brecksville Reservation) at **7:00 PM**. The hike will be 5 miles on hilly terrain. Please contact Bernadette at [Bernadette.j.kan@nasa.gov](mailto:Bernadette.j.kan@nasa.gov) if interested.
- 4) Come to **Cain Park's Art Festival** during **July 14 through the 16th!** Cain Park is located at Lee Road at Superior in Cleveland Heights, Ohio 216-371-3000. Hours for the Art Festival are Friday 3 to 8, Saturday 10 to 8, and Sunday 12 to 5. On Saturday our own club member **Tim Beach** will be performing along with his members in the band "**Ohio Crossing**" from **11:30 to 1:00 !**
- 5) **Dog Walk at Virginia Kendall Lake Park - Saturday, July 15 - 9am.** The park is located on Truxell Road in the Cuyahoga Valley. Truxell Road is in Peninsula, south of 303 and runs between Akron-Peninsula Road and Akron-Cleveland Road. The park is about halfway between the two "Akron" roads. There are two main trails, one takes you to a point overlooking the Cuyahoga Valley. The other goes through the woods. And yes, as Colin pointed out, you can even bring your llama !! Contact Cheryl Alden - [skier117@juno.com](mailto:skier117@juno.com)
- 6) **Afternoon sail at Lorain Sailing and Yacht Club.** Weather permitting on **Sunday, July 16, from 1:00 to 5:00PM** we will be sailing on Lake Erie, **no prior sailing experience is necessary.** This is a **FREE event!** Paul Burik, [paulb54@centurytel.net](mailto:paulb54@centurytel.net), is our contact person. Located in Lorain, Ohio, on the Black River next to the Coast Guard Station (past Spitzer Lakeside Marina). Let Paul know if you plan on coming couple of days ahead and he will e-mail you back at noon on Sunday if the weather is OK to sail! Food & drinks will be available at nominal cost (\$1 per item, that includes a burger plate!) or bring your own. Keep in mind that it is cooler on the lake, and please flat/soft shoes only. If you have your own life preserver, by all means bring it.

### **DIRECTIONS:**

From Cleveland take I-90 west to exit 151; S.R. 611. Turn right, north, at the top of the exit ramp on SR 611 and that is the last sharp turn until you see the Lake - about 15 minutes. (Just keep going straight whenever you have a choice!) At the lake (three flags ahead), no choice you must make a left and go 1/4 mile to a parking lot: welcome to LSYC!

- 7) **Goodtime III Happy Hour Cruise on Friday, July 21.** Board at 5:30, boat departs at 6pm. Join us for dinner after at Hornblower's. Contact Therese Telzrow at 216-226-6013. FLYER on page 9.
- 8) **CMSC METRO CUP GOLF OUTING** Saturday, **July 22** at Punderson Golf Course. Cost is \$85/person. Start time is 1pm. Would NASA like to present a team in this event? Contact Annie Easley for more info. 440-816-1215
- 9) **Eddy's Bike Shop Sweet Corn Challenge- Sunday, July 30** (Richfield) your choice of ... 10/25/50/100 miles (some hills) . Grilled chicken lunch, massages, demos, music, free drawing for bike, free sweet corn too! Contact Therese Telzrow at 216-226-6013. FLYER on page 10.
- 10) **Whitewater Rafting** with Tom Jones. **August 4 to 6** - FLYER on page 12.
- 11) **The Cleveland Orchestra's 2006 Blossom Festival Season. Sunday, August 13** – Concert starts at 7:00 PM. **Meet at 6 PM** 'along the fence/wall', in front of the ticket office. I'll be carrying a 'giant' burgundy/black bag, and wearing a blue lei, so you can easily spot me in the crowd. Feel free to bring your favorite wine/beverage and snacks to munch on as we socialize before the concert, which starts at 7:00 PM. Don't forget to bring a blanket to sit on! Cost: **\$20/ea** for lawn tickets, which can be purchased at the gate. Send e-mail to [Kathleen\\_cooper@sbcglobal.net](mailto:Kathleen_cooper@sbcglobal.net) if you'd like to join us!
- Blossom – Mozart and More**  
David Zinman, conductor  
Tito Muñoz, conductor  
Sean Newhouse, conductor  
Michael Sachs, trumpet  
Robert Walters, English horn  
Harbison: Canonical American Songbook  
Mozart: Symphony No. 33  
Copland: Quiet City  
Mozart: Symphony No. 41 ("Jupiter"), K. 551
- 12) **Indians Night OUT! Saturday, August 26th!** Cost is \$14.00 each ticket (ticket price includes a \$4.00 discount) Contact Therese Corrigan **by June 15th** at 440-895-1179.
- 13) **Ice Skating Clinic** in Strongsville coming up later, perhaps in September - contact Barb Cool for more info. 440-781-8406
- 14) **Horseback Riding** - contact Kathleen Moran at 440-333-6089 for more info.
- 15) **Thistledown Night at the Races.** Sometime in Fall. Therese Corrigan. 440-895-1179

## **ONGOING ACTIVITIES:**

**Casual Golf at Emerald Woods Golf Course - Fridays at 5pm with Mike Kaltenstein.** We'll figure who plays with who and on which course as people show up. This will not be competitive, just fun and casual. Emerald Woods Golf Course is located at Snell & Boone Roads (1/2 mile east of Rt 252, 1 mile north of Rt 82) in Columbia Station, OH - 440.236.8940. You can show up on your own or email Mike at [mkstein1@adelphia.net](mailto:mkstein1@adelphia.net) or call him at (cell) 216-470-4720.

**Biking** with the Goodyear Ski Club members with food and fun afterwards - **6:00 pm Wednesdays** (contact Fred Zofchak @ 330-678-8295).

After Work Party by the WAVE- free **every Thursday** at Saucy Bistro in Westlake (24481 Detroit Rd.) **5:00 - 8:30 pm**. Rain or shine with **live music!**

**Sparx In The City** will be presented **Thursdays and Fridays** in downtown Cleveland. A free performance art series called Sparx Street Beats will take place live on various open spaces, from June 1st through September 16th. Every week the sidewalks are a stage as selected performers present charming, mesmerizing and colorful shows. For more information **call 216-426-7335**.

**Were looking for people to come forward with ideas and/or willingness to be a contact person for an event. It's real easy to do!**

You just list an event, date and your name as contact person for that event and that's it!!

(One great event would be canoeing at Mohican!!!)

## Women In The Outdoors Day

Jennifer Cardinal and I participated in the Women in Outdoors event June 24th put on by the Black River Chapter of NWTF (National Wild Turkey Federation) held at the South Cuyahoga Sportsmen's Assoc. in Medina. The purpose is to let women do new things outdoors! I got to make a primitive bow and arrow, do Tai Chi, learn about photography, and both Jennifer and I learned very important tips and info on self-defense! Besides the self defense class, Jennifer did some fly fishing, shot a handgun, and learned about primitive fire starting. They use very knowledgeable instructors who volunteer their time! Additional classes are shooting, archery, fishing and more! Besides the classes, continental breakfast, lunch, beverages, door prizes are included! What an awesome day! Look for upcoming info for a Women in the Outdoors event this winter !!

- Barb Cool



Group Photo: Jennifer Cardinal, Nasa Lewis ski queen applicant, and Barb Cool at the Women in Outdoor's event. Look for Jennifer (wearing a cap) and Barb standing about 3 or 4 rows back and 3rd and 4th person from the right)



Barb stabbing a dummy in the eye with a pencil in self defense class!



**It's time again to celebrate summer  
on the Goodtime III Happy Hour Cruise!**



**After the cruise, join us at Hornblower's for dinner.**

**Friday, July 21st**

**Board at 5:30 pm, boat departs at 6:00 pm sharp.**

Since the group discount is only \$1 and must be prepaid, we are not going to do this as a formal group. You can buy tickets at the Goodtime III office ahead of time or right before the cruise. Make sure you allow enough time to buy your ticket. New for this year...they have their own parking lot! However, Hornblower's still offers free parking for their customers. Feel free to invite your friends and family. **I am extending this invitation to my club, NASA Lewis Ski Club as well. Hope you can make it!** Contact Therese Telzrow 216-226-6013.

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***Rush Hour*** cruises began in 1984... and are a HUGE hit!

This cruise is every Friday during the Summer Season -- a perfect way to unwind and enjoy yourself after a hard week's work! This cruise is sponsored by Majic Radio (WMJI 105.7FM) and a personality is on-board as the Emcee for this fun-filled, prize-packed cruise. Bar Service is available at Happy Hour prices at one of the Ship's Beverage Bars and a fine variety of snacks and sandwiches available at the ship's Galley.

Groups get a discount and do have options of catered menus and offerings – please call the office for more details for catering options.

Boarding: approximately 5:30PM, Sails 6:00PM to 8:00PM

2 hour Cruise Time

Cost: \$10.00 per person

ADULTS ONLY 18+

**MOST MAJOR CREDIT CARDS ACCEPTED**

**CALL 216-861-5110 for more information**



## **Eddy's Bike Shop Sweet Corn Challenge**

**Date: Sunday July 30th** at 8 am at the Corner of State Routes 303 and 176. 10, 25, 50 and 100 mile routes are available.

**Fees:** \$15-\$32 (depending upon route) Register online by July 26th or complete an application and receive one of three discounts if registered before May 10, June 10th or July 10th. Same Day Registration is welcomed, but the ride is limited to the first 2,500 bicyclists.

**Route:** The **25 and 50 MILE ROUTES** traverse near the rim of the Cuyahoga Valley Park and meander through parks, valleys, affluent residential areas and farmland. The 50 mile-route has more challenging hills and optional add-ons for the 'lean and mean'.

The **10-MILE FAMILY ROUTE** is flatter and is escorted by the Richfield Police Department, with traffic controlled at critical intersections. The escorted ride will leave at 10:00 sharp.

On returning from your ride (from 11:00 a.m. to 2:30 p.m.) enjoy delicious **GRILLED CHICKEN** on a Kaiser roll with corn-on-the-cob, cole slaw, fruit, bread, chocolate chip cookie and iced tea. Lunches will be available for non-riders for \$10. Snack stops will keep you hydrated: four stops on the 100 mile route, three on the 50, and one on the 25 mile route. Yoga instructors will lead the riders in yoga stretch exercises at the water stops.

**ENTERTAINMENT:** All British Rock with **THE TEA BAGS** will perform from 11:00 a.m. to 2:30 p.m. so returning riders can sit under the shade trees or tents, eat their lunch and relax for the rest of the day. Non-riders are welcome to attend the concert at no cost.

### **Directions:**

I-77 Take exit 143. Go west on Wheatley Rd. (Rt. 176) for 1/4 mile. Turn right on Brecksville Rd. Go one mile and turn left onto W. Streetsboro Rd. (Rt. 303).

I-271 SOUTH Take exit 12. (Rt. 303). Go west for three miles.

I-271 NORTH Take exit 9. Turn left onto Brecksville Rd. Go one mile and turn left onto W. Streetsboro Rd. (Rt. 303).

I-80 Ohio Turnpike Take exit 173. Take south (Richfield) ramp onto Brecksville Rd. Go south 1 1/2 miles and turn right onto W. Streetsboro Rd. (Rt. 303).

I-71 Take exit 226, Brunswick (Rt.303). Go east on Route 303 about 8 miles

**If you have questions, please contact Therese Telzrow at 216.588.3490 (w) or 216.226.6013 (h).**

## **NASA Lewis Ski Club Summer Picnic 2006**

**Tuesday August 1, 2006**

**W.J. Green Lodge in  
Cleveland Metro parks:**

**(located off Parkway between  
South Quarry & Eastland)**

**4:00 p.m. - 10:00 p.m.**

**Dinner @ 6:00 p.m.**



**You can't beat the price!!**

**Club members - \$10**

**Guests - \$18**

**Kid's hotdog meal - free**

**Grilled Steak, Chicken or Veggie Burger  
Corn on the Cob, Potato Salad, Pasta Salad  
Chips & salsa, Desserts, Fixin's, Beer  
Wine, Pop and Water!**

**"We'll Eat, have a short meeting and  
Then play Volleyball, throw horseshoes,  
Kid's games and socialize."**

**Ticket Deadline is Friday July 28<sup>th</sup>, 2006**

**For Tickets or more information, contact -**

**Gene Addy - 216-977-7467**

**Annie Easley - 440-816-1215**

**Tom Jones - 216-433-3718**

**Mike Kaltenstein - 330-483-4841**



# Whitewater Rafting August 4-6 2006 Lower New River, WV

**DEADLINE FOR  
SIGNING UP IS  
JUN 30th!!!**

***Outfitter - ACE Adventure Center - Oak Hill, WV***

More than 120,000 people raft the Lower New River each year in Southern West Virginia. The New River is the world's second oldest waterway after the Nile, and the East's most popular white water river. Because it drains a huge watershed, the lower New River has an enormous volume of water coursing through a narrow canyon. The water creates a friction along the bottom and sides which generates big, oscillating waves, making for exciting rafting with little danger in the hands of experienced guides.

## **Package includes:**

- Ø 2 nights camping Fri & Sat (Ace's Private Campground)
- Ø 1 Day Whitewater Rafting (Saturday 8/5)
- Ø Class III - V action
- Ø Trip over 20 legendary, big water rapids
- Ø Time: 5-6 hours in river
- Ø Round-Trip River Shuttle
- Ø Delicious Riverside Deli Lunch
- Ø Optional dinner Saturday night

## **Price \$160 per person**

Ø Must provide own food or dine on property at their fabulous restaurant in the Lakeside Dining Hall.

Ø Relax and unwind after an exciting day at the Lost Paddle Bar & Grill. Enjoy a full variety of beverages, appetizers and sandwiches all by the emanating warmth of the crackling fireplace.

Ø The Mountain Top Campground features large campsites, stunning sunsets, and radiant dawns. Most sites are within easy walking distance of shower and restroom facilities.

Ø For additional information visit [www.aceraft.com](http://www.aceraft.com)

- Outfitters store
- Approximately 5-5½ Hrs from Cleveland.
- Must provide own Transportation
- Payment in full must be received by June 30, 2006
- Send your check made out to the Lewis Ski Club Inc. to

**Tom Jones**

**NASA Glenn Research Center  
21000 Brookpark Road M/S 501-2  
Cleveland, Oh 44135**

216-433-3718 (if you have any questions about the event)

*This is a NASA Lewis Ski Club sponsored event.*

**Lower New High Adventure** **TRIP #1**

- Full day of Whitewater Rafting on the exciting Lower New River.
- Delicious satisfying riverside buffet.
- Super responsive 14-foot 7-guest raft
- Private ACE Put-in to Fayette Station.
- 20 Class III - V Rapids
- March (extra big water) to November
- Min. Age 14
- Min. Height 56 inches

