NASA Lewis Ski Club Naski Tips

August 2006



Next Meeting: Tuesday, Aug 1 Summer Picnic at W. J. Green Lodge Buy Tickets by JULY 28 !! Flyer on page 9 Next Board Meeting: August 22

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I hope everyone is having a great summer. You certainly can't complain about the weather. We have had a good combination of rain and sun which keeps the grass growing but not so much that it needs to be mowed every week. We also haven't had to run the air conditioners full tilt. I just returned from a visit to Fort Worth where the temperature was 110 F so I don't want to hear any complaints about it being hot. Well enough about the weather.

I think Barb Cool and Cheryl Alden have been doing a great job with a diverse array of summer activities. A bunch of us had wings at Quaker Steak and Lube and saw the new Pirates of the Caribbean movie. The plan was to go bike riding but due to a little flooding in Valley View we ended up drinking beer and taking in a movie. Last Friday I ended up on the Good Time III with Barb Cool and a bunch of her friends. I know lots of things about the banking industry now. The "Rush Hour" cruise included a DJ, beer and a tour of the inner harbor and a part of the Cuyahoga River. It was fun. There was dancing (except to those horrible Hang on Sloopy and It's Raining Men songs) and all sorts of contests (which nobody in our group won) and it was a nice evening to take in the Harbor and River scenery. I also got to meet our NASA Ski Queen candidate which for some reason the committee has been keeping a secret. She is a snowboarder but she does drink beer so I am sure she'll make a fine candidate.

As far as upcoming events we have the Picnic and Whitewater Rafting in August and winter trips planned for Lake Tahoe, Park City and Bristol so get your checkbooks out and get signed up. That's all for now. See you at the Picnic !

El Presidente



Bob Dennington Jennifer Cardinal Mark Hyatt Moria Avtshtol Galina Golovneva Kim Kessler Barbara Moore Mike Kaltenstein FrancisBurik Joshua Hershman Susan Stewart Tom O'Donnell

Aug 4	Vera Avtshtol	Aug 19
Aug 5	Roger Svehla	Aug 20
Aug 8	Joseph Baruta	Aug 21
Aug 9	Steve Holland	Aug 22
Aug 9	Randy Dunn	Aug 24
Aug 9	Cheryl Dickerson	Aug 25
Aug 9	Judy Traxler	Aug 25
Aug 14	Josh Shook	Aug 28
Aug 15	David Newman	Aug 29
Aug 15	Mike Senchak	Aug 29
Aug 16	Kelsey Hyatt	Aug 31
Aug 18		

SKI TRIPS FOR 2007

Friday, Jan 5 Friday, Jan 19 Friday, Feb 2 Feb 3 to 10 Friday, Feb 16 Weekend, Feb. 23-25 Friday, Mar 2 Saturday, Mar 10 Mar 24 to 31

Holimont Holiday Valley Seven Springs Lake Tahoe Holimont Bristol Mountain Holiday Valley Cockaigne Park City, UT



Officers of Lewis Ski Club

SKI CLUB OFFICERS

President: Colin Bidwell (216-433-3947) Alpine Vice President: Mike Kaltenstein (330-483-4841) Nordic Vice President: Nancy Piltch Activity Vice President: Barb Cool (440-781-8406) Recorder: Janet Dubas (216-741-3161) Publicity Director: Cheryl Alden (440-582-2174) Treasurer: Tom Jones (216-433-3718)

COMMITTEE CHAIRS

CMSC Rep: Renee Harrington Refreshment: Tom Jones (216-433-3718) Sunshine: Social: Racing: Mark Hyatt (216-433-3248) Membership: Lisa Ferenc (216-433-6592) Web Curator: Linda Elonen-Wright (216-433-9370) Trip: Annie Easley (440-816-1215)

TRUSTEES: Annie Easley (440-816-1215), Gene Addy (216-977-7467) & Linda Elonen-Wright (216-433-9370)

ACTIVITIES LIST

1) Eddy's Bike Shop Sweet Corn Challenge- Sunday, July 30 (Richfield) your choice of ... 10/ 25/50/100 miles (some hills). Grilled chicken lunch, massages, demos, music, free drawing for bike, free sweet corn too! Contact Therese Telzrow at 216-226-6013. FLYER on page 8.

2) Whitewater Rafting with Tom Jones. August 4 to 6 - FLYER on page 10.

3) The Cleveland Orchestra's 2006 Blossom Festival Season. Sunday, August 13 – Concert starts at 7:00 PM. Meet at 6 PM 'along the fence/wall', in front of the ticket office. I'll be carrying a 'giant' burgundy/black bag, and wearing a blue lei, so you can easily spot me in the crowd. Feel free to bring your favorite wine/beverage and snacks to munch on as we socialize before the concert, which starts at 7:00 PM. Don't forget to bring a blanket to sit on! Cost: **\$20/ea** for lawn tickets, which can be purchased at the gate. Send e-mail to Kathleen_cooper@sbcglobal.net if you'd like to join us!

Blossom – Mozart and More David Zinman, conductor Tito Muñoz, conductor Sean Newhouse, conductor Michael Sachs, trumpet Robert Walters, English horn Harbison: Canonical American Songbook Mozart: Symphony No. 33 Copland: Quiet City Mozart: Symphony No. 41 ("Jupiter"), K. 551

4) **Beach Boys Concert** - If interested in going to Beach Boys Concert on **August 17th, Thursday** night at **Cain Park** (Superior Road and Lee Road), please contact Therese Corrigan at 440-895-1179. Tickets are 33.50 for Lawn seats and there is a free shuttle service from Cleveland Heights City Hall -free parking - (Mayfield Road and S. Taylor Rd. one hour before and after show).

5) **Hike with Bernadette Kan** - Bernadette's hike was cancelled due to stormy weather on Friday, July 14th, however another hike is scheduled for **Friday, August 18th**. It will be at the **Brecksville Reservation**, and we'll hike 5 miles. Meet at the **Oak Grove Picnic Area**, second lot (right after the pavilion) at **7:00 p.m.** The best way to get there is to enter Valley Parkway from Rt. 21. The picnic area is on the right (south) side, just after Meadows Drive. Bring water. The terrain is hilly. Wear comfortable socks and sturdy shoes or boots. Please contact Bernadette at Bernadette.j.kan@nasa.gov if interested.

6) **In-Line Skating - Monday, August 21 - 6:00pm** at **Bonnie Park** in **Strongsville**. From intersection of Pearl Rd & Valley Parkway, go south on Valley Parkway to 1st stop sign. Make right and park in the biggest lot on the right at the end. Contact Cheryl Alden at skier117@juno.com.

7) Indians Night OUT! Saturday, August 26th! Cost is \$14.00 each ticket (ticket price includes a \$4.00 discount) Contact Therese Corrigan by June 15th at 440-895-1179.

8) **Country Jam** at **Cuyahoga County Fairgrounds** - **Saturday, September 9**. Gates open at 10 am. Featuring Trace Adkins, Trick Pony, Chris Cagle, Gary Nichols and more !!

9) **Ice Skating Clinic** in Strongsville coming up later, perhaps in September - contact Barb Cool for more info. 440-781-8406

10) Horseback Riding - contact Kathleen Moran at 440-333-6089 for more info.

11) Thistledown Night at the Races. Sometime in Fall. Therese Corrigan. 440-895-1179

ONGOING ACTIVITIES:

Casual Golf at **Emerald Woods Golf Course - Fridays at 5pm with Mike Kaltenstein.** We'll figure who plays with who and on which course as people show up. This will not be competitive, just fun and casual. Emerald Woods Golf Course is located at Snell & Boone Roads (1/2 mile east of Rt 252, 1 mile north of Rt 82) in Columbia Station, OH - 440.236.8940. You can show up on your own or email Mike at mkstein1@adelphia.net or call him at (cell) 216-470-4720.

Biking with the Goodyear Ski Club members with food and fun afterwards - **6:00 pm Wednesdays** (contact Fred Zofchak @ 330-678-8295).

After Work Party by the WAVE- free **every Thursday** at Saucy Bistro in Westlake (24481 Detroit Rd.) **5:00 - 8:30 pm.** Rain or shine with **live music!**

Sparx In The City will be presented **Thursdays and Fridays** in downtown Cleveland. A free performance art series called Sparx Street Beats will take place live on various open spaces, from June 1st through September 16th. Every week the sidewalks are a stage as selected performers present charming, mesmerizing and colorful shows. For more information **call 216-426-7335**.

Were looking for people to come forward with ideas and/or willingness to be a contact person for an event. It's real easy to do! You just list an event, date and your name as contact person for that event and that's it!! (One great event would be canoeing at Mohican!!!)

Dinner and Movie Night, July 11

Biking the Towpath was cancelled, due to predicted thunderstorms. Several of us met at Quaker Steak and Lube for dinner. Afterwards, most of the group went to see "Pirates of the Caribbean: Dead Man's Chest." The movie showed stunning island scenery and characters that would win any Halloween costume contest. It was very well done.

Wine Tasting at Jerry's Wine Center on July 15th

Eight of us met at Jerry's Wine Center in Broadview Hts. to enjoy five selections of New Zealand wines along with an assortment of cheese, crackers and other snacks. I was pleased to meet some new faces along with familiar ones. The store was fairly quiet being a Saturday night. Friday nights are usually very lively. After the tasting, six of us walked across parking lot to a delicious dinner on the patio of Cozumel's Mexican Restaurant. Ray and I were surprised when our Dos Equis' were served. They were 32 ozs. each! Somehow we managed to finish them. The weather couldn't have been more pleasant and a good time was had by all.

Jan Neumann

Happy Hour on the Goodtime III Friday, July 21st.

Colin Bidwell, Jennifer Cardinal, Barb Cool and Therese Telzrow joined up with several Ohio Savings Bank employees and friends for a beautiful summer evening on the Goodtime III's Happy Hour Cruise. Therese Corrigan would have been there but her valiant attempt was unsuccessful. Try as she did, her car just would not cooperate.

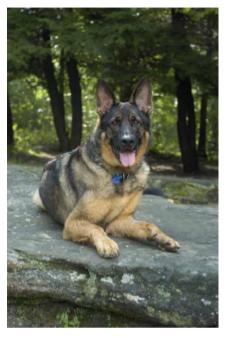
At 6 pm we set sail from Cleveland's E 9th St. pier and headed toward and down the Cuyahoga River. Past Shooters, the Plain Dealer Pavilion, and Tower City Amphitheatre. A member of our party, Cindy, pointed out the boat dock where her rowing team is based. Then back again and out on to the lake.

While the boat sailed away, we got out on the dance floor and had some fun! And for the last dance, we all "Banged the Drum" to Barb Cool's favorite artist, Todd Rundgren.

Afterwards we headed to Hornblowers for good food and conversation. Cindy, a skier and potential Lewis Ski Club member, just moved from New Orleans and had us spellbound with her stories about Katrina and all the other storms she survived. We are so lucky to live in Cleveland! Especially when you can spend a wonderful evening out on the lake. A great time was had by all!

Therese Telzrow

Photos from dog walk at Kendall Lake on July 15 (Taken by Charlie Snyder)



Chance, Charlie Snyder's German Shepherd, poses on a rock.



Cheryl Alden and Barb Cool with Sam, Chance & Pookie

Afternoon Sail at the Lorain Sailing and Yacht Club on July 16.



Matt Dubas, Gary Paul, Janet Dubas & Blanche Vanis



Eddy's Bike Shop Sweet Corn Challenge

Date: Sunday July 30th at 8 am at the Corner of State Routes 303 and 176. 10, 25, 50 and 100 mile routes are available.

Fees: \$15-\$32 (depending upon route) Register online by July 26th or complete an application and receive one of three discounts if registered before May 10, June 10th or July 10th. Same Day Registration is welcomed, but the ride is limited to the first 2,500 bicyclists.

Route: The **25** and **50 MILE ROUTES** traverse near the rim of the Cuyahoga Valley Park and meander through parks, valleys, affluent residential areas and farmland. The 50 mile-route has more challenging hills and optional add-ons for the 'lean and mean'.

The **10-MILE FAMILY ROUTE** is flatter and is escorted by the Richfield Police Department, with traffic controlled at critical intersections. The escorted ride will leave at 10:00 sharp.

On returning from your ride (from 11:00 a.m. to 2:30 p.m.) enjoy delicious GRILLED CHICKEN on a Kaiser roll with corn-on-the-cob, cole slaw, fruit, bread, chocolate chip cookie and iced tea. Lunches will be available for non-riders for \$10. Snack stops will keep you hydrated: four stops on the 100 mile route, three on the 50, and one on the 25 mile route. Yoga instructors will lead the riders in yoga stretch exercises at the water stops.

ENTERTAINMENT: All British Rock with THE TEA BAGS will perform from 11:00 a.m. to 2:30 p.m. so returning riders can sit under the shade trees or tents, eat their lunch and relax for the rest of the day. Non-riders are welcome to attend the concert at no cost.

Directions:

I-77 Take exit 143. Go west on Wheatley Rd. (Rt. 176) for 1/4 mile. Turn right on Brecksville Rd. Go one mile and turn left onto W. Streetsboro Rd. (Rt. 303).

I-271 SOUTH Take exit 12. (Rt. 303). Go west for three miles.

I-271 NORTH Take exit 9. Turn left onto Brecksville Rd. Go one mile and turn left onto W. Streetsboro Rd. (Rt. 303).

I-80 Ohio Turnpike Take exit 173. Take south (Richfield) ramp onto Brecksville Rd. Go south 1 1/2 miles and turn right onto W. Streetsboro Rd. (Rt. 303).

I-71 Take exit 226, Brunswick (Rt.303). Go east on Route 303 about 8 miles

If you have questions, please contact Therese Telzrow at 216.588.3490 (w) or 216.226.6013 (h).

NASA Lewis Ski Club Summer Picnic 2006

Tuesday August 1, 2006 W.J. Green Lodge in Cleveland Metro parks: (located off Parkway between South Quarry & Eastland)

4:00 p.m. - 10:00 p.m. Dinner @ 6:00 p.m.



You can't beat the price!! Club members - \$10 Guests - \$18 Kid's hotdog meal - free

Grilled Steak, Chicken or Veggie Burger Corn on the Cob, Potato Salad, Pasta Salad Chips & salsa, Desserts, Fixin's, Beer Wine, Pop and Water!

"We'll Eat, have a short meeting and Then play Volleyball, throw horseshoes, Kid's games and socialize."

Ticket Deadline is Friday July 28th, 2006

For Tickets or more information, contact -

Gene Addy - 216-977-7467 Annie Easley - 440-816-1215 Tom Jones - 216-433-3718 Mike Kaltenstein - 330-483-4841







Outfitter - ACE Adventure Center - Oak Hill, WV

More than 120,000 people raft the Lower New River each year in Southern West Virginia. The New River is the world's second oldest waterway after the Nile, and the East's most popular white water river. Because it drains a huge watershed, the lower New River has an enormous volume of water coursing through a narrow canyon. The water creates a friction along the bottom and sides which generates big, oscillating waves, making for exciting rafting with To Colittle danger in the hands of experienced guides.

Package includes:

- Ø 2 nights camping Fri & Sat (Ace's Private Campground) Ø 1 Day Whitewater Rafting (Saturday 8/5)
- Ø Class III V action

To Lex@ Trip over 20 legendary, big water rapids

- Ø Time: 5-6 hours in river
- Ø Round-Trip River Shuttle
- Ø Delicious Riverside Deli Lunch
- Ø Optional dinner Saturday night Take 19 S

O Price \$160 per person

Ø Must provide own food or dine on property at their fabulous restaurant in the Lakeside Dining Hall.

Ø Relax and unwind after an exciting day at the Lost Paddle Bar & Grill. Enjoy a full variety of beverages, appetizers and sandwiches all by the emanating warmth of the crackling fireplace.

ØThe Mountain Top Campground features large campsites, stunning sunsets, and radiant dawns. Most sites are within easy walking distance of shower and restroom facilities.

ØFor additional information visit www.aceraft.com

Outfitters store

- Approximately 5-5½ Hrs from Cleveland.
- Must provide own Transportation
- •Payment in full must be received by June 30, 2006 •Send your check made out to the Lewis Ski Club Inc. to

Tom Jones NASA Glenn Research Center 21000 Brookpark Road M/S 501-2 Cleveland, Oh 44135 216-433-3718 (if you have any questions about the event)

This is a NASA Lewis Ski Club sponsored event.

:#1 • Full day of Whitewater Rafting on the exciting Lower New River. Delicious satisfying riverside buffet.
Super responsive 14-foot 7-guest raft
Private ACE Put-in to Fayette Station. 20 Class III - V Rapids

TRIP

- March (extra big water) to November
- Min. Age 14
- Min. Height 56 inches





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\$1030.00 per person



Includes:

Lodging – Radisson Inn – 7 nights (Sat. to Sat.), dbl occupancy per hotel room. Lift tickets – 5 days (3 days Park City, 1 day Deer Valley, 1 day Canyons) **Roundtrip Airfare from Cleveland.** Ground transportation from Salt Lake City to Park City. ****Complimentary** welcome party upon arrival. ****Complimentary** full breakfast buffet (daily). ****FREE** shuttle stop in front of hotel. **FREE hot cider with fresh baked cookies daily. **FREE private group guide for 1 day. **Indoor/outdoor heated pool, LARGE hot tub & sauna.

For sign-up, contact trip leaders: Jim Slifka 440-232-3331 home 440-292-5300 cell djslif@sbcglobal.net Judy Traxler 330-483-4455 home jatraxler@aol.com

Send deposit check and trip agreement form to:

Payment schedule:

Judy Traxler

6222 Boston Rd.

Valley City, OH 44280

\$350.00 Due now, non-refundable \$350.00 Due by November 1, 2006 \$330.00 Due by January 1, 2007

Note: Must be a member of the NASA Lewis Ski Club - \$10 single/ \$15 family.

***For additional information, trip application, and membership forms, please visit our website at: http://lewisskiclub.org



Make Checks payable to:

Lewis Ski Club, Inc.