

NASA Lewis Ski Club

Naski Tips



May 2005

Happy Mother's Day

**Next Meeting: Tues, June 7 BW3-Rocky River
5 pm: Happy Hour 6 pm: Meeting**

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*Remember, there is no
monthly meeting in May.
Next board meeting is
May 24 at Frankie's.*

Join in the Summer Activities
pg. 4-5

Volunteers Needed.



Hey Lewis Ski Club! How's everyone doin'?

Thanks for giving me the opportunity to lead the club. We've got a lot of activities planned for the summer – biking, sailing, rollerblading, art gallery, kayaking, hiking...Something for everyone. I'm planning on leading three bike trips to the islands this summer – Middle Bass Island, South Bass Island and Kelley's Island – with other activities included in each trip. If you've got ideas for trips or activities let Victoria Briscoe know. Don't miss the meeting in June, we're going to be voting on amendments to the club constitution and should have our summer activities pretty well scheduled.

Before the election I said, "One of the things I wanted to do was increase the availability of Saturday trips for folks who can't take off during the week or have kids that want to go skiing with the club, too."

For those who can't afford to take one of the great week trips our club offers; I thought overnight and weekend trips might be a good alternative. A few of the races are two day events at places we don't ordinarily go and I thought that would have been a good excuse for a weekend trip. Well, I've got good news. I just came from a trip planning meeting and it looks like we'll have three weekend trips next year – two of them planned around races. We're also going to have two Saturday trips, as well as, two Friday trips.

Another thing I want to see happen is for the club to provide more support for our racers and provide more opportunities for members to be exposed to what it's like to race and to learn how to race or race better. There has been talk about a tentative race clinic bundled with a trip to Cockaigne in December. I'd also like to see the club's racers put together a fund raiser to raise money to pay for their race fees next year. I guess that's my goal for next month. If you have any ideas, let me know.

I'm looking forward to a great year! Let's see what other fun activities we can come up with. If you have some suggestions, let me or one of the board members know. See you at the June meeting!

Your new president,

Tim

Officers of Lewis Ski Club

SKI CLUB OFFICERS

President: Tim Kurtz (216-433-2760)
 Alpine Vice President: Mike Kaltenstein (330-483-4841)
 Nordic Vice President: Tom Haag (216-977-7423)
 Activity Vice President: Victoria Briscoe (216-433-3237)
 Recorder: Janet Dubas (216-749-9504)
 Publicity Director: Cheryl Alden (440-582-2174)
 Treasurer: Tom Jones (216-433-3718)

COMMITTEE CHAIRS

CMSC Rep: Karen Fashimpaur (440-243-5456)
 Refreshment: Malcolm Wood (440-331-1349)
 Sunshine: vacant
 Social: Kathleen Moran & Barb Cool (440-236-8517)
 Racing: Mark Hyatt (216-433-3248)
 Membership: Lisa Ferenc (216-433-6592)
 Web Curator: Tim Kurtz (216-433-2760)
 Trip: Annie Easley (440-816-1215)

TRUSTEES: Annie Easley (440-816-1215), Gene Addy (216-977-7467) & Malcolm Wood (440-331-1349)

Rays of Sunshine

NANCY PILTCH is retiring. Now she can have as many ski days as she wants and send us e-mails about how great the snow is. CONGRATULATIONS NANCY !! GREAT JOB DONE !!

....Now we are in **need of a New Sunshine Chair** to send cards of well-wishes and get-betters to members throughout the year. Please let your President know if interested.

Also, longtime member **KLAUS GUMTO** is retiring this Spring. CONGRATULATIONS KLAUS!! GREAT JOB DONE !!

CONGRATULATIONS **COLIN BIDWELL**, on rescuing your car from a locked garage at the Banff Film Festival. We heard you were almost accosted by a man with a hammer at the Greyhound bus station and had to ride your bike all the way downtown to rescue your car the next morning. How late did that film festival go, Colin?



Evelyn Bible May 1
 Brian O'Donnell May 2
 Janet Dubas May 2
 Renee Provenza May 2
 Tammy Langhals May 3
 Therese Telzrow May 3
 Chris Brachna May 5
 Danielle Hyatt May 6
 Janice Shook May 7
 Paula Forma-Paslowski May 9

Mike Stratis May 10
 John Ballasch May 11
 Lily Palisin May 11
 Lisa Ferenc May 12
 Emily Demczyk May 13
 Liz Vannuyen May 13
 Jennifer Cyrill May 14
 Lori Manthey May 14
 John Adamczyk May 16
 Albert Francis May 17
 John Anderson May 17
 Csabn Brachna May 19
 Abby Guzauskas May 20
 Janette Burton May 20
 Vicki Pickett May 20

David Root May 21
 John Zoldi May 23
 James Osborne May 24
 Julia Reveley May 24
 Paul Senick May 24
 Rose Dlubac May 24
 Ruth Jones May 24
 Siegfried Dreger May 27
 Warren Knipple May 28
 Colin Bidwell May 29
 Dan Vanbuskirk May 29
 Rose Wittrup May 30
 Patty Jackson May 31

SUMMER ACTIVITIES

CONTACT Victoria Briscoe with ALL your ideas for fun outings that you want to lead...!
It doesn't have to be a big trip, you could lead a small hike through the woods....
Your VP of Activities (216)214-7056, Victoria.L.Briscoe@grc.nasa.gov

MAY

EVENT

POC

5/7/2005

Travel Seminar

Annie Easley

9:30AM Trip Workshop, 11AM vendors open. Must be there by 12:30PM. Location: Quality Inn, at the intersection of Bagley & Engle Rd. (ajeasl@sbcglobal.net) **Free Event!**

5/9/2005, 6:00 PM

Rollerblading

Cheryl Alden

Bring your own rollerblades and we'll blade for an hour or two. Park at Wallace Lake in Berea on Valley Parkway, about one mile south of Bagley Rd. (skier117@juno.com,) **Free Event!**

5/15/2005, 10:30A-12:30P

Trail Ride: Horseback Riding & Picnic

Victoria Briscoe

1 Hour ride in the Metro Parks. Bring a sack lunch & we will have a picnic after our horse ride! Victoria will supply the ice to keep the food cold....Open to all levels of riders. Sign up-Space, 6 people only! Meet at Riverwood, Barret Road, Olmstead Township. **Cost \$27** (Victoria.L.Briscoe@grc.nasa.gov)

5/21/2005, Noon-3P

Tow Path Bike Ride

Tim Kurtz

Meet at Winking Lizard, (Route 303 & Akron/Peninsula Rd) Bike 1.5 hrs, Refresh back at Winking Lizard! **Free Event!** (TK@bfsng.com)

JUNE

EVENT

POC

6/12/2005, 2P-Sunset

SAILING-LSYC Open House

Paul Burik

Try out sailing at the Lorain Sailing and Yacht Club (LSYC) Open House. Opportunities to go out on the water plus burgers & beer available for \$1 donation. Looking to have 2-3 carloads of Lewis Ski Club members, no limit on attendance, lots of boats going out! Please RSVP to Paul. Location: (LSYC) on the Black River in Lorain, next to Coast Guard station, easy 30 min ride from I-90 from Dwtn. **FREE Event!** (paulb54@centurytel.net)

6/17/2005, 6:30-9:00P

OUTDOOR LIVE MUSIC

Judy Traxler

Come enjoy Tim Beach's band, "*Ohio Crossing*" an electric blues, country, rock band performing at the opening event for Art on the Farm. Please bring your own lawn chairs & food (will be some vendors) - but NO ALCOHOL. Plus, arts and crafts will be on display. Spring Mist Farms 697 Pearl Rd Brunswick, OH (Just mention "NASA Lewis Ski Club" at the gate to get in.) **FREE Event!** (JATRAXLER@aol.com)

6/18/2005, 8AM to 6PM

National Womens Turkey Federation

Barb Cool

Getting a team together to participate in the NWTF women's outdoor program to provide interactive, educational outdoor opportunities for women of all ages. Enhance outdoor skills in hands-on classes: Archery, backpacking, build wildlife habitat, dog training, fire starting, fishing fundamentals, fitness boot camp, fly tying, GPS/geocaching, gun cleaning/maintenance, handgun basics, self defense, shotgun basics, trapshooting, weather, wilderness first aid, & wild game cooking. (rank top 6, and you attend 4 classes) Plus raffles and prizes. Deadline signup w/Barb is May 28. Meet at NASA parking lot and carpool to Medina County. Cuyahoga Sportsmens Assoc., 5370 Erhart Road Chatham Township **Cost\$40** incl, classes, cont. Breakfast lunch, 1 yr membership, pocket knife, quarterly women in Outdoors magazine (Bcool60876@aol.com)

6/25/2005, 8AM

South Bass Island: Bike Ride, Rib Cookoff & Kayaking

Tim Kurtz

Leave NASA parking lot and carpool/caravan to South Bass Island **COST: TBD** (TK@bfsng.com)

JULY	EVENT	POC
(Tentative) 7/22/2005, Evening	KAYAKING	Kristen Newcomb
Include a 10-15 min dryland/water intro, and a paddle on the Rocky River, and Lake Erie. Afterwards, either <i>Around the Corner</i> for drinks or a cookout at Victoria's on the same river. :) (Rain date July 29). Meet at Rocky River Marina.		
Cost: TBD (kjnewcomb@sbcglobal.net)		
(Tentative) 7/16/ or 7/30/2005, (ALL DAY)	KAYAK & CANOE & make Live MUSIC	Tim Beach
Bring your kayaks and canoes and musical instruments/voices for a kayak and campfire jam session possible location...Eldon Russel, Cuyahoga River, but still TBD. Cost: FREE EVENT! (tbeach@adelphia.net)		
JULY (Date TBD), 8:00A	Middle Bass Island: Bike and stop by Walleyes Brewery and Pub	Tim Kurtz
Leave NASA parking lot and carpool/caravan to Middle Bass (TK@bfsng.com) Cost: TBD		

AUGUST	EVENT	POC
8/2/2005, 4-10P	SKI CLUB PICNIC	Victoria Briscoe
Mill Stream Run Reservation, WJ Green Lodge. <u>NEED VOLUNTEERS TO HELP!!</u> Cost: TBD		
8/20/2005, 8:00A	Kelly's Island: Bike, Snorkeling, Homecoming & 3rd Annual Kelley's Island Daze	Tim Kurtz
Leave NASA parking lot and carpool/caravan to Kelly's Island, Cost: TBD		
8-26-28/2005	Bus Trip to Toronto	Colin Bidwell
An exciting adventure bus ride to Canada's famous city, Toronto for sightseeing, plays, or Indian's Baseball Games, details to come! Cost: TBD (Colin.Bidwell@grc.nasa.gov)		
(tentative) AUGUST Weekend	White Water Rafting	Tom Jones
Location of this overnight camping, thrill experience is still to be determined!!! (PA, WV.?) Cost: TBD		

NEED CONFIRMATION ON DATES:

TBD	Golf Scramble	Karen Fashimpaur
Saturday	Volleyball	Tom Palisin
TBD	Rock Climbing at Dick's	Tom Palisin
Dick's Sporting Goods at Great Northern Mall. Cost: \$10 approx.		

TBD 5:30P-7P, **Art Gallery: Wine & Cheese Social & w/dinner reservations (after 7P)** Victoria Briscoe
 Sign up to bring a bottle of wine, a block of cheese, or stack of crackers! Everyone brings own wine glass, plus one item! A great, eclectic gallery filled with treasures in Tremont at the Atmosphere Gallery. Sign up to bring items with Victoria !!

NEED VOLUNTEERS TO LEAD:

TBD	Canoeing/Camping Trip
TBD	Water Park Outing
TBD	Hiking/Nature Walk
October	Halloween Party (Costumes?)
Mid-October	Boston Mills Ski Fair (Man Tables)

Please Share your other ideas & fun activities that you'd like to share with your pals from the Lewis Ski Club! (**Maybe City Slickers Day!!**) Your VP of Activities will help make Your event a grand time! ;)

Skiing Stops and Sailing Starts

By Paul Burik

With snow gone, the ski season is over. But summer can be fun too, especially since we live on the shores of a great lake. Our member Paul Burik, a commodore at the Lorain Sailing and Yacht Club (LSYC), has invited the ski club members to an open house at the LSYC on Sunday, June 12, from 2:00PM till sunset.

Sailing, like skiing, relies on your skills to get you where you want to go. Many sailors are also skiers and vice versa. There must be some



inherent likeness of these two sports. So this is your chance to try it out! While there is a lot to learn about sailing, only the sense of adventure is required to go for a sail at the open house. Food and beverages will be available - somehow the water always makes you hungry and real thirsty!

LSYC is located on the Black River in Lorain, next to the Coast Guard station, an easy 30 minute ride west on I-90 from downtown. For directions and other information, Paul can be reached at paulb54@centurytel.net.

Nordic News

The ski club is just beginning the planning process for next season, and we need your input. Please be attentive, because there are also many exciting ideas soon to be announced for this summer. Victoria Briscoe is talking with possible coordinators for summer events, so contact her immediately if you would like to run a bicycle outing, rafting trip, or other group activity.

I expect to make some major changes in the Nordic activities for next winter. Very few club members appear to be interested in the local recreational outings, so I would like to move more in the direction of competitive events. There are a number of these that take place in January and February. The Ohio Nordic Flurry, and the Mohican Nordic En-

duro are two examples of events that are within easy car-pool range for the club. I have never competed in Nordic events before, so let me know if you have any interest in going with others from the Lewis Ski Club. We are definitely talking beginner efforts here, so do not be concerned about joining us and feeling self-conscious about low performance. The only sure way to loose is to sit-out the season. We are going to do this for fun! Please contact me if you are personally interested, or if you have suggestions for events. My daytime telephone number is (216)977-7423, or email me at Thomas.haag@grc.nasa.gov

--Tom Haag Nordic V.P.

RACING REPORT

There was a meeting of the Club Race Chairs with the CMSC Race Committee on Wednesday, 4/13, at 8pm at Reineckers Party Center. A tentative weekend race schedule for next year has been set. One race has been added to the schedule, making a total of 14 for the season.

Wed., 12/28 Qualifier Boston Mills
Sat., 1/7 GS Holiday Valley
Sun., 1/8 SL Holiday Valley
Sun., 1/15 SL Peak n' Peek
Sat., 1/21 SL Bristol
Sat., 1/22 GS Bristol
Sun., 2/5 SL Boston Mills
Sat., 2/11 SL Swain
Sun., 2/12 GS Swain
Sat., 2/18 SL Kissing Bridge
Sat., 2/25 XLGS, GS Bristol
Sun., 2/26 SL Bristol
Sat., 3/4 Dual SL Holiday Valley
Sat., 3/11 Dual GS Swain
Sat., 3/12 Dual GS Elims Swain

Snowboard events will be held generally on the day of GS races, except where a one day slalom event is scheduled, but not at Combined.

One rule change of note: helmets will be MANDATORY for all GS races next year. This is being communicated now, as there was some surprise at the local helmet rule enforced by Bristol for Combined this year. Several folks had to scramble to borrow headgear at the race venue.

There will be a NYSHSAA race event at Bristol that will overlap with Combined. Hotel rooms will be scarce, so it was strongly urged that clubs make their reservations now. The Committee wants feedback from the Club's on several topics, including:

- 1) New venues, Seven Springs, Blue Knob, others?
- 2) Rules changes on points for determining Overall Champions
(Best 10 of 14, etc.)
- 3) Split Groups format, to even out Group sizes, save money by racing on a single hill more often.

They are always open to hearing suggestions, anyone can submit ideas to me, and I will forward to the Committee Chair (Mark.J.Hyatt@grc.nasa.gov).

Race Chair, Mark Hyatt



Cockaigne Ski Trip Report

The last bus trip of the season was more than just another ski trip. Cockaigne Ski Resort in Cherry Creek, NY hosted fun-filled activities like jousting, snowball throwing, NASTAR, movie watching (Sponge Bob Square Pants), cardboard box racing, and a Budweiser party with DJ Bear helping the trip leaders make this end of the season ski outing a memorable day.

Once all details were finalized and itineraries set, a great thing happened on the morning of the ski trip--surprise, surprise...more snow than ever fell for our Late March trip! We had a fully packed bus and every seat was taken, there wasn't room enough for a cooler. We somehow found room for the cardboard sled under the bus...though for a moment, we thought someone would have to drive behind the bus all the way!

Thankfully not, since there was so much snow falling that the bus had quite the sketchy ride to NY. We were delayed a little prior to the East side pickup but everyone was in great cheer for when we got to Cockaigne we had powder conditions, fresh falling snow mixed with blue skies. The best part was that we had the resort almost all to ourselves! No lines here!!!

The NASTAR event brought a huge turnout for the Lewis Ski Club. We are now registered as a NASTAR race team with 19 new ski racers!! Next year, if you venture on to the NASTAR course, please sign up under the Lewis Ski Club banner!! The brother of our president (Linda) raced on his short blades, so no excuses should be given for you not to give it a try.

All events throughout the day had Lewis Ski Club members giving their all. We participated in each carnival event. A funny one was trying to take a race-pole while skiing through a course and inserting the pole into a little disk hanging from a hangman pole. The kids liked the event where they got to throw snowballs at mach speed. In addition to the day being filled with

family activities, there was plenty of time to cruise the slopes, even some out-of-bounds skiing (don't tell the mtn).

The views were great and the tracks left were inspiring. There are so many stories to tell, just ask anyone who went. Mike Kaltenstein's remark on how great it was that everyone mixed it up and skied with each other during the day captures the true heart of the trip. Victoria and Cheryl have plans to lead this trip next season...so get the drawing pads out for another sled qualifier (Gilligan's Island Theme) and mark your March calendar as a "Go Skiing" on Saturday, March 11, 2006 reserved for Cockaigne in Cherry Creek, NY.

Trip Leaders, Victoria Briscoe & Cheryl Alden

Excerpt from your Lewis Ski Queen/Trip Leader/Pilot/Publicity Director--Cheryl Alden, who speaks on her personal trip down Cockaigne's fast pitched, ski slope in a masterfully built aircraft-cardboard sled (Go Team!):



"Big snowflakes were falling as we carried our box sled up to the starting point at the second pole on the hill. There were about 8 other groups with sleds. I looked at the other faces and noticed that we were the only people over 20 years old. We had our youthful attitudes though. The race started and a "MASSIVE" gingerbread house smashed into us within seconds. We almost stopped and it kept



pushing us to the right. No matter how far we leaned we wound up going to the right of the finish line and towards the ski shack. Two Cockaigne employees tried to block us from hitting the shack and one fell in our sled. Tom Jones, the co-pilot, remembers that I giggled the whole entire time. We did carry our sled over the finish line and then checked all systems and realized we were one wing down. Our sled may not have won (this year)... I had a blast piloting the sled for the Lewis Ski Club."

June's Monthly Meeting at BW3's Vote concerning the following Changes!

Constitution Review Committee 2005, proposed changes to the Constitution of the Lewis Ski Club, Inc.

All changes are to the version dated September 2003. The following 8 changes are recommended for general club consideration. Discussion was held at the April meeting. A vote will be taken on these changes at the June meeting. Please read these over and come to the June club meeting ready to vote. If you have any questions or comments, please contact one of the committee members listed below.

Committee Members: Kristen Newcomb, Victoria Briscoe, Malcolm Wood, and Linda Elonen-Wright

Proposed Change #1

In ARTICLE II: PURPOSE, add the word "additional" to the first sentence. Added word is underlined in the text below.

"The purpose of this organization is to form an active, non-profit organization which provides skiing and additional social activities to its members; to promote and develop organized skiing, ski instruction, ski safety, skill and education; to encourage conservation of natural resources in and around ski areas; to support other non-profit ski organizations such as the Cleveland Metropolitan Ski Council, other ski clubs, the United States Ski Association, the USSA Ski Team; to assist and support charitable organizations including skiers with disabilities."

Proposed Change #2

In ARTICLE III: MEMBERSHIP AND VOTING, Section 1: Club Membership, edit the text as follows, and add the sentence on age for individual members.

From:

Membership will be open largely, although not necessarily exclusively, to Glenn employees and/or members of their families. Lewis Ski Club, Inc. offers individual and family memberships. A family membership allows the immediate family, defined as a member and spouse and/or dependent children, to participate in club activities.

To:

Membership will be open to Glenn employees and/or members of their families and any other interested parties. Lewis Ski Club, Inc. offers individual and family memberships. A family membership allows the immediate family, defined as a member and spouse and/or dependent children, to participate in club activities. Individual members must be at least 18 years old.

Proposed Change #3

In Article IV: GOVERNMENT, Section 8: Consecutive Terms, limit the term limits to the offices of President and Treasurer.

From:

No officer shall hold the same office for a period of more than three consecutive terms.

To:

No president or treasurer shall hold the same office for a period of more than three consecutive terms.

Proposed Change #4

In Article IV: GOVERNMENT, Section 13: Spending Policy, increase the spending thresholds.

From:

All non-recoverable expenditures shall require the following approvals prior to the expenditure: \$0.00 through \$50.00 - approval of at least two members of the Executive Board; \$50.01 through \$100.00 - approval of the Executive Board; anything above \$100.01 - approval of simple majority of the members present at a regularly scheduled meeting (quorum required).

To:

All non-recoverable expenditures shall require the following approvals prior to the expenditure: \$0.00 through \$100.00 - approval of at least two members of the Executive Board; \$100.01 through \$200.00 - approval of the Executive Board; anything above \$200.01 - approval of simple majority of the members present at a regularly scheduled meeting (quorum required).

Proposed Change #5

In ARTICLE V: DUTIES OF OFFICERS, Section 1: President, 6th sentence, add the word "Coordinator's" to clarify and be consistent with the name of the Activity Coordinators Guide.

From:

The President shall promote publication and review of the Activity Guide on an annual basis.

To:

The President shall promote publication and review of the Activity Coordinator's Guide on an annual basis.

Proposed Change #6

In ARTICLE V: DUTIES OF OFFICERS, Section 8: Board of Trustees, change the first sentence in the 3rd paragraph to read an annual report, instead of semi-annually.

From:

The Board of Trustees will provide the members with a semi-annual, written report of their activities.

To:

The Board of Trustees will provide the members with an annually written report of their activities.

Proposed Change #7

In the BYLAWS, 4. DUES, ACTIVITY FEES, NON-REFUNDABLE DEPOSITS, AND REFUNDS, update the dues to our current dues. (Note: No real change, just correcting the paperwork!)

From:

Dues shall be \$8.00/year for an individual membership and \$12.00/year for a family membership when paid on or before November 15th. The membership dues shall be \$10.00/year for an individual membership and \$15.00/year for family memberships when paid after November 15th, except for first time members where the \$8.00 and \$12.00 amounts shall apply as above. The dues will cover membership from October 1 to September 30 of the following calendar year.

To:

Dues shall be \$10.00/year for an individual membership and \$15.00/year for a family membership when paid on or before November 15th. The membership dues shall be \$15.00/year for an individual membership and \$20.00/year for family memberships when paid after November 15th, except for first time members where the \$10.00 and \$15.00 amounts shall apply as above. The dues will cover membership from October 1 to September 30 of the following calendar year.

Proposed Change #8

In the BYLAWS, Attachment A. We propose deleting the attachment. (Sorry, could not be reproduced here.) Attachment A is a flowchart and is more appropriately placed in the Activity Coordinator's Guide.