Lewis Ski Club Naski Tips



Happy Valentine's Day

Next Meeting: Tues, Feb. 1 BW3-Rocky River

5 pm: Happy Hour 6 pm: Meeting

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Time is running out to sign up for a week long trip! Jasper & Banff, Canada Mar. 14-22 see p. 12

And for a day trip!
Seven Springs
Feb. 4
HoliMontII
Feb. 18
Kissing Bridge
Feb. 26

Dear Ski Club Members.

Village for coming out to our January meeting. It was really good of him to take the time and (redeemable at the February meeting) for to come and talk to us AND especially nice to bring gifts (that we raffled off). If you stop by the store over the next couple weeks, please thank him.

Thanks to everyone who filled out a CMSC survey. We turned in all of our data. I hope it helps them to improve their service to us, their member clubs.

The Breckenridge trip went well and the Quebec-ers are just about to take off! If you haven't signed up, yet, for one of our trips, you're missing out. Our New Year's Day trip to Holiday Valley did get cancelled due to lack of snow, but everything else is a GO! Sign up for one of our remaining trips NOW or risk getting left behind. We're ready and waiting FOR YOU.

On January 29th, we'll be participating in the cross-country ski race called the

Nordic Flurry. Make sure you find me BE-Thanks to Ed Doherty from Bavarian FORE the race and get on my list. I have promised to buy a beer or glass of wine everyone from our club who can beat me in the 5k classic race. When was the last time a blonde bought you a beer?! When was the last time you tried to race in a cross-country ski race? 5k isn't that much. Come on out and give it a try!

> Please note that at the February meeting, I will be asking for volunteers to serve on the nominating committee for this year's elections. If you can't make the meeting, but would be willing to help get people to run for office, please let me know! We need a full slate of candidates and YOU are just the person to help. Please volunteer - it's a good way to help AND not get nominated yourself! Skiingly yours,

Linda Elonen-Wright

FEBRUARY BIRTHDAYS

Eldridge Frazier	Feb 2	David Vannuyen	Feb 9	Marilyn Brothers	Feb 17
Dennis Lorelli	Feb 3	Ron Sveda	Feb 10	Eric Gerhardstein	Feb 23
Lori Haller	Feb 4	Mary Vedda	Feb 12	Penny Tarkany	Feb 24
Paul Tabar	Feb 5	Russell Bombik	Feb 14	Joe McFarland	Feb 25
Michael Jones	Feb 6	Tammy Blaser	Feb 14	James Perzel	Feb 27
Catherine Sulak	Feb 9	Gail Anderson	Feb 15		

Officers of Lewis Ski Club

SKI CLUB OFFICERS

President: Linda Elonen-Wright (216-433-9370) Alpine Vice President: Mike Kaltenstein (330-483-4841) Nordic Vice President: Tom Haag (216-977-7423) Activity Vice President: Tony Shook (216-433-6373) Recorder: Kristen Newcomb (440-835-9279) Publicity Director: Lorrie Stratis (440-526-0614)

Treasurer: Colin Bidwell (216-433-3947)

COMMITTEE CHAIRS

CMSC Rep: Karen Fashimpaur (440-243-5456) Refreshment: Malcolm Wood (440-331-1349) Sunshine: Nancy Piltch (216-433-3637) Social: Tom Wallett (216-433-3673) Racing: Mark Hyatt (216-433-3248) Membership: Lisa Ferenc (216-433-6592) Web Curator: Tim Kurtz (216-433-2760) Trip: Annie Easley (440-816-1215)

TRUSTEES: Annie Easley (440-816-1215), Gene Addy (216-977-7467) & Malcolm Wood (440-331-1349)

Nordic News

Who would have expected a total melt-down just 4 days before the January 15 outing to Chapin Forrest? Record temperatures cleared snow from the trails, and then cold dry air came in to freeze the mud. As of this writing, Chapin has completely recovered. I hope the nordic race went well for LEW in the January 29th Arctic Flurry!

On February 12 the skiing gets very close to home as we meet in the Rocky River Reservation. Literally at the base of NASA Glenn, the Nature Center lies in the river valley surrounded by 300 million year old shale cliffs. There are many miles of trails along

the river. Some established by the Metroparks, and others established by determined Nordic skiers. Two unique characteristics of these trails are that they offer diverse scenery, and they are flat. There is a gentle grade as you proceed down river, but the site and sound of the water is almost hypnotic. Gene Addy is the contact person for this event, which meets at the Nature Center at 11:00 a.m. See the flyer at the end of this newsletter for further information.

Tom Haag Nordic V.P.

HoliMont I

Considering the weather of the previous week, the conditions at Holimont were acceptable. Thirty-three avid skiers made the trek, leaving behind three who declined to come and three who had problems that prevented them from making the trip.

Speaking of leaving people behind, our intrepid Alpine Vice-President, Mike Kaltenstein almost missed the bus. Due to a power outage, he was late and missed the bus at NASA and had to race to the eastside to catch it. That seemed to be his style for the rest of the day, zooming down the slopes at high speed. Breakfast consisted of croissants, cinnamon rolls, mini-bagels, muffins, Danish pastries and four varieties of fruit juices - no complaints.

Holimont had three lifts open and no lift lines. It was a mixture of ice, soft machine-made snow and natural snow - unpredictable and challenging. It was a perfect tune-up or conditioning exercise that forced the skiers to review the basics of skiing. The temperature hovered just below freezing and the sun briefly teased us with its appearance around midday.

Thankfully, no one suffered any injuries. Most skied until the late afternoon. A tired group of skiers trekked into Ellicottville for supper, followed by a quiet trip home. A good time was had by all.

Malcolm Wood

2004-2005 Alpine Schedule

		<u>Leader</u>	<u>Phone</u>
Sat., Jan. 1, 2005	Holiday Valley, NY	Jan Burton	440-237-2084
Fri., Jan. 7, 2005	HoliMont, NY	Malcolm Wood	440-331-1349
Fri., Jan. 21, 2005	Holiday Valley, NY	Joe Gruden	440-944-8327
Fri., Feb. 4, 2005	Seven Springs, PA	Tom Vannuyen	216-433-3851
Feb. 6-11, 2005	Quebec City, Canada	Tom Haag/	216-977-7423/
		Gloria O'Donnell	216-433-3194
Fri., Feb. 18, 2005	HoliMont, NY	Steve Hershman	n 216-433-3818
Sat., Feb. 26, 2005	Kissing Bridge, NY	Lori Manthey	330-225-8106
Sat., Mar. 12, 2005	Cockaigne, NY	Victoria Briscoe	216-433-3237
Mar. 14-22, 2005 J	asper & Banff, Canada	Annie Easley	440-816-1215

2005 Nordic (Cross Country) Ski Schedule

		<u>Leader</u>	<u>Phone</u>
Sat., Jan. 15, 2005	Chapin Forest	Tom Haag	216-977-7423
Sat., Jan. 29, 2005	Chapin Forest L	inda Elonen-Wright	216-433-9370
Sat., Feb. 12, 2005	Rocky River Res.	Gene Addy	216-977-7467
Sat.,Mar. 5, 2005	North Chagrin Re	s. Tom Haag/TBD	216-977-7423

2005 Adult Race Schedule				
DATES	<u>SPONSORS</u>	EVENTS	<u>VENUES</u>	
Jan 3		Qualifier	Alpine Valley	
Jan 8	Little Mountain Ltd.	Giant Slalom	Holiday Valley	
Jan 9	Little Mountain Ltd.	Slalom	Holiday Valley	
Jan 15	Buckeye Sports Center	Slalom	Bristol Mountain	
Jan 16	Buckeye Sports Center	Giant Slalom	Bristol Mountain	
Jan 30	Little Mountain Ltd.	Slalom	Peek 'N Peak	
Feb 5	Little Mountain Ltd.	Duals	Holiday Valley	
Feb 12	Snow Country	Slalom	Swain	
Feb 13	Snow Country	Giant Slalom	Swain	
Feb 26	Marker Piston Speed Trap	XLGS	Bristol Mountain	
Feb 26	Volkl P60 Cup	Giant Slalom	Bristol Mountain	
Feb 27	Tecnica Diablo Challenge	Slalom	Bristol Mountain	
Mar 5	Atomic Cup	Slalom	Kissing Bridge	
Mar 12	Buckeye Sports Center	Dual GS	Swain	
Mar 13	Buckeye Sports Center	Dual Elimination	Swain	

DEADLINE FOR NEXT NEWSLETTER: February 18, 2005!

Total Payment

Thomas. Vannuyen-1@nasa.gov

Seven Springs Ski Trip

Friday, Feb. 4, 2005



This BUS trip is brought to you by the NASA Lewis Ski Club.

PRICE (lift ticket and bus): \$55.00. Membership required.

Ski area description: Seven Springs offers the widest range of terrain and lifts in Pennsylvania. Rated by Ski Magazine as the #1 resort in the Mid-Atlantic, skiers and riders share 275 acres of skiing terrain. Also available are shopping, snow tubing, hot tubs and more.

<u>Package includes:</u> Round-trip transportation from Cleveland to Seven Springs including lift ticket(good till 7pm). We will also provide breakfast snacks and juice on the bus. If you need to rent equipment or desire lessons, there are additional charges at the rates shown below. Lunch and dinner are on your own.

itinerary:				
6:00 AM: Leave NASA DEB Parking 6:30 AM: East Side Pickup- Hilton G	•	•	hio 44087)	
9:30 AM: Arrive at SevenSprings Hot				ocn=Cl FTHG
7:00 PM: Bus Leaves for Cleveland		torigaraoriimi.oom/on/gi/no	tolo/ilidox.jittiii. otyii	3011-0221110
10:30 PM: East Side Drop off				
11:00 PM: Bus Arrives at NASA				
Name:		In case of an emerger	ncy, contact:	
Address:	<u>-</u>	Name:		
		Phone w/area code:		
Phone w/area code: (H)				
(W)				
Email				
Lewis Ski Club member? YES / NO	If no, then please a	add membership fee*	······	
East Side Pickup? YES / NO	RENTALS:	Skis/Boots/Poles	\$11.00	
·		Snowboard/Boots	\$21.00	
	Group Lesson	s: Ski	\$ 6.00	
		Snowboard	\$10.00	
	Trip - \$55/pers	son		

- * Yearly membership required: \$10.00 single or \$15.00 family. See http://www.lewisskiclub.org/ Guides and Forms membership form.
- * Reservations are 1st-come, 1st-served with payment in full. (Please make checks payable to "Lewis Ski Club, Inc.")
- * No refunds will be made for your bus seat, unless your spot is filled.
- * Minors without parent must have a release form signed by a parent/legal guardian and be accompanied by an adult.
- * Every skier must sign a trip agreement form.
- No Smoking on the bus.

Send payment to the Trip Coordinator: Thomas Vannuyen Phone: (W) (216) 433-3851

21000 Brookpark Rd. MS 86-12

Cleveland, Ohio 44136

Cross Country Ski at: Rocky River Reservation Saturday, February 12, 2005



Ski along the scenic Rocky River.

- o Close to NASA GRC, in Fairview Park, Ohio
- o Miles of trails, Novice to Intermediate
- o See 300 million year old shale cliffs
- o Ski to the top of Look-Out Peak

Meet at Rocky River Nature Center, Saturday Feb 12, 11:00 am

- Off main Parkway, between Cedar Pt. Rd and Shepherd Lane
- Visit the Nature Center at no charge
- Comfortable indoor exhibit area, with restrooms, vending.

Call Gene Addy @ (216)977-7467 (w) or (440)243-7569 (h) . . . for information on directions & maps

HoliMont II Ski Trip Friday, February 18, 2005



This ski trip is brought to you by the NASA Lewis Ski Club

PRICE (lift ticket and bus): \$55.00

<u>Package includes:</u> Round-trip transportation from Cleveland to Holimont including an evening trip to Ellicottville where you are on your own for dinner. Breakfast snacks will be provided on the bus.

Itinerary:

6:00 AM Leave NASA Parking Lot adjacent to DEB Building (north side of Brookpark Road)
6:30 AM East Side Pickup-Home Depot parking lot on Wilson Mills Road, ½ mile west of I-271
10:00 AM Arrive at Holimont
4:30 PM Bus leaves for Ellicottville for dinner (cost of dinner is NOT included)
7:00 PM Bus leaves for Cleveland
10:30 PM East Side Drop-off
11:00 PM Bus arrives at NASA

- Lewis Ski Club membership is required. Rates = \$ 10.00/year (single) or \$ 15.00/year (family)
- Reservations are 1st-come, 1st served.
- Payment is due in full at time of registration, including membership fee (if applicable).
- Please make checks payable to "Lewis Ski Club, Inc."
- NO refunds will be made for your seat unless your spot is acquired by someone else.
- Minors registered without a parent must have a release form signed by a parent or legal guardian. (Participants less than 18 years old as of the date of the trip are considered minors.)
- All registered minors must be accompanied by an adult.
- Every skier must sign a trip agreement form.
- Smoking is NOT permitted on the bus.
- Ski rental equipment and lessons are available. See www.holimont.com or call 716-699-5582.

Trip Coordinator: Steve Hershman W: 216-433-3818, H: 216-765-1225,

e-mail: hershman.steve@sbcglobal.net

Return all applicable forms and payment to the trip coordinator.

Steve Hershman 2645 Brentwood Road Beachwood, OH 44122

Please keep this page as reminder





Kissing Bridge Ski Trip Saturday, February 26, 2005

This bus trip is brought to you by the Lewis Ski Club, Inc.

PRICE (adult lift ticket and bus): \$55.00 Ski Club Membership required.

Package includes: Round-trip transportation from Cleveland to Kissing Bridge including an evening dinner stop, where you are on your own for dinner. We will also provide breakfast snacks on the bus.

Itinerary:					
6:00 AM		Leave NASA DEB Parking Lot (just off Brookpark Road)			
6:30 AM		East Side Pickup – Home Depot parking lot on Wilson Mills Rd, 1/4 mile west of I-271.			
10:00 AM	Arrive at Kissing Bridge				
4:45 PM		\$\$ of dinner, not included)			
7:30 PM	Bus Leaves for Clevela	nd			
10:30 PM	East Side Drop-off				
11:00 PM	Bus Arrives at NASA				
Trip Applicati	ion				
Name:		In case of an emergency, contact:			
Address:		Name:			
		Phone w/area code:			
Phone w/area	a code: (H)				
(W)		For west side pickups, car license plate:			
	Email				
		East Side Pickup? YES / NO			
Lewis Ski Club	member? Yes / No If	no, then please add membership fee*			
Bus - \$32/pers	son				
Lift - \$23/adult	person (\$15/junior13 and	younger)			
* Yearly ski clu	s and Lessons are available. b memberships available: \$10.00	single or \$15.00 family.			
		ment in full. (Please make checks payable to "Lewis Ski Club, Inc.")			
	vill be made for your bus seat, unle				
	ut parent must nave a release form nust sign a trip agreement form.	n signed by a parent or legal guardian and be accompanied by an adult.			
* No Smoking					
=					
	Trip Coordinator:				
Lori Manthey					

Lori Manthey 319 Brookshire Oval Hinckley, OH 44233 (330) 225-8106 Work Mail Stop: 3-2

© Cleveland Metroparks



Cross Country Skiing at

North Chagrin Reservation

With the NASA Lewis Ski Club

Saturday, March 5, 2005

Since the 1920s, North Chagrin Reservation has been a special combination of outdoor recreation areas and wildlife sanctuaries. An interesting feature of the reservation is Squire's Castle. Built at the turn of the century by F.B. Squire, it was to serve as the gatehouse of his country estate, but plans for the remainder of the estate never materialized.

Located in Mayfield Village, Willoughby Hills, and Gates Mills, the reservation includes a nature center and nature education building, a number of trails and picnic areas. Sanctuary Marsh and Sunset Pond are both popular areas to observe waterfowl.

No Trail Fee!!

Meet at the North Chagrin Nature Center at 11:00 AM. (Weather-permitting. Call to confirm.)

Car pool from the "west side" will be arranged if needed.

Note: Ski Retal are not available at the park.

Call for further information or directions.

Activity Coordinator:

Tom Haag 216-977-7423(w) 440-250-0854(H) Thomas.haag@nasa.gov



Saturday, March 12, 2005

Join us at Cockaigne's Winter Carnival Weekend!!!

-Bus trip with NASA Lewis Ski Club-

\$ 55: Adult Lift Ticket & Bus (Membership Required)

Package Includes: Adult lift ticket: There is a special lift price for kids 12yrs and under for the trip, and packages available for lessons & rentals. If you haven't skied in some time or are a beginner we have a special package deal for you, too... Just Ask Your Trip Leaders, (#'s at bottom of pg.). Enjoy Round-trip transportation from Cleveland to Cockaigne family ski area, located in Western New York's Snow Belt—average 275 inches! Come for the day...even if you don't ski! ... Just Ask Your Trip Leaders for the price difference! The bus ride will include Lt. Refreshments (breakfast type snack, cookies, H20 & Juice) and a Warren Miller film adventure to get you ready for skiing and crazy fun Carnival events...any interest in the box race? Let's build a winner!

Itinerary:

6:00 AM Leave NASA Parking Lot (North side of Brookpark Road).

6:45 AM East Side Pickup - Home Depot parking lot on Wilson Mills Rd., ½ mile West of I-271.

10:15 AM Arrive at Cockaigne.

11:00 AM NASTAR RACE (sign up!)

1:00 PM Jousting Tournament & Obstacle Event & Knaves of Cockaigne Snowball Throwing Event.

3:00 PM Gingerbread House Cardboard Box Race (Let us know if you want to build one!)

4 to 7 PM BUD Party with DJ Bear (21 and older) + Movie/Activity for Kids. Dinner there (on own \$).

7:00 PM Bus leaves for Cleveland (may leave earlier)

10:30 PM East Side Drop-off.
11:00 PM Bus arrives back at NASA.

Yearly membership available. \$10 single or \$15 family. Reservations are first come, first served with payment in full. NO refunds will be made for your bus seat, unless your spot is filled. Every skier must sign a trip agreement form.

Trip coordinators: Cheryl Alden & Victoria Briscoe (Ski Queens) ©

Please make checks payable to "Lewis Ski Club, Inc."

NO Smoking on the bus.

All minors must be accompanied by an adult. Minors without parent must have release form signed by parent or legal guardian.

Return forms & payments to Your Trip Leader: Victoria Briscoe, 21000 Brookpark Road Mailstop 501-4, Cleveland, OH 44135, call (216) 433-3237, Victoria.L.Briscoe@grc.nasa.gov. Cheryl Alden will answer questions, too! 440-582-2174, skierl17@juno.com

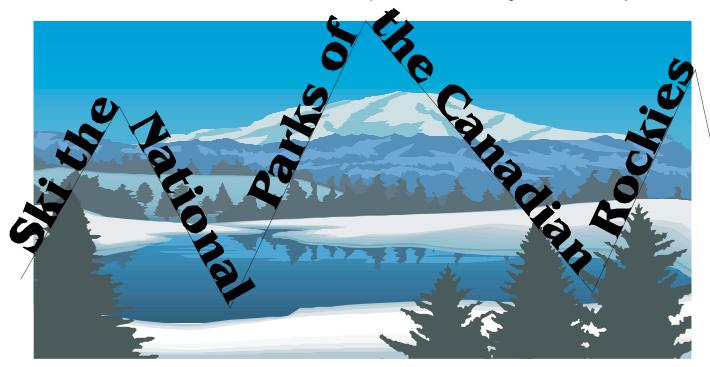
At Cockaigne, you'll find New England Style Trails lined by beautiful evergreen trees!

The longest run is 3,600 feet.

The lodge is quaint with good food (pizza, burger, hot dogs)

And a terrific bar on the second floor right out of a Western movie!

http://www.cockaigne.com



With the NASA Lewis Ski Club

JASPER AND BANFF

March 14-22, 2005 (8 days

Cost: \$1130 per person (dbl occupancy)*

Round trip airfare

Ground transfers

National Park Fee

8 nights lodging (3 in Jasper and 5 in Banff)

2 days skiing at Marmot Basin

4 days skiing at Lake Louise, Sunshine, or Norquay

Shuttle bus to all ski areas

Guided tours of at all ski areas

\$200 Deposit due now(nonrefundable) \$460 Due Nov. 19, 2004 \$470 Due Jan. 14, 2005 Make checks payable to: Lewis Ski Club Original Birth Certificate and picture ID or Passport are required Trip Coordinator:
Annie Easley
23215 Wainwright Terrace
Olmsted Falls, OH 44138
440-816-1215

*Membership required

Lewis Ski Club Trip Application and Agreement

The undersigned participant applies to participate in the Lewis Ski Club trip described below, subject to the following terms and conditions:

- 1. DEPOSIT: Advance trip deposits will vary from trip to trip. The required deposit for this trip is <u>\$</u>____, and must be paid and submitted along with a signed Application and Agreement. Balance, if any, shall be due and payable in accordance with payment schedules established by Lewis Ski Club, Inc.
- 2. WITHDRAWAL & CHANGE: Lewis Ski Club may withdraw any trip from its schedule at any time; may refuse to accept or retain any person as a participant at any time for any reason; and may change the itinerary at any time.
- 3. RESPONSIBILITY: Lewis Ski Club is acting gratuitously for the applicant and shall not be responsible or liable for any loss of damage to baggage, property, or for any loss, injury, death, accident, delay, inconvenience or any other loss occurring during or occasioned by applicant's participation or lack of participation in any trip.
- 4. PASSPORT/PROOF OF CITIZENSHIP: For trips out of the USA, participants are responsible for having up to date and valid passport, visas and proof of identification and citizenship.
- 5. MINORS: Any minor participant's Application and Agreement must be co-signed by his/her parent or legal guardian. The minor must be accompanied on the trip by a parent or legal guardian or their designee who shall be wholly and fully responsible for said minor's conduct and well being.
- 6. PAYMENT: All payment checks shall be payable to: "Lewis Ski Club, Inc.".

T..:...

- 7. CANCELLATION & REFUND: Cancellation by participant means and includes:
- (a) failure to abide by the terms of this agreement; (b) notice by participant of intent to cancel; (c) participant's failure to make timely payments; (d) participant's failure for any reason to meet departure or return of the trip.

ттр		
Applicant Name:		
Address:	_ Telephone number:	(H)
	_	(W)
	email address:	
In case of an emergency, contact:	Name:	
	Phone w/area code:	
I have read and agree to all the terms of t	his Agreement, and waiver of li	ability, as of this date.
Signed in Agreement:	Date:	