

Lewis Ski Club

Naski Tips

April 2005



Happy Spring

**Next Meeting: Tues, Apr.5 BW3-Rocky River
5 pm: Happy Hour 6 pm: Meeting**

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*Club Vest (size L)
will be
Raffled off
At this meeting!!

Must be present
to be eligible!*

Dear Ski Club Members,

Prepare yourselves, I'm going to ask you to think: In the past 3 years, have you ever said or mumbled anything that could be interpreted as a complaint against your favorite ski club or its officers?! If you have had any disagreements or "issues" with what we're doing or haven't done (like finish that blessed Activity Coordinators Guide!), then NOW is your chance!! Do come to the April 5th Ski Club meeting and VOTE for the next slate of officers. Make sure they hear your voice and know what YOU want. We're all trying to do the best job we can and at times, that means trying to read your minds because we get lackluster response from the membership. Don't make your ski club officers do that. MEMBERS UNITE! Take the guess work out of the job! **Be Bold!** Tell them what you want. And you know what? They will sincerely and graciously thank you for it.

The **Nominating Committee** was formed at the February meeting. Please contact **Gene Addy, Colin Bidwell, and Tom Jones** if you'd like to run for office, or if you'd like to nominate someone for office. The Nominating Committee will be working right up to the last minute to get the best and full slate of candidates for all of the club's offices. Please help.

The **Constitutional Review Committee: Victoria Briscoe, Kristen Newcomb, Malcolm Wood** and myself have met and have an article in this newsletter with the changes we're proposing to make to the club's constitution. At the April meeting, we'll discuss each of these. At the June meeting, then, we'll vote on the changes. Please read them over and come to the April meeting ready to discuss them and ask questions.

Have you been secretly admiring those blue ski club polar fleece vests that our race team and others have been wearing?! Well, the April meeting will be your chance to get one. We will be raffling off a large, blue vest. Come to the meeting for the raffle and stay to VOTE! We'll even have the name of your choice embroidered on it for you. How can you pass that up?

Skiingly yours,
Linda Elonen-Wright

Officers of Lewis Ski Club

SKI CLUB OFFICERS

President: Linda Elonen-Wright (216-433-9370)
Alpine Vice President: Mike Kaltenstein (330-483-4841)
Nordic Vice President: Tom Haag (216-977-7423)
Activity Vice President: Tony Shook (216-433-6373)
Recorder: Kristen Newcomb (440-835-9279)
Publicity Director: Lorrie Stratis (440-526-0614)
Treasurer: Colin Bidwell (216-433-3947)

COMMITTEE CHAIRS

CMSC Rep: Karen Fashimpaur (440-243-5456)
Refreshment: Malcolm Wood (440-331-1349)
Sunshine: Nancy Piltch (216-433-3637)
Social: Tom Wallett (216-433-3673)
Racing: Mark Hyatt (216-433-3248)
Membership: Lisa Ferenc (216-433-6592)
Web Curator: Tim Kurtz (216-433-2760)
Trip: Annie Easley (440-816-1215)

TRUSTEES: Annie Easley (440-816-1215), Gene Addy (216-977-7467) & Malcolm Wood (440-331-1349)

Nominating Committee Report

The nominating committee is pleased to announce that the following members have agreed to run for these respective offices:

President: Tim Kurtz
Alpine V.P.: Mike Kaltenstein
Nordic V.P.: Tom Haag
Activities V.P.: Victoria Briscoe
Treasurer: Tom Jones
Recorder: Janet Dubas
Publicity Director: Cheryl Alden
Trustee: Annie Easley

Further nominations will be accepted from the floor at the April general meeting. However, members so nominated must be present at the meeting and accept the nomination to be included in the ballot. Any questions or comments can be directed to the nominating committee members: Gene Addy (216-977-7467), Colin Bidwell (216-433-3947), or Tom Jones (216-433-3718).

Rays of Sunshine

Hello Skiers and Boarders!

Congratulations to Tom and Lori Haag on their recent marriage.

We wish Patty Walters relief from the pain associated with injured neck vertebrae.

Sadly, Gene Addy's sister passed away in January. Please extend your condolences to him.

Please don't forget to let **Nancy Piltch** know of significant events in the lives of our club members, so that we can give out **Rays of Sunshine!** You can reach her at Nancy.D.Piltch@nasa.gov, phone (216) 433-3637 (or 3-3637 on-site).

April Birthdays

George Guzauskas	Apr 1	Sandy Perzel	Apr 13	Fred Teren	Apr 21
Paul Burik	Apr 2	Lawrence Traxler	Apr 14	George W. Guzauskas	Apr 21
Steven Stevenson	Apr 2	Lawrence Traxler	Apr 14	Dan Hosta	Apr 22
Derek Rusek	Apr 4	John Shaughnessy	Apr 15	Annie Easley	Apr 23
Jenny Gerbino	Apr 5	Amanda Sconyers	Apr 16	Stephanie Humphrey	Apr 23
Luke Tanasijevic	Apr 6	John Parsons	Apr 16	Mark Murray	Apr 24
Dale Gynn	Apr 7	Michael Hosta	Apr 16	Gloria O'Donnell	Apr 26
Thomas Nezovich	Apr 7	Ray Neumann	Apr 16	Sean Varga	Apr 26
Alice Gerbino	Apr 10	Teddy Reehorst	Apr 16	Stan Ballou	Apr 26
Larry Schroeder	Apr 10	Vladimir Avtshtol	Apr 17	Paul Solano	Apr 27
Don Humphrey	Apr 11	Susan Ayers	Apr 18	Lois Cano	Apr 30
Pamela Force	Apr 11	Carol Travis	Apr 19	Terrence Clark	Apr 30
Fred Zofchak	Apr 12	Dave Hartz	Apr-20		
Brian Stickney	Apr 13	Joyce Caldwell	Apr 20		

Nordic News

The Nordic season for northern Ohio is pretty much over. Chapin Forest has been unskiable for weeks, but could re-open if there is significant snowfall. Check the Chapin Forest Hot line at (440)954-4178.

The Lewis Ski Club will be holding elections on Tuesday, April 5th, so please attend the meeting and vote. If anyone would like to be nominated for Nordic VP, I would be glad to submit your name for this honorable office. Nominations for all Club Officer positions can be submitted literally minutes before the vote is taken. Also, please feel free to offer your suggestions on how we can

improve Nordic outing participation. You can telephone me at work, e-mail me, or send an anonymous note through the mail. It would be helpful for me to know what the members would like. Are you a person who would like to learn Nordic skiing? Are you a proficient skier who would like to enter local races? Or would you like to go to more exotic Nordic locations? Not many people seemed interested in local outings this past season, so I hope to have fresh ideas for 2006.

Tom Haag
Nordic V.P.

North Chagrin Trip Report March 5, 2005

There was plenty of snow and pleasant weather at North Chagrin Reservation for the March 5 Nordic outing. A person at the Nature center recommended the Strawberry Picnic Area for cross country skiing, so we drove up the parkway a mile or so to the picnic site. The terrain in the picnic area was rather flat, as the person had described it. There were several inches of snow in some areas, and thinner elsewhere. We pushed through unmarked snow as we moved along. There is no

trail grooming in North Chagrin, but some of the more popular trails had trampled snow. We encountered two young horse riders who live at the park boundary, going for a morning run. They were cantering around in an open field, and appeared to have more fun than we were! After making a big loop around the area we called it a day. Being the last scheduled Nordic outing, it also was the end of the season for us.

- Tom Haag, trip leader

Alpine Vice President

As our skiing season comes to a close, your club officers and committees are already beginning to plan for next season. There is a great deal of planning that goes into the preparation for ski club members to be able to enjoy themselves on our various skiing excursions in the winter.

I salute our trip coordinators who did an outstanding job, both the veterans as well as the first time trip planners. I personally went on most trips and found that while each had their individual style and areas of interest, all of the trips were thoroughly enjoyable. With the raffles, home made beverages, competitions, etc.; there was always something for everyone.

I personally enjoyed the opportunity to ski with so many of the members. It was a delight.

In closing, several of our new members sought me out to say just how happy they were to be a part of the Lewis Ski Club, happy to partake in the fun and camaraderie our club has to offer, especially at the cost. We must be doing some things right.

It has been a pleasure to serve the membership in its alpine endeavors.

Have a safe, enjoyable summer and see you next fall. And until then, don't forget to take advantage of the club's summer activities, especially the picnic.

Regards to all,

Mike Kaltenstein
Alpine Vice President

Quebec City Trip Report

February 6 - 11, 2005

We arrived at the Manoir Victoria hotel on Sunday afternoon, following a bus ride from Montreal Airport. It was a pretty big bus (55 seats) for only 13 people, but the driver was most accommodating by stopping midway so we could have lunch. The hotel was right in the middle of the walled city, and there were historic buildings all around. By late Sunday night, our 14th member joined us, after making "alternate" travel arrangements. (You snooze, you loose) On Monday, I took a tour bus through much of the city area. The guide was quite entertaining, and we stopped a number of times to take pictures, and view the snow sculptures. The Winter Carnival was well underway, and there were special decorations on many street corners. The warm spell was taking a toll on the Ice Carvings, giving them a Picasso-like look. Lori and I took a second tour bus on Tuesday, which was more of a country-side visit. We stopped at the Montmorency Waterfall, which is much higher than Niagara Falls. The water volume was small, but the ice formations were amazing. We also stopped at a maple sugar cabin, and the incredible Sainte Anne basilica.

Two of our club members were apparently not satisfied with accommodations at the Manoir Victoria, and opted for an overnight stay in the Ice Hotel. Keep a look-out for the chilling report on the Ice Hotel in the next Ski Club Newsletter.

- Tom Haag

Nordic Skiing at Quebec City

I skied three days at the Mont Sainte-Anne cross country ski area, or "ski de fond" in French. This area has a tremendous amount of cross country trails, of varying length (some quite long) and difficulty. The area is quite nicely laid out with both set track for classic and wide groomed trail for skating. The trail map and signs at trail intersections are among the clearest I've ever seen. There are warming huts at several locations, and an on-site inn where skiers could stay overnight.

I took advantage of both skiing techniques, choosing classic the first day, and skating the other two. The first day the snow conditions were very good, though air temperatures were well above freezing. Rain the next day followed by re-freezing overnight made the snow hard and slick; however, the skating technique works well on this type of snow so I was somewhat "weatherproof".

- Nancy Piltch

Skiing at Quebec City

I spent three of my four days in Quebec downhill skiing at Monte-Ste-Anne and one day shopping/sightseeing. We were greeted with spring skiing conditions on Monday which meant warmer than normal temperatures and sunshine. Since I was skiing by myself I had a lot of opportunities to speak with the locals on the chairlift and they were all ecstatic with the great conditions for this time of year in Canada.

The conditions were so good on the north side of the mountain that I spent my whole time skiing those runs. At the end of the day, I skied down the south side to return to the base area and was bowled over by the fantastic view of the St. Lawrence River and surrounding countryside. Unfortunately, Monday was the only day to enjoy this beautiful view.

Tuesday, Nancy Piltch took a day off from cross-country skiing and accompanied me to the downhill slopes. It didn't look very good when we started out since it was rainy and misty. However, not long after we were underway, the rain changed to snow and we actually found excellent conditions on the north face of the mountain.

Wednesday, however, was a strange kind of day with heavy fog blanketing the south side but bright sun and blue skies on the north side. I found good runs again on the north side but to get to them required skiing over some very icy areas. So between the ice and fog it was a frustrating day for skiing. However, I did find a nice little heated "refuge" in which to relax and enjoy a delicious crepe at the bottom of the mountain.

On Thursday, I walked all over the walled city and ventured outside of the old city to visit the ice and snow sculptures and other Carnival exhibits. I especially enjoyed "Le Petite Huskies," three little frolicking adorable Husky puppies. One appealing sculpture was of a commercial-type airplane complete with engines and a window with another sculpture inside of a passenger looking out.

I found a unique store where fur pelts are assembled and sewn into various garments, including coats, hats, capes, vests, head bands, ear muffs, etc. and found several nice shops carrying arts, crafts and other products made by Canadian artisans.

Thursday night I joined a group of ten at a revolving rooftop restaurant for a buffet dinner with panoramic views of the city. The view was enhanced by lighted areas such as the Chateau Frontenac and the Ice Palace. It was a pleasant way to wrap up our vacation and to compare experiences with others on the trip.

- *Gloria O'Donnell*

End of the Year Race Report:

Last month I promised to wrap up the season for you, so here goes.

On the last weekend in February, CMSC conducted their annual Combined Championship at Bristol Mountain. Excellent conditions and fast courses made for fantastic racing action. A change in the rules this year meant every run would count, as the individual Combined champions in each class would be determined by total combined time for the five runs in three race events. The team championship would be determined by total points, as usual. First up, the Super G. One of the fastest Group 1 & 2 courses ever set by Bristol meant even the B Men were breaking the 60 second barrier on Comet. In years past, Mike Kupiec's GPS showed a peak speed of 47mph with that kind of time. Most racers were seeing speeds they had only dared dream of before. Of course those dreams may have been nightmares for some. Speed can do that to you. Sweeping turns and delay gates, with two opportunities for air, had some feeling like Bode Miller at Snowbasin, and others feeling like Herman Maier at Nagano. Groups 3 & 4 had their own adventures over on Galaxy as well. When all was said and done, our need for speed showed through, as the Team came up with a Perfecta finish. Bruce scored a first in CCM, Lisa a second in BW, Elise a third in CCVW, and Mark a fourth in BM. 72 team points had us in fifth place, of seven teams in Division 2, beating Goodyear and Snowballers.

When the courses were reset, it was time to run the GS. Groups 1 & 2 both got to run top to bottom again on Comet, while Groups 3 & 4 gave it another go on Galaxy. Speed must appeal to our team, as we narrowly missed a repeat Perfecta. Bruce was leading CCM handily after his first run, but had an unfortunate DQ on his second attempt. The team rallied with Mark placing second in BM, Elise third in CCVW, and Lisa fourth in BW. The DQ cost us, but 47 points placed us seventh, and kept us ahead of Goodyear, while Snowballers pulled away.

Sunday's final event, the Slalom, is always a challenge. After a long day on Saturday (and long night for some), it's always tough to find the endurance for two long, all out, slalom runs. The team reached down and found that something extra, and pulled off a strong showing in this technical event. Bruce recovered his technique and kept his skis on, to finish second in CCM,

Elise matched him with a second in *CCVW*, while Mark and Lisa both brought home fourths in *BM* and *BW*, respectively. As for *Combined*, 64 team points in the slalom was enough to give us another 5th place in Division 2, again besting *Goodyear* and *Snowballers*. Overall, we had enough to remain a respectable 6th of seven for team *Combined*. An excellent finish for four racers on the hill, taking two of three from *Snowballers*, who had 6.

Now for the Individual results. They say the *Masters* doesn't start until the back nine on Sunday. Well, with total time counting, I say *Combined* doesn't start until the second run in the slalom on Sunday. With 3 finishers out of 4 competing, Elise scored a convincing second place finish overall in *CCVW*. In a class full of talented competition, with 6 finishers out of 8 competitors, Lisa skied to a consistent second place finish in *BW*. In *BM*, with 7 finishers of 10 competitors, I found myself in second place by 13 seconds after the first run on Sunday. I knew the end result wasn't up to me, except to finish my run and hope for the best. After crossing the line and anxiously waiting for the leader in *BM*, imagine my surprise at seeing Matt Votral hiking up the course for the gate he missed, while I begin counting: 1 Mississippi, two Mississippi... I get to fourteen as he crosses the finish line, knowing that it's going to be close. Close it was, but 0.31 seconds is enough. In an eerie reversal of last year's result, I manage to win *Combined* over Matt, my first in 10 tries in *BM*. Kudos to Matt, for having the drive to go for his second strike, even though it cost him *Combined* in the end. For me, the rest of the season is gravy, but hang on while I give you the rest of the story.

The next to last event is a Slalom at Kissing Bridge, with a *GS* for the snowboarders. The team puts five racers on the hill, and scores another convincing win over *Goodyear* with 70 total points. Therese brings home her first trophy (baptized virgin hardware!) with a second in *CCVW*. Unfortunately, Barb get ahead of herself and skis through the flush. Again. Tim skis strong to bring home second in *CM*. Mark places in two events, with a third in *BM* and another third (more baptized virgin hardware!) in *CSB*.

To finish the season, the team takes to the hill at Swain in the dual *GS*. With two racers in three events, we don't have the numbers to keep up with *Goodyear*, but we finish well individually. Barb is back in her element in the speed events, conquers the headwall, and brings home a second in *CCVW*. Mark finds the groove and comes up big with a fourth in *BM* and a second

(more hardware!) in CSB. Goodyear pulls away to win the season point contest for the Best Little Team in Metro, but with our new numbers in CCVW, and new found proficiency in snowboard, they better look out next year. The eliminations on Sunday at Swain are just for fun, and fun they were. Metro's version of March Madness means you run until you lose. The snowboarders get the hill first, but Mark makes an early exit, losing in the first round to Karen Petit, who climbed the fastest. Barb has a two run day, and hangs on to beat Bootsie for her first (but certainly not last) win in CCVW. Mark makes it into the consolation round in BM, and runs the closest finish of the day, coming from behind to beat Mike Smith by 0.012 seconds for third place. Six runs really take it out of you!

All in all, it was a great season, with great racing, new racers and winning performances by the team and individuals. Look out for next season. I'll be getting you updates on the Wednesday Night Series, as soon as I can get results from the organizers. Thanks to all who came out to race for the team, and cheered us on from behind the fences. See you next season, on the race hill.

Your Race Chair,

Mark Hyatt

Holimont II Ski Trip Report

This ski trip was the first time that I was a trip coordinator for the Lewis Ski Club. I had some reservations as to how it would go. Will enough people sign up?, Do I have a good selection of breakfast foods and sufficient quantities for everyone?, Will we have decent travel conditions?, Will we have good snow?, Will I have trouble accounting for everyone when we get on and off the bus.

The first bit of good news is that the bus was filled. Per my ski trip flyer this entitled everyone to a \$5 cash refund which I handed out on the way to Holimont. I forgot to do a survey on the way back as to how the money was spent. Perhaps a lessons learned for next time. After a few questionable weather days prior to the trip, we had great skiing conditions as it had snowed 4-6 inches by the time we got there. Aside from the wind chill, which I would estimate at close to if not slightly below 0 degrees, I don't think that anyone could complain with the conditions.

We made our normal stop in Ellicottville for dinner before heading back to NASA. On the way back I held a raffle. I gave out 12 items from Holimont (glasses, mugs, ski pins) so that the odds were about 1 in 4 that you won something. The remaining snacks were shared on the way back.

I want to thank Sandy Teren and Paul Antczak for helping serve breakfast and Erica Carlberg for helping me call out the raffle ticket numbers. A special thanks goes to Paul Antczak for helping me out on the West side as I live on the East side.

Steve Hershman, trip coordinator

Constitution Review Committee 2005, proposed changes to the Constitution of the Lewis Ski Club, Inc.

All changes are to the version dated September 2003. The following 8 changes are recommended for general club consideration. Discussion will be held at the April meeting. A vote will be taken on these changes at the June meeting. Please read these over and come to the April club meeting with your questions, comments, and/or concerns.

Committee Members: Kristen Newcomb, Victoria Briscoe, Malcolm Wood, and Linda Elonen-Wright

Proposed Change #1

In ARTICLE II: PURPOSE, add the word "additional" to the first sentence. Added word is underlined in the text below.

"The purpose of this organization is to form an active, non-profit organization which provides skiing and additional social activities to its members; to promote and develop organized skiing, ski instruction, ski safety, skill and education; to encourage conservation of natural resources in and around ski areas; to support other non-profit ski organizations such as the Cleveland Metropolitan Ski Council, other ski clubs, the United States Ski Association, the USSA Ski Team; to assist and support charitable organizations including skiers with disabilities."

Proposed Change #2

In ARTICLE III: MEMBERSHIP AND VOTING, Section 1: Club Membership, edit the text as follows, and add the sentence on age for individual members.

From:

Membership will be open largely, although not necessarily exclusively, to Glenn employees and/or members of their families. Lewis Ski Club, Inc. offers individual and family memberships. A family membership allows the immediate family, defined as a member and spouse and/or dependent children, to participate in club activities.

To:

Membership will be open to Glenn employees and/or members of their families and any other interested parties. Lewis Ski Club, Inc. offers individual and family memberships. A family membership allows the immediate family, defined as a member and spouse and/or dependent children, to participate in club activities. Individual members must be at least 18 years old.

Proposed Change #3

In Article IV: GOVERNMENT, Section 8: Consecutive Terms, limit the term limits to the offices of President and Treasurer.

From:

No officer shall hold the same office for a period of more than three consecutive terms.

To:

No president or treasurer shall hold the same office for a period of more than three consecutive terms.

Proposed Change #4

In Article IV: GOVERNMENT, Section 13: Spending Policy, increase the spending thresholds.

From:

All non-recoverable expenditures shall require the following approvals prior to the expenditure: \$0.00 through \$50.00 - approval of at least two members of the Executive Board; \$50.01 through \$100.00 - approval of the Executive Board; anything above \$100.01 - approval of simple majority of the members present at a regularly scheduled meeting (quorum required).

To:

All non-recoverable expenditures shall require the following approvals prior to the expenditure: \$0.00 through \$100.00 - approval of at least two members of the Executive Board; \$100.01 through \$200.00 - approval of the Executive Board; anything above \$200.01 - approval of simple majority of the members present at a regularly scheduled meeting (quorum required).

Proposed Change #5

In ARTICLE V: DUTIES OF OFFICERS, Section 1: President, 6th sentence, add the word "Coordinator's" to clarify and be consistent with the name of the Activity Coordinators Guide.

From:

The President shall promote publication and review of the Activity Guide on an annual basis.

To:

The President shall promote publication and review of the Activity Coordinator's Guide on an annual basis.

Proposed Change #6

In ARTICLE V: DUTIES OF OFFICERS, Section 8: Board of Trustees, change the first sentence in the 3rd paragraph to read an annual report, instead of semi-annually.

From:

The Board of Trustees will provide the members with a semi-annual, written report of their activities.

To:

The Board of Trustees will provide the members with an annually written report of their activities.

Proposed Change #7

In the BYLAWS, 4. DUES, ACTIVITY FEES, NON-REFUNDABLE DEPOSITS, AND REFUNDS, update the dues to our current dues. (Note: No real change, just correcting the paperwork!)

From:

Dues shall be \$8.00/year for an individual membership and \$12.00/year for a family membership when paid on or before November 15th. The membership dues shall be \$10.00/year for

an individual membership and \$15.00/year for family memberships when paid after November 15th, except for first time members where the \$8.00 and \$12.00 amounts shall apply as above. The dues will cover membership from October 1 to September 30 of the following calendar year.

To:

Dues shall be \$10.00/year for an individual membership and \$15.00/year for a family membership when paid on or before November 15th. The membership dues shall be \$15.00/year for an individual membership and \$20.00/year for family memberships when paid after November 15th, except for first time members where the \$10.00 and \$15.00 amounts shall apply as above. The dues will cover membership from October 1 to September 30 of the following calendar year.

Proposed Change #8

In the BYLAWS, Attachment A. We propose deleting the attachment. (Sorry, could not be reproduced here.) Attachment A is a flowchart and is more appropriately placed in the Activity Coordinator's Guide.