Events This Month

11/2 Ski Queen Pagent @ Fagans in the Flats 11/5 Monthly Meeting at BW3 11/15 LAST DAY TO RENEW AT PREFERRED RATE!!

11/16 Warren Miller Movie @
Akron Civic Theater

NASki Tips

November, 2002 --- NASA Lewis Ski Club



THE ELONEN-WRIGHT STUFF



4 words: Renew your membership, NOW! And "Thank you" to all of you who already have done that!

Remember that at the summer picnic, we formed our annual review committee for the Activity Guide. The committee has had one meeting and we hope to get it all wrapped up by 2003. Gee, we're ambitious! Per our constitution, the review committee is made up of the 3 vice-presidents, the 3 trustees and me, plus we've added three volunteers: Randy Dunn, Mark Hyatt and Malcolm Wood. If anyone has any ideas about changes that are required, or would be really nice to have, please contact any one of the members of this review committee.

Check out the back of this newsletter for our BIG trip flyers. Both Annie and Tom's trips are filling, but there may still be room to add you on. AND, check out that snazzy, cool, wonderful trip to *Lake Placid in early*

<u>January</u>! Wow! What a deal! Need more information, just ask me!

The club owes many, many thanks to Mark Manthey for serving as Publicity Director off and on over the last few years. Whenever the club needed someone to step in and pull together our primary means of communication, this newsletter, Mark was there to do it with wit and style. Thank you, Mark, for a job well done!

Charlie Snyder has agreed to be our new Publicity Director! Thank you, Charlie! This is, in fact, his first newsletter!!!!! I'm looking forward to working with you!

Remember that our November club meeting will be the first one of this season for our one-day ski trip raffle/give-away! Be there or pay!

Skiingly yours,

Linda Elonen-Wright

Check out the new WebSite!

http://lewisskiclub.org

Our new internet provider is E-business Express. The service has been terrific so far. Club member, Jim Slifka, recommended this company, so our thanks to him. We are authorized to spend up to \$300 a year on the website, and I don't expect us to exceed that

amount. We have up to 200 MG disk space (we are using 27 MG so far), and can have up to 600,000 hits per month. Send me an e-mail

(<u>Teresa.Monaco@grc.nasa.gov</u>) if you want anything posted on the web.

-- Teresa Monaco

Ski Queen Kristen

I was born and raised in Cleveland and always wanted to learn how to downhill ski. While attending graduate school at Ohio State University, I discovered that alpine skiing was offered as a physical education course included in the tuition! What a bonus!

Not knowing what I was getting into and being young, i.e., a risk taker, I signed up for the course. It

turned out that the class was offered on a 1½ story, man-made slope covered in Astroturf and little plastic pellets. The course was taught using 100cm skis for the women and 130cm skis for the men. Fortunately, it was a snowy



winter so the "slope" was covered by natural snow and I was off or should we say down.

With newly learned downhill skiing skills and confidence, it was off to Snow Trails on the weekends while at OSU and the following winter to bigger, farther places such as Peak'n'Peak and Holiday Valley.

Since I love to be active and outdoors, I will Nordic ski at the various parks around Cleveland when snow conditions allow.

Be sure to come down and cheer Kristen on at the CMSC Winterfest. It's being held at Fagan's in the Flats. Events start at 4:30. The main pageant is at 6:00.

An Evening with Jeannie Thoren

Several NASA skiers recently had the opportunity to attend a presentation given by Jeannie Thoren (http://www.jeanniethoren.com/), one of the "top 100 ski instructors for 2000".

Jeannie has devoted a good part of her professional life to understanding the biomechanics of skiing, and how anatomical differences between men and women affect how women ski. She considers the position of the center of mass (lower, and further back in women), the angle that the femur makes with the knee, the shape of women's feet (generally narrower overall, and particularly at the heel), and the position of the gastrocnemius muscle, and the consequences these differences have for skiing.

She has developed recommendations for equipment modifications that can improve women's skiing. Most of these are quite simple; for example putting heel lifts in a woman's boots, and moving the bindings forward, helps put her more forward over the skis.

More details on these differences, and her recommendations, are available at her website. Jeannie is

also an expert boot fitter and knows the range of different boot models available. Many boots are designed for people with average length feet, average width, average arches, no pronation, average ankle flex, and average leg length. These all affect how well the cuff fits.

The one person in the world who matches these parameters doesn't need help with boots, but the rest of us can benefit from her knowledge. I went to her demo days last year at Boston Mills; although I'd long since resigned myself to the realization that ski boots just don't fit my feet, she did indeed find boots that fit.

Jeannie will have demo days (skis and boots, including modified position of the bindings) again this year at Boston Mills/Brandywine December 27-29. For information, contact Karen Giebler, 1-800-875-4241, X 2000. She will also have more extended women's equipment clinics at Holimont January 17 – 19 and January 24 – 26; contact Linda Chudy at 1-716-699-9159. Nordic skiers should realize that Jeannie's ideas are just as pertinent to Nordic skiing

Thanks to Nancy Piltch for this article

Meeting Notices

- **Board Meeting**. Location to be determined. Thursday, November 21.
- **General Membership Meeting** Tuesday, November 5 at Buffalo Wild Wings in Rocky River. Special Guest Speaker is Ed from Bavarian Village. Raffle winner gets a free one-day trip. Bavarian Village will also sponsor door prizes.

Missed the last Meeting?

Gordon Gieger was the Special Guest Speaker. Gordon talked about and brought examples of the latest ski equipment for this season. He announced that Tommy Moe would be at Geiger's from 6-9 pm on 10/11 and that Tommy would be appearing at the Boston Mills/Brandywine open house that weekend. Gordon generously provided 5 door prizes, the winners were:

- Free ski tune-up Diane Linne
- Free ski tune-up Carl Biner
- Pair of ski socks LEW

- Pair of ski socks Isay Krainsky
- Ski goggles Jim Slifka



As of this writing, 114 club members have renewed their memberships for the 2002-2003 year and we have seventeen new members. If you have not renewed yet this year, you have until Nov. 15 to do so. After that, you will pay a higher rate to rejoin. Contact Gene Addy, Membership Chair, at 216-977-7467(w) for more information. *A membership form is at the back of this newsletter*.

Fellow Alpine Enthusiasts ...



The clouds are looking more and more like they are full of snow. This year we have five great day trips to western New York and Pennsylvania, one long weekend trip to Lake Placid, and two weeklong Whistler and Morzine. All of these trips have openings.

I have received the bus quotes. This information has been compiled and forwarded to the trip coordinators. The trip coordinators will now begin to put together a budget and a flyer. The First HoliMont and Lake Placid trip flyers and budget have been completed and are available in this newsletter. The remainder of the trips will be in the next newsletter.

We did have to switch the last Holiday valley trip on 2/14/03 with the HoliMont trip on 2/28/03. So please update your schedule with a current one.

Here are the trips with the trip coordinators.

January will be a very busy month for the club. The first day trip is planned for HoliMount on January 3, 2003 theand then followed by Holiday Valley on January 17, 2003, Peak-n-Peek with Wilderness Lodge on January 20th, and finally to Ski Denton (a new place for the club) on January 31. Between the first day trips we have a long weekend trip to Lake Placid beginning on January 8th and ending on Jan 12, 2003. To help close out the month and take us into February, we have a weeklong trip to Whistler. This trip begins on January 25 and ends February 1, 2003. We go to HoliMont on February 14 and Finally to holiday Valley on February 28. We close out the season in March with a trip to Morzine, France and Barcelona, Spain. This trip is planned for March 14 and ending on March 25, 2003.

- Al Linne

Date(s)	Destination	Price	Coordinator/Contact
Friday, January 3	HoliMont	\$50	Colin Bidwel 216 433-3947
Sunday, January 5	Chapin Forest (1:30- 3:30)*		(TBD)#
January 8-12	Lake Placid, NY	\$225 to \$475	Linda Elonen-Wright (216) 433-9370 Al Linne (216) 433-6751
Friday, January 17	Holiday Valley	TBD	Tom VanNuyen (216) 433-3851
Monday, January 20	Peak-n- Peek/Wilderness Lodge*	TBD	Paul Antczak- (216) 433-3113 Margaret Proctor* -(216) 977-7526
Saturday, January 25	North Chagrin Reservation* (9:00-12:00, then lunch)		(TBD)#
Sunday, January 26	Nordic Flurry Ohio Championship Ski Race*		(TBD)#
January 25 th -February 1	Whistler-Blackcomb, Canada	\$1,066	Tom Palisin (216) 433-6572
Friday, January 31	Ski Denton	TBD	Bruce Frankenfield (216) 433-6456
Saturday, February 1	Art Roscoe I*	TBD	Roger Meredith (216) 741-3137
Sunday, February 9	Chapin Forest (1:30- 3:30 p.m.)*		(TBD)#
Friday, February 14	HoliMont	TBD	Joe Gruden 440-944-8327

Date(s)	Destination	Price	Coordinator/Contact
Saturday, February 15	Punderson State Park*		(TBD)#
Sunday, February 23	Chapin Forest (1:30-3:30)*		(TBD)#
February 22-28	Big Mountain, Montana	TBD	Bruce Frankenfield
Friday, February 28	Holiday Valley	TBD	Andy Gross(216) 687-4744 & (TBD)
Saturday, March 1	Art Roscoe II*	TBD	TBD#
March 14-25	Morzine, France & Barcelona, Spain	1,450	Annie Easley - (440) 816-1215

* - Nordic skiing

- contact either Al Linne (Alpine) or Margaret Proctor (Nordic) for trips until trip coordinator has been named

THE Skinny ON NORDIC EVENTS



We have some great cross-country ski opportunities planned for this ski season. So it's time to start thinking about snow and <u>deciding</u> where you'll be skiing this season.

Check out the schedule below.

Lake Placid has some great cross-country skiing and the trip is selling fast! Sign up soon so you don't miss out! Roger Meredith is putting together a trip to Art Roscoe in New York. I've skied there before and really enjoyed it.

We're going to try a combination Alpine & Nordic trip this year to Peak-n-Peek and Wilderness Lodge. Wilderness Lodge is in Watsburg, PA and has about 25 miles of groomed trails for either skate or track x-country skiing. Rentals and lessons for both skate skiing and traditional diagonal stride cross-country skiing are available. Stay tuned for more details.

Two events you might want to check out if you need equipment are:

Nov. 9-10 Ohio Nordic Ski Club Swap Shop, Cleveland Ski Club Swap Shop Lake MetroParks Winter Expo, Lake FarmPark, 8800 Chardon Rd (Rt. 6), Kirtland, OH . Saturday 9am.-8pm. & Sunday 9am – 5pm

Jan. 12, 2003 Annual Telemark Ski Fest at Boston Mills/Brandywine Ski Area, 8:30am –

4:00pm

If anyone is interested in coordinating some of the local outings to Chapin Forest, North Chagrin, or Punderson please let me know. No buses involved in local outings. Trip coordinator still needed for Art Roscoe II!!

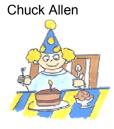
Think Snow!!

- Margaret Proctor

SOLAR ORBIT COMPLETIONS (Birthdays)

For November...

TOT THOTEINDEL			
Linda Elonen-Wright	Nov 5	Linda Miller	Nov 14
Mutsuko Munakata	Nov 5	Sandra Johnson	Nov 15
Kevin Radil	Nov 7	Jim Slifka	Nov 17
Scott Vorhees	Nov 8	Emil Bagi	Nov 18
John Walker	Nov 10	Charles Snyder	Nov 20
Jeff Holben	Nov 11	Jacolynn Fischer	Nov 25
Toni Rusnak	Nov 12	Tom Vannuyen	Nov 25
Harold Copperman	Nov 13	Robert Czarnecki	Nov 27
Carl Blaser	Nov 14	Julie Barker	Nov 29
Thomas Jones	Nov 14	Dennis Grenda	Nov 30



Nov?

Nov?

Julie Allen

Rays of Sunshine ...

Hello Skiers! Don't forget to let me know of significant events in the lives of our club members. You can reach me at Nancy.D.Piltch@grc.nasa.gov,

Or 216-433-3637.

We congratulate **Paul Senick** on his marriage and **Bruce Frankenfield** and **Elise Allen** on their marriage. We offer sympathy to **Jim Soeder** on the passing of his father, and to **Pete Meitner** on the passing of his mother.

- Nancy Piltch

The Official Start of Ski Season!!

The Warren Miller Movie is back at the newly renovated Akron Civic Theater. It will be shown on November 16 at 7:30. The Akron Civic Theater is one of the finest examples of the opulent old-time movie houses. Reopened after a 22 million dollar renovation project, it is a true movie adventure. http://www.akroncivic.com for details.

This year's offering from Warren Miller is "Storm". As always, it will be a visually stunning treat. http://www.warrenmiller.com

Tickets will be \$10 and are available at the door or from your CMSC rep.

SKI CLUB OFFICERS (Phone/NASA Mail Stop)

COMMITTEE CHAIRS

President:	Linda Elonen-Wright	(216-433-9370/142-5)	CMSC Rep:	Karen Fashimpa	ur (440-243-5456)
Alpine Vice Presider	t: Al Linne	(216-433-6751/6-2)	Refreshment:	Malcolm Wood	(440-331-1349)
Nordic Vice Presider	nt: Margaret Proctor	(216-977-7526/23-3))	Sunshine:	Nancy Piltch	(216-433-3637/110-3)
Activity Vice Preside	nt: Tony Shook	(216-433-6373/86-12)	Social:	(VACANT)	
Recorder:	Kristen Newcomb	(440-835-9279)	Racing:	Mark Hyatt	(256-544-3485)
Publicity Director:	Charles Snyder	330-336-2407	Membership:	Gene Addy	(216-977-7467/11-2)
Treasurer:	Colin Bidwell	(216-433-3947/11-2)	Web Curator	Teresa Monaco	(216-433-8293/500-306)

DEADLINE FOR NEWS ITEMS FOR NEXT ISSUE: (November 15th, 2002)

Submit items directly to the Publicity Director (by paper mail or e-mail to csnyder4@neo.rr.com)

Notice

Members and guests of the Lewis Ski Club who participate in any club activities acknowledge they assume the risks of participation by accepting any membership benefit and/or by participating in any club activity, members and guests release Lewis Ski Club, Inc. its officers, board members, committee chairs and members from liability and any claims, including theft, property loss, accident, injury, death of or to themselves, family members, or guests arising from participation in any club activity, whether a result of negligence or otherwise.



Whistler-Blackcomb, BC

January 25 - February 1, 2003

http://www.whistler-blackcomb.com

Come ski with the Lewis Ski Club at what is consistently rated one of the best ski resorts in North America. Whistler has some of the most advanced terrain you will see, as well as intermediate and beginner slopes, and huge quantities of all three. January should have some of the most conducive skiing weather to be had at Whistler. Accommodations are in the Mountainside Lodge; true walking distance to the Whistler and Blackcomb gondolas. Don't worry; the Mountainside lodge is also walking (or crawling) distance from the main village and all its dining, entertainment, and shopping. The Mountainside Lodge has a heated outdoor pool and hot tub. All rooms have fireplaces and full kitchens. We have 6 two-person studios and 6 three-person studio/lofts, totaling 30 slots available.

The trip includes:

- Round trip air Cleveland to Vancouver
- Round trip airport transfers
- 7 Nights lodging with all hotel taxes
- 5 of 7 day lift ticket

Trip Cost (Ground-only available at a reduced price):

Double occupancy studio \$1,140/person
Triple occupancy studio w/loft \$1,066/person
Ski Rentals available

Payment Schedule:

\$100 deposit due for sign up to hold your slot (\$60 non-refundable)

\$300 due September 15

\$300 due October 15

Balance due November 15 (\$440 double, \$366 triple)

THE "FINE PRINT:"

- Club membership required; \$8.00 single or \$12.00 family Ask for details.
- Reservations are 1st-come, 1st-served with <u>deposit</u>. (Please make checks payable to "**Lewis Ski Club**, **Inc.**")
- Minors without parent must have a release form signed by a parent or legal guardian and be accompanied by an adult
- Every skier must sign a "Trip Application and Agreement" form

If you need more information, please contact the trip coordinator, Tom Palisin...

W (216) 433-6572 H (440) 734-0493

Trip Application and Agreement Lewis Ski Club, Inc.

Whistler-Blackcomb, January 25 – February 1, 2003

The undersigned participant applies to participate in the Lewis Ski Club trip described below, subject to the following terms and conditions:

- 1. DEPOSIT Advance trip deposits will vary from trip to trip. The required deposit for this trip is \$100.00, and must be submitted along with this signed "Trip Application and Agreement." All checks shall be payable to, "Lewis Ski Club, Inc.".
- 2. WITHDRAWAL & CHANGE Lewis Ski Club may withdraw any trip from its schedule at any time; may refuse to accept or retain any person as a participant at any time for any reason; and may change the itinerary at any time.
- 3. RESPONSIBILITY Lewis Ski Club is acting gratuitously for the applicant and shall not be responsible or liable for any loss of damage to baggage, property, or for any loss, injury, death, accident, delay, inconvenience or any other loss occurring during or occasioned by applicant's participation or lack of participation in any trip.
- 4. MINORS Any minor participant's "Trip Application and Agreement" must be co-signed by his/her parent or legal guardian. The minor must be accompanied on the trip by a parent or legal guardian or their designee who shall be wholly and fully responsible for said minor's conduct and well being.
- 5. CANCELLATION & REFUND Cancellation by participant means and includes:

Cleveland, Ohio 44135

- a. Failure to abide by the terms of this agreement;
- b. notice by participant of intent to cancel;
- c. participant's failure to make timely payments;
- d. participant's failure for any reason to meet departure or return of the trip. Refunds can be made, except for the non-refundable \$60, up until November 20, 2002. After ticketing, no refunds can be made. Name changes will have a \$100 fee.

Trip: "Whistler 2003" (January 25 – February 1, 2003) (Please fill-in or check appropriate responses)

Applicant Name: _ Address: _			
- Telephone w/area code:	(H) (W)		
In the event of an emerger	ncy, contact	at ()	
I prefer: Double occupa Triple occupancy		S	
Payment:	Deposit 2 nd Payment, due 9 3 rd Payment, due 1 Final Payment due 11/15	0/15 \$300 Balance*	 otal:
	(* - \$440 double, \$366 triple)	
I have read and agree to	all the terms of this Agreement		yment \$liability, as of this date.
Signed in Agreement: _		Date:	
Return form and payment	to		
	Tom Palisin, c/o NASA Glenn Res 21000 Brookpark Rd - M/S 500-31 3		11 (440) = 0400

MORZINE, FRANCE and BARCELONA, SPAIN

http://www.morzine.com/

OFFERED BY NASA LEWIS SKI CLUB

Dates: March 14 – March 25, 2003 (Friday to Saturday), Morzine and (Saturday to Tuesday),

Barcelona

Price: \$1450 per person (double occupancy)

Includes: Round trip air from Cleveland, ground transportation to hotels in Morzine and

Barcelona, lodging, welcome party in Morzine and social activities. Breakfast and dinner are offered at Morzine. Breakfast is included in Barcelona.

Lodging is at Hotel Fleur de Neige in Morzine Lodging is at Hotel America in Barcelona

Morzine, "THE PORTES DU SOLEIL" (Gateway to the Sun), has 400 miles of ski trails that stretch om France into Switzlerland. You may cross the border as often as you wish. There are areas that serve eginners thru super experts. Cross-country skiing is magnificent. Lift tickets can be purchased at the ski ea. Optional day trips are possible.

Payment schedule: \$250 **DUE NOW** (non-refundable)

 September 10, 2002:
 \$417

 December 8, 2002:
 \$417

 January 20, 2003:
 \$366

MAKE CHECKS PAYABLE TO "Lewis Ski Club"

MAIL TO: Annie Easley

23215 Wainwright Terrace Olmsted Falls, OH 44318

Phone: 440-816-1215 Voice Mail: 440-979-5812

e-mail: <u>AJEASL@AOL.COM</u>

MEMBERSHIP REQUIRED TRIP AGREEMENT MUST BE SIGNED

Non-skiers can take a tram ride up to the local ski areas to shop and have lunch. There is ansportation by bus to some other ski areas for shopping and eating. You may also arrange a day-trip to hamonix, Annecy or Geneva.

Hotel America is at the tourist and business center of Barcelona. Close to the hotel is the nderground, train, and bus stations which connect with all the city and surroundings.

VALID PASSPORT REQUIRED



Lake Placid, NY

January 8-12, 2003

http://www.lakeplacid.com

This trip is brought to you by the Lewis Ski Club, Inc.

Come down hill and cross country skiing, ice skating, bob sledding, and snow shoe hiking at the home to the 1980 Olympics in the Adirondack Mountains. After a long day of playing in the snow, enjoy a comfortable evening strolling downtown Lake Placid and then rest your tried bones at the Hilton resort. The Hilton Lake Placid Resort is situated on Main Street, on the shores of Mirror Lake, and offers a convenient location from which to enjoy this breathtakingly beautiful town....

The Trip Includes

- Round Trip bus from Cleveland to Lake Placid N.Y.
- 4 nights lodging at the Hilton Lake Placid Resort

Trip cost

Single Occupancy \$470/person
Double occupancy \$290/person
Triple occupancy \$250/person
Quad occupancy \$225/person

Children I8 years and under

with parent or legal guardian \$110/person

Payment Schedule

\$75 deposit due at sign up (non-refundable)
Balance due on December 2, 2002

THE "FINE PRINT:"

- Club membership required; \$8.00 single or \$12.00 family Ask for details.
- Reservations are 1st-come, 1st-served with <u>deposit</u>. (Please make checks payable to "Lewis Ski Club, Inc.")
- Minors without parent must have a release form signed by a parent or legal guardian and be accompanied by an adult
- Every skier must sign a "Trip Application and Agreement" form

If you need more information, please contact one of the trip coordinators.

Trip coordinators:

Linda Elonen-Wright, **c**/o NASA Glenn Research Center, 21000 Brookpark Rd – M.S. 142-5

Phone: W (216) 433-9370

H (216) 791-5038

Alan Linne c/o NASA Glenn Research Center

21000 Brookpark Rd – M.S. 6-2 Phone: W (216) 433-6751

General trip outline for Lake Placid

Coming and going:

- We'll leave Cleveland around 7am on Wednesday, January 8th, and get into LP around dinner time.
- We'll leave LP around 7am on Sunday, January 12th, and get into Cleveland around dinner time.

Getting around while we're there Thursday, Friday and Saturday:

- There is a shuttle service with Lake Placid that runs from our hotel to Whiteface and Mt. VanHoevenberg.
- Our bus will also supplement that schedule with 3 runs (roundtrip) of our own.
- More details on this later.

Food:

- Munchies and some beverages will be provided on the bus going and coming.
- We will make at least a lunch time stop both going and coming.
- Food while we're in LP is on your own. The meal sign-up info on the next page is for the hotel and only if you're interested in that. They simply prefer that we pre-pay for it so we included it here.
- We are staying in downtown LP. You DO have a wide choice of options of where to go to eat and they are within easy walking distance.
- IF you are interested, we could look into arranging a sleigh ride dinner or a group dinner one night. Let Linda know if that's something you'd like to do.

Trip Application and Agreement Lewis Ski Club, Inc. Lake Placid, January 8-12, 2003

The undersigned participant applies to participate in the Lewis Ski Club trip described below, subject to the following terms and conditions:

- 1. DEPOSIT Advance trip deposits will vary from trip to trip. The required deposit for this trip is \$75.00, and must be submitted along with this signed "Trip Application and Agreement." All checks shall be payable to, "Lewis Ski Club, Inc."
- 2. WITHDRAWAL & CHANGE Lewis Ski Club may withdraw any trip from its schedule at any time; may refuse to accept or retain any person as a participant at any time for any reason; and may change the itinerary at any time.
- 3. RESPONSIBILITY Lewis Ski Club is acting gratuitously for the applicant and shall not be responsible or liable for any loss of damage to baggage, property, or for any loss, injury, death, accident, delay, inconvenience or any other loss occurring during or occasioned by applicant's participation or lack of participation in any trip.
- 4. MINORS Any minor participant's "Trip Application and Agreement" must be co-signed by his/her parent or legal guardian. The minor must be accompanied on the trip by a parent or legal guardian or their designee who shall be wholly and fully responsible for said minor's conduct and well being.
- 5. CANCELLATION & REFUND Cancellation by participant means and includes:
 - a. Failure to abide by the terms of this agreement;
 - b. notice by participant of intent to cancel;
 - c. participant's failure to make timely payments;
 - d. participant's failure for any reason to meet departure or return of the trip

(Please fill-in or check app	•	neae)			
Applicant Name:					
Address:					
 Telephone w/area code:	(H)	(W)			
Email address (please print	clearly)		<u> </u>		
In the event of an emergence	cy, contact		at ()	
l prefer:					
Single occupancy Double occupancy Triple occupancy	y	Roommate Roommates			
Quad occupancy		Roommates			
Child (and their a		_			ina
Breakfast			ng at no	tei and prepayi	<u>ng</u>
Thurs Deli lunch Buffet		•	Sun	Total	
Thurs	Fri	Sat		Total	
Dinner Thurs	\$35.00/day Fri	Sat		Total	

	② \$37.00 2days@ \$63.00 # of additional days @\$25.00/day ② \$28.00 2days@ \$48.00 # of additional days @\$20.00/day 1day @\$18.00 2days@\$32.00 # of additional days @\$15/day
Bob sled tickets can not be ρι	urchased in advance \$35.00/person
Cross Country Van Hoevenberg tickets Rental includes ticket	½ day @ \$6.00/dayFull day@ \$8.00 ½ day @ \$19.00/dayFull day@ \$24.00
Cascade X Country Center ticket Rentals includes ticket	Full day @ \$7.00 Full day @ \$16.00
Payment:	Deposit \$75 Final payment due 12/2/02
Total Payment \$	
I have read and agree to	all the terms of this Agreement, and waiver of liability, as of this date.
Signed in Agreement:	Date:
Return form and payment to the tr	ip coordinator:
210 Cle	en-Wright, c/o NASA Glenn Research Center, 000 Brookpark Rd – M.S. 142-5 eveland, Ohio 44135 one: W (216) 433-9370 H (216) 791-5038

Alan Linne c/o NASA Glenn Research Center 21000 Brookpark Rd – M.S. 6-2 Cleveland, Ohio 44135 **Phone** W (216) 433-6751



HoliMont I Ski Trip

Friday, January 3, 2003

http://www.holimont.com

This BUS trip is brought to you by the NASA Lewis Ski Club.

PRICE (lift ticket and bus): \$50.00 members, \$58.00 non-members **

Ski area description: Located on the other side of the ridge from Holiday Valley, just outside of Ellicottville, New York, Holimont offers some of the best ski conditions within a reasonable distance of Cleveland. Holimont provides a variety of terrain and allows both skiing and snowboarding.

Package includes: Round-trip transportation from Cleveland to Holimont including an evening trip to Ellicottville, where you are on your own for dinner. We will also provide breakfast snacks and juice on the bus. If you need to rent equipment or desire lessons, there are additional charges at the rates shown below.

Itinerary:

6:00 AM	Leave NASA (21000 Brookpark Road, DEB Parking or Hangar Lot To Be Determined)
6:30 AM	East Side Pickup- Rear of Home Depot Lot (Wilson Mills Rd, 1/2 mile west of I-271)
10:00 AM	Arrive at HoliMont
4:45 PM	Bus leaves for Ellicottville – Dinner (?), not inclusived
7:30 PM	Bus Leaves for Cleveland
10:30 PM	East Side Drop off
11:00 PM Bus	Arrives at NASA

RENTALS (includes 8% New York sales tax)

\$33.48	
\$20.52	
\$18.36	
\$25.99	
\$21.60	
\$ 4.32	
\$17.28	
	\$20.52 \$18.36 \$25.99 \$21.60 \$ 4.32

THE "FINE PRINT:"

- Club membership required; \$8.00 single or \$12.00 family Ask for details.
- Reservations are 1st-come, 1st-served with <u>payment in full</u>. (Please make checks payable to "Lewis Ski Club, Inc.")
- Minors without parent must have a release form signed by a parent or legal guardian and be accompanied by an adult
- Every skier must sign a "Trip Application and Agreement" form
- No refunds will be made for your bus seat, unless your spot is filled. Payments for lift tickets not used are refunded.
- In the unlikely event the ski area is not open due to weather, the trip will be canceled, full refund.
- Minors without parent must have a release form signed by a parent or legal guardian and they must be accompanied by an adult.
- Every skier must sign a trip agreement form.
- No Smoking on the bus.

If you need more information, please contact the trip coordinator.

Trip coordinator: Colin Bidwell W (216) 433-3947 H (216) 221-1862

** \$58 Non-member fee includes \$8 membership fee. Membership is required to participate in club events.

Trip Application and Agreement Lewis Ski Club, Inc. Holimont I, January 2, 2003

The undersigned participant applies to participate in the Lewis Ski Club trip described below, subject to the following terms and conditions:

- 1. DEPOSIT Advance trip deposits will vary from trip to trip. The required payment for this trip is **PAYMENT IN FULL**, and must be submitted along with this signed "Trip Application and Agreement." All checks shall be payable to, "Lewis Ski Club, Inc.".
- 2. WITHDRAWAL & CHANGE Lewis Ski Club may withdraw any trip from its schedule at any time; may refuse to accept or retain any person as a participant at any time for any reason; and may change the itinerary at any time.
- 3. RESPONSIBILITY Lewis Ski Club is acting gratuitously for the applicant and shall not be responsible or liable for any loss of damage to baggage, property, or for any loss, injury, death, accident, delay, inconvenience or any other loss occurring during or occasioned by applicant's participation or lack of participation in any trip.
- 4. MINORS Any minor participant's "Trip Application and Agreement" must be co-signed by his/her parent or legal guardian. The minor must be accompanied on the trip by a parent or legal guardian or their designee who shall be wholly and fully responsible for said minor's conduct and well being.
- 5. CANCELLATION & REFUND Cancellation by participant means and includes:
 - a. Failure to abide by the terms of this agreement;

Halimant Chi Dagart January 2 2002

- b. notice by participant of intent to cancel;
- c. participant's failure to make timely payments;
- d. participant's failure for any reason to meet departure or return of the trip

Trip: Hollilloll Ski R	esori, Janu	lary 3, 2003			
Addroos.		nses)			
elephone w/area code:	(H)	(W)			
mail address (<i>please</i> print	clearly)				
mail address (<i>please</i> print n the event of an emergend	cy, contact		at ())	
Member price:	\$50.00				
Non-member price					
Rental or Lessons		ales tay)			
High perform:	anco Skie	\$33.48			
Skis/Boots/Pr	ance Skis bles	\$20.52			
Junior Skis/Bo	oots/Poles	\$20.52 \$18.36			
Snowboard/B		\$25.99			
	oard/Boots	\$25.99 \$21.60			
Poles		\$ 4.32			
Group Lessons		¥•			
	ersons)	\$17.28			
Lewis Ski Club member? East Side Pickup?		Total Payment	\$		
I have read and agree to	all the terms o	of this Agreement	, and waiver o	of liabilit	y, as of this date
Signed in Agreement:			Date	e:	
Return form and payment to			nn Research C	enter.	

Phone: W 216-433-3947 H 216-221-1862

21000 Brookpark Rd - M/S 11-2

Cleveland, Ohio 44135

Cleveland Metro Ski Council Wednesday Night Race Series at Boston Mills

Want to sharpen your ski skills? This is an excellent way to start. It's a fun time and you get to meet folks from the other clubs in friendly competition. The Wednesday Night Series is welcomes all levels of ability and is an excellent way to see if you like ski racing.

Race Fee Includes:

- Six Wednesday Night Races (2 Timed Runs each night)
- Final Race with an Apres Ski Lunch and Party following on Sunday, March 2
- Dual Elimination Race on Sunday, March 2

Races Start at 7:30. Bib pickup is from 6-6:45

Race Fees

By December 30 \$40After December 30 \$45

All racers must be a member of a CMSC Club and will need to sign up for their own Pick-a-Day package with the Boston Mills Ski Area. If you have never raced in the series before and have not qualified or participated in a weekend CMSC Race, you will be placed in a qualifier Class. This qualifier or series does not qualify you for the weekend races. Classes may vary based on participation.

To sign up, Contact Sue Stewart at 2809 Clinton Avenue, Cleveland, Ohio 44113 Phone 216-861-0318 Email at SusanStewart11@aol.com

Paintball!!!

Who: Tom Palisin organized an outing, just for fun! (440) 734-0493.

What: Paintball, two teams play capture the flag with semi-auto paintball guns on 12 different playing fields. Typically

we play over 8 games. (Call me for more info.)

When: Sunday, November 10, from 11:00 a.m. through 4:00 p.m.?

Where: Pinnacle Woods Paintball, 10241 Old State Rd, Chardon, OH 44024, PH 440-286-6167, see map, page 2.

What does it cost? Here is the price list.

Field Rental	Cost	Paint gun and Equipment Rental	Cost	Supplies	Cost
Pays officials	\$17	Semi Rental (includes mask, full CO2 tank, and armband)	\$13	100 Premium Paintballs	\$6
		Ammo Pouch Rental	\$5	200 Premium Paintballs	\$11
		CO2 Refill	\$2.50	500 Premium Paintballs	\$25
		Goggle/armband Rental Only (if you have your own gun)	\$5	2000 Premium Paintballs	\$80
		Goggle anti-fog spray bottle	\$4	2000 Marbalizer Paintballs	\$95
				Squad buster paint grenade	\$6

Here is a breakdown for an average person (I use myself as an example of average, right or wrong.) Keep in mind; you can use as much or as little paint as you want.

Field Rental \$17 (This will be your non-refundable deposit.)

Gun Rental \$13 (\$5 if you have your own gun.)

Paintballs \$24 (Split a 2000 pack and some anti fog spray amongst some friends.)

Total \$54

What do you need to do? Fill out the bottom of the page, below, and return to Tom Palisin with your \$17 non-refundable deposit by Friday, October 11, 2002 to insure your spot. Every participant must provide all the information. 12 – 17 year olds can play, providing they have a signed notarized waiver (form available from Tom).

Suggestions: Wear camos or hunting attire. Dress warmly. Bring your own food and (non-alcoholic) beverage. Buy a large amount of paintballs and split it up. Bring something to carry extra ammo (small plastic squirt bottles for example) on your person, <u>running out of paintballs</u> in the field sucks and usually leads to death!

No carry-on paintballs, CO2, or air fill stations are allowed. No alcoholic beverages are permitted on the property. Violations will result in your being asked to leave without a refund!!!!

Name: Age:	Experience, circle one: 1 2 3 4 5
Address:	(1 = deer in the headlights, 5 = Rambo
City:	Phone Number (home) -
State: Zip:	(work) -

Directions (see the map, the Star is it):

Pinnacle Woods recommends:

From I-90, exit 200 (St. Rt. 44)

Take St. Rt. 44 South to Chardon.

Go around Chardon Square to St. Rt. 6, East.

Take St. Rt. 6 East (~3 miles) to St. Rt. 608 South (turn right).

Take St. Rt. 608 South ~ 1 mile, Entrance to Pinnacle Woods will be on left hand side of the road.

For the adventurer:

From I-90, exit 200 (St. Rt. 44), head South.

Take the first Left (1/4 mile) onto Auburn Rd.

Then right (1/4 mile) onto Concord-Hambden Rd. (past Quail Hollow).

Concord-Hambden Rd becomes Old State Rd. (St. Rt. 608).

~ 1 mile south of the St. Rt. 6 interchange, turn left into Pinnacle Woods.

Follow the signs to the parking area. (The signs for Pinnacle woods are not real conspicuous, so keep a sharp eye out.)

